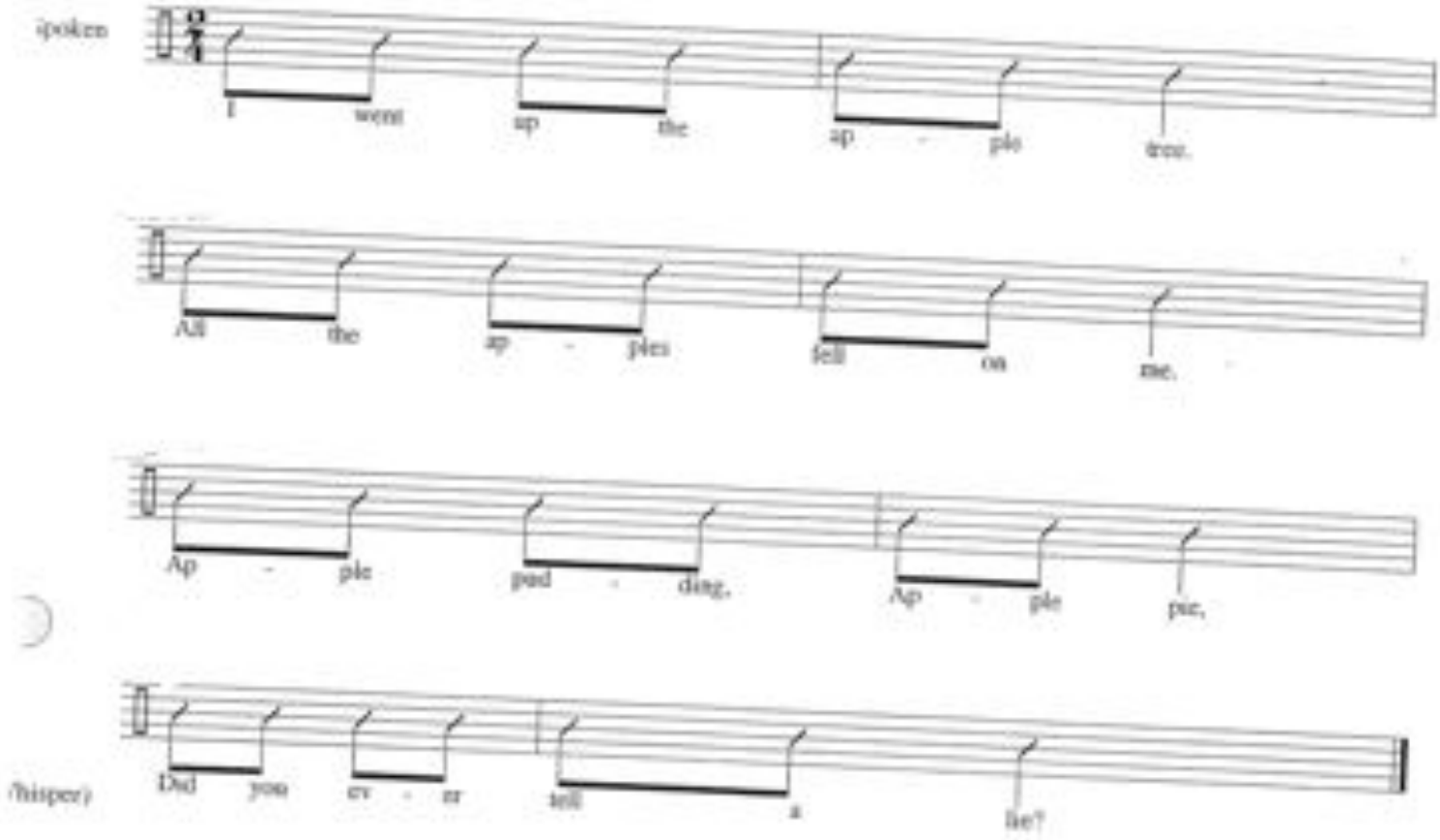
(I Went Up the) Apple Tree



Movement Directions

(Move to the beat)

Line 1 Pretend to climb
Line 2 Knock on head
Line 3 Rub tummy
Line 4 Whisper and point

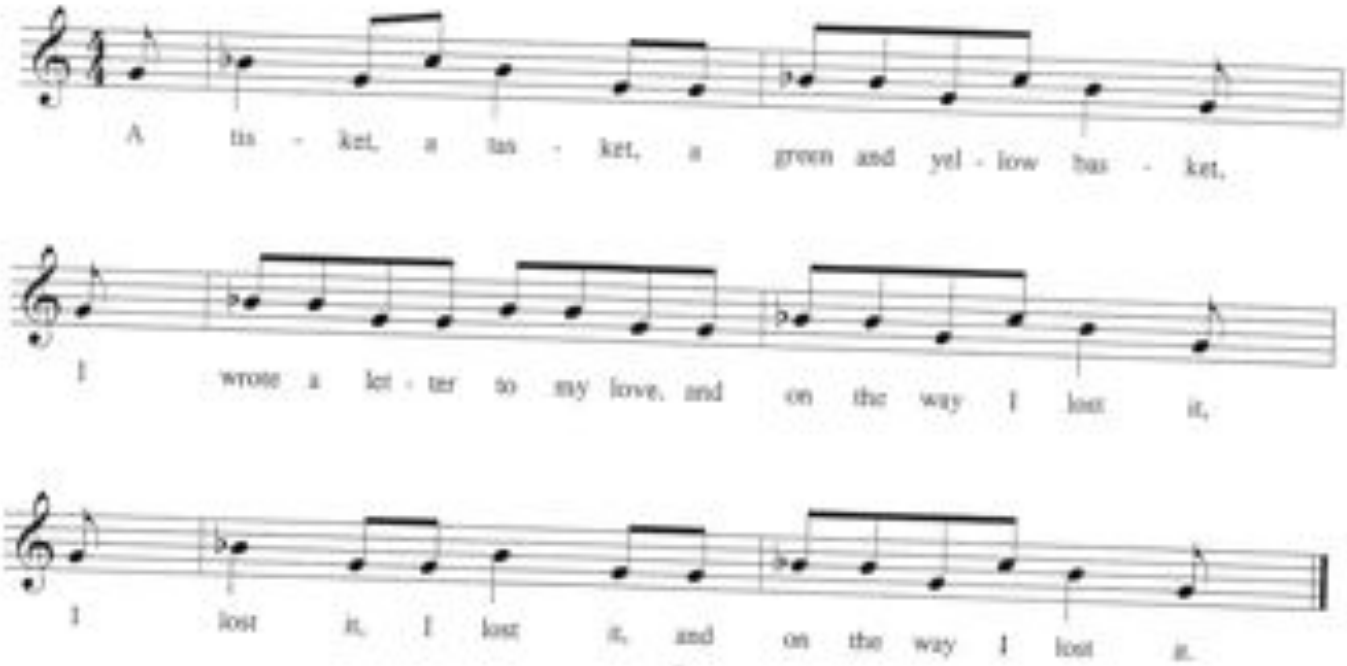
Source Wyzga, Helen *Simple Gifts, Book 1* copyright 1976 page 2

Classroom Use

beat
whisper voice (kinds of voices)
fast/slow
loud/soft

A Tisket, A Tasket

cap F - G



Game Directions

Stationary circle with one child skipping around the outside with a basket (I use a love letter). On "lost it", the basket (or letter) is dropped behind a child. This child picks it up and chases the other.

Source Wyzga, Helen *Simple Gifts, Book 1* copyright 1974 page 29

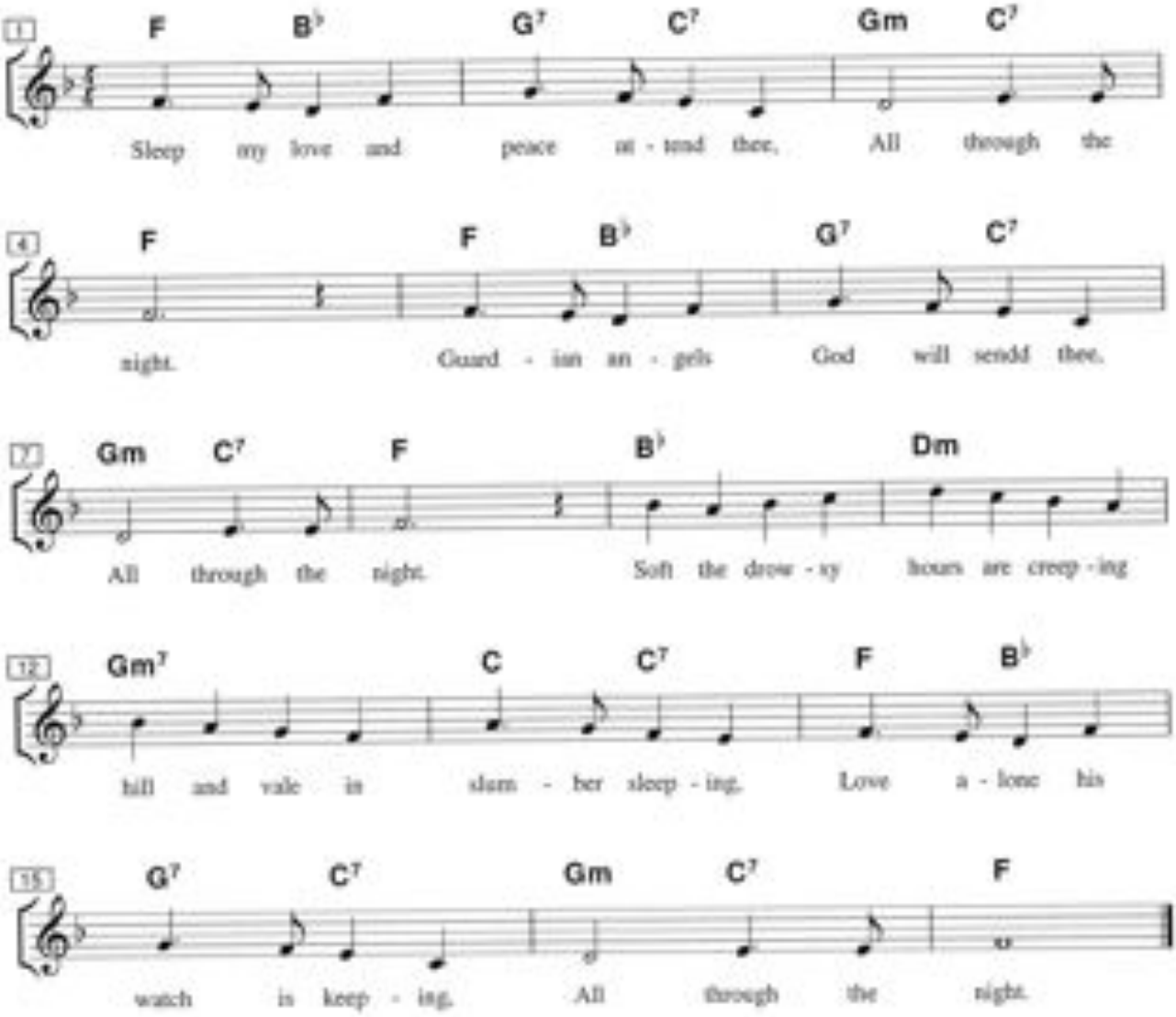
Classroom Use

Unconscious la (in a s m l pattern)
fun game

All Through The Night

An old Welsh melody

Trad.



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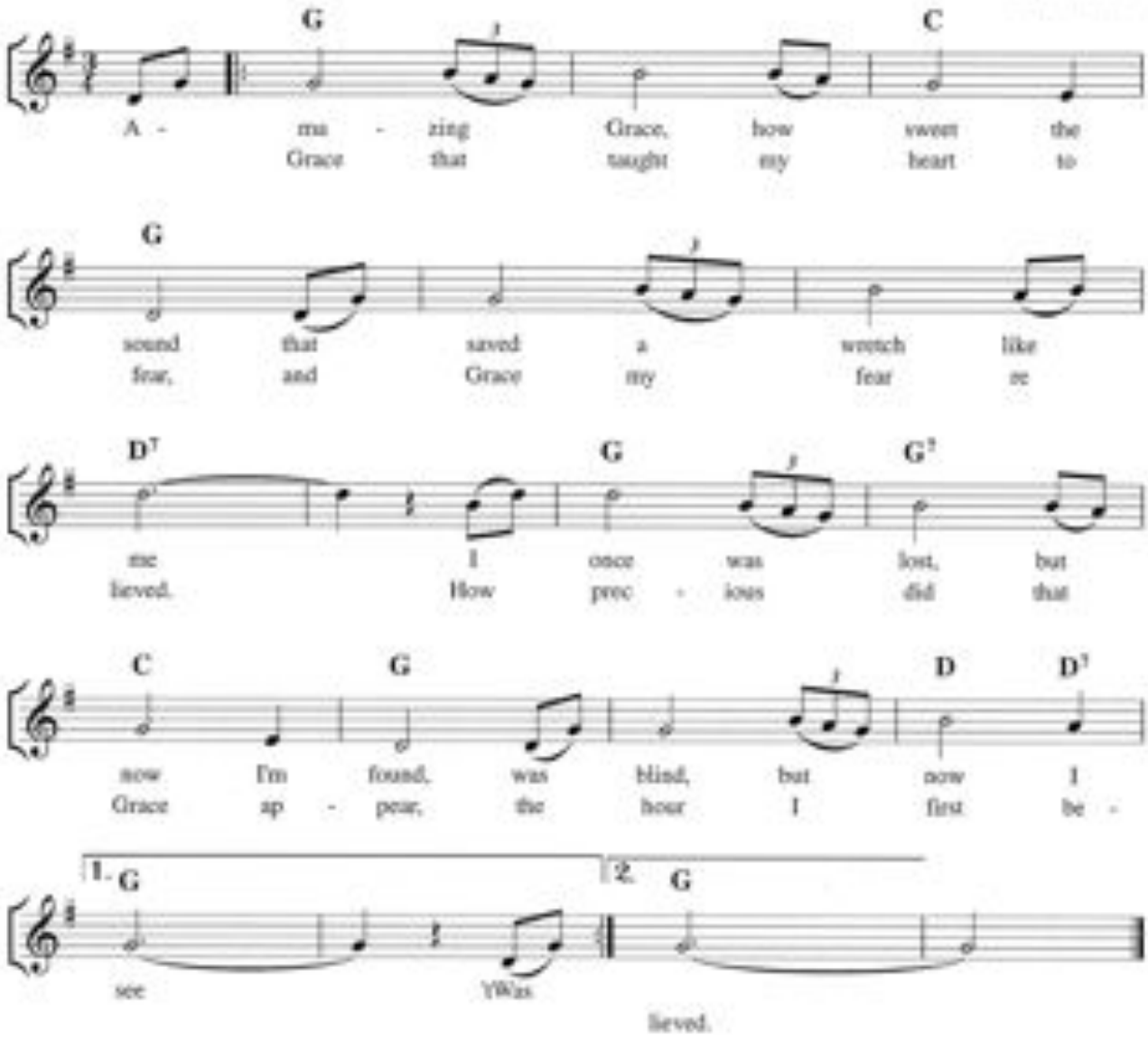
Amazing Grace

Trad.
arr: Jan Wolters



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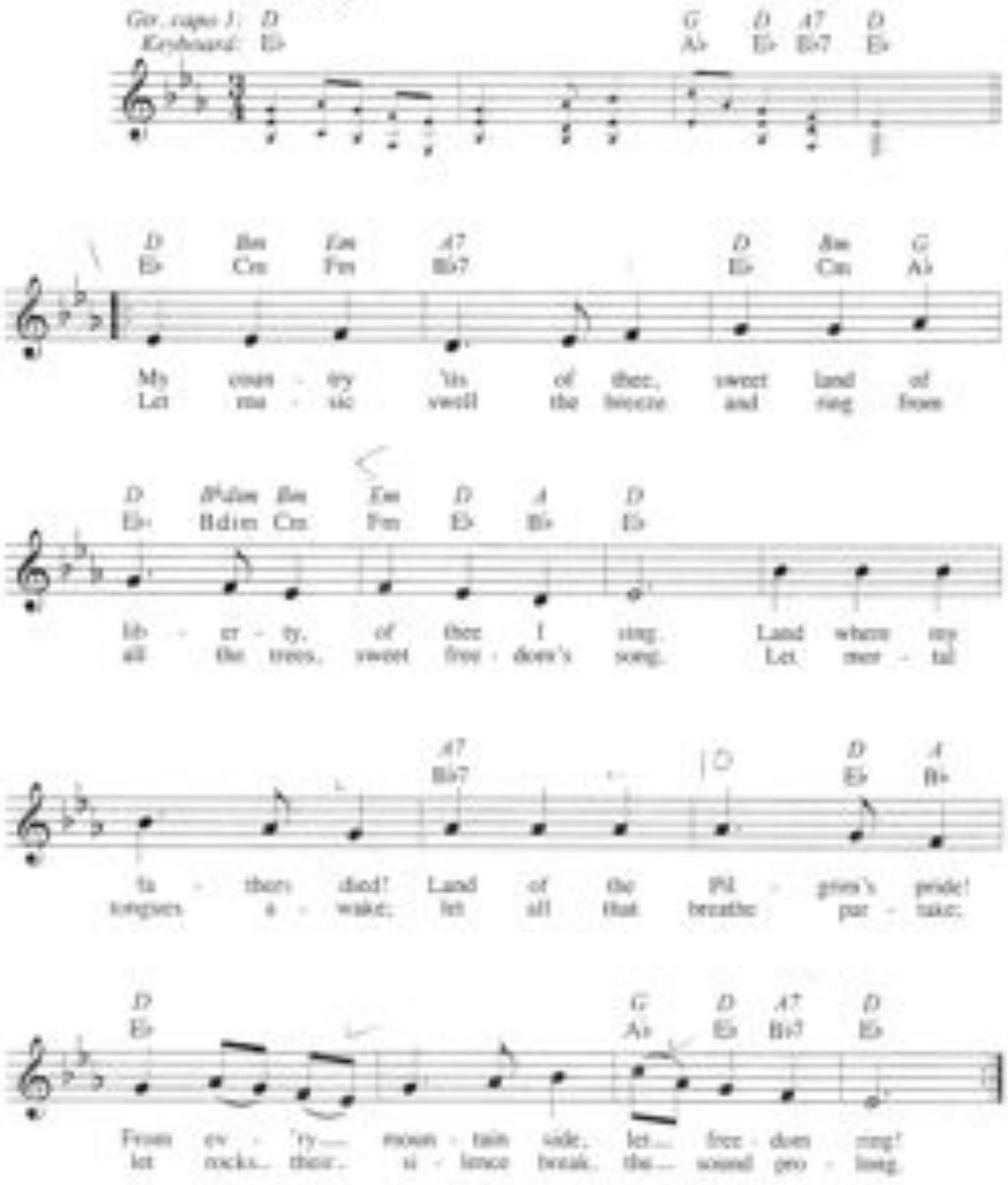
America
(My Country 'Tis of Thee)

Words by SAMUEL FRANCIS SMITH
Music is Traditional

Moderately



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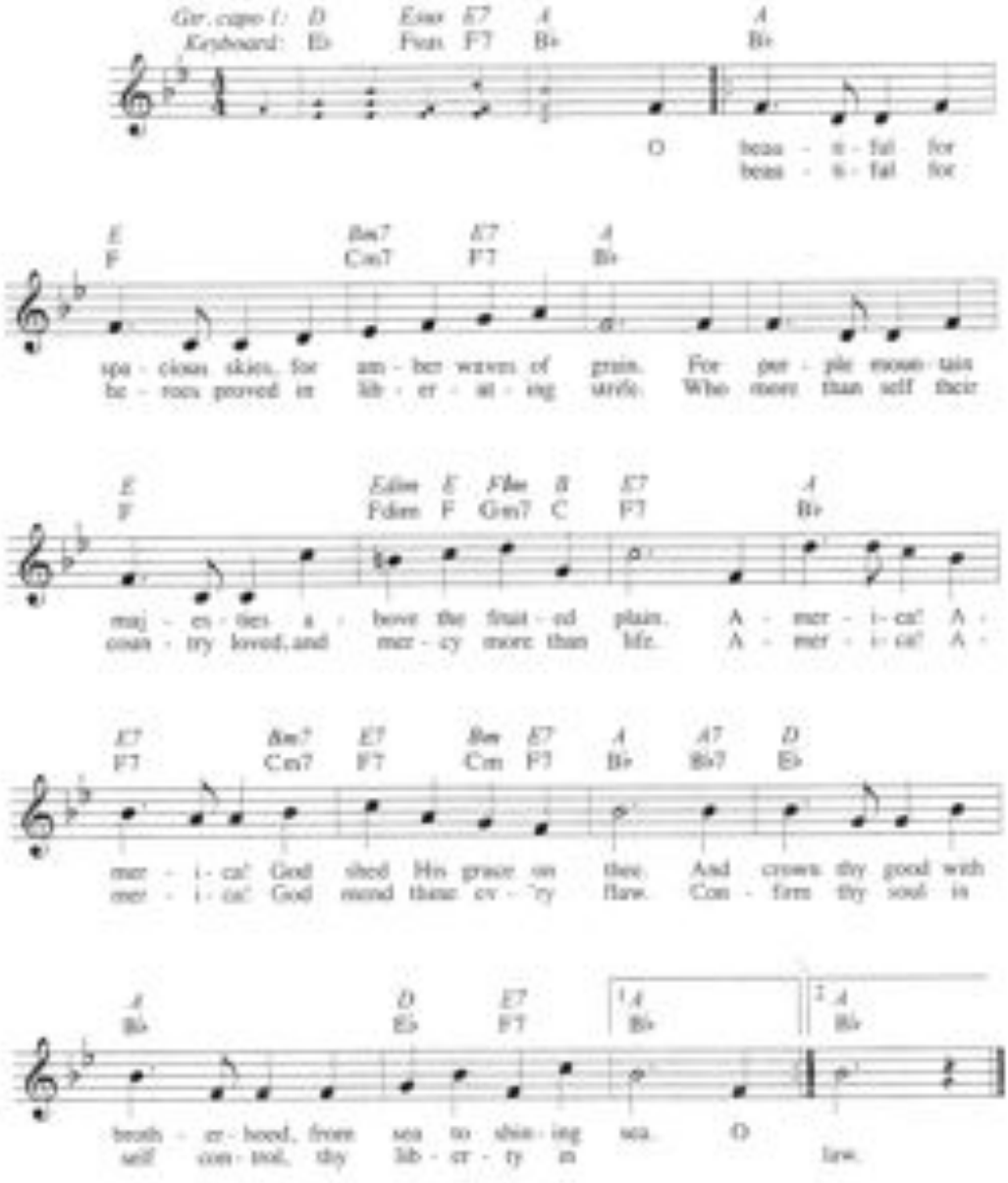
5

America the Beautiful

Words by KATHERINE LEE BATES
Music by SAMUEL A. WARD

Moderately slow



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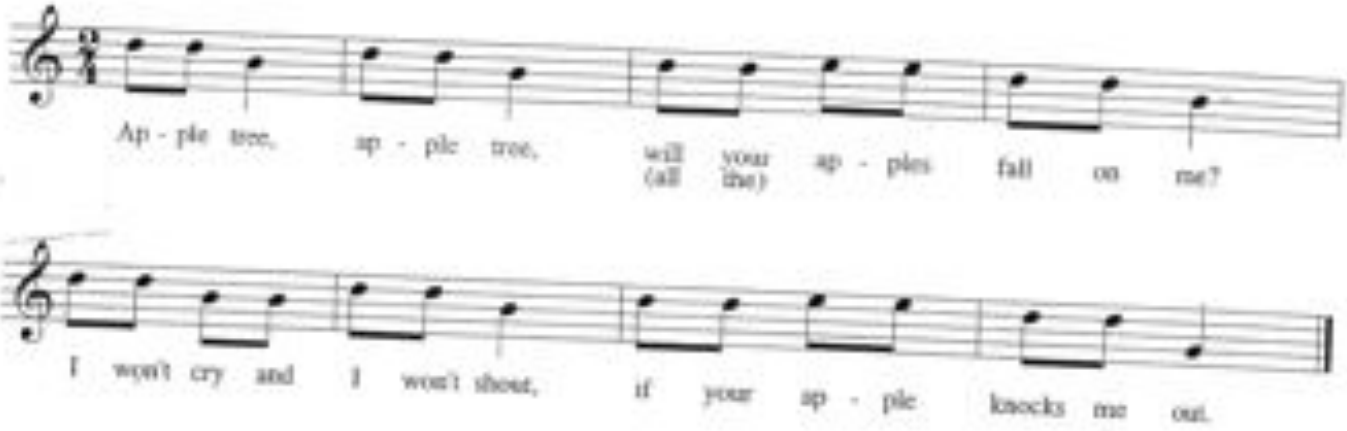
Apple Tree

cip B - C



Game Directions

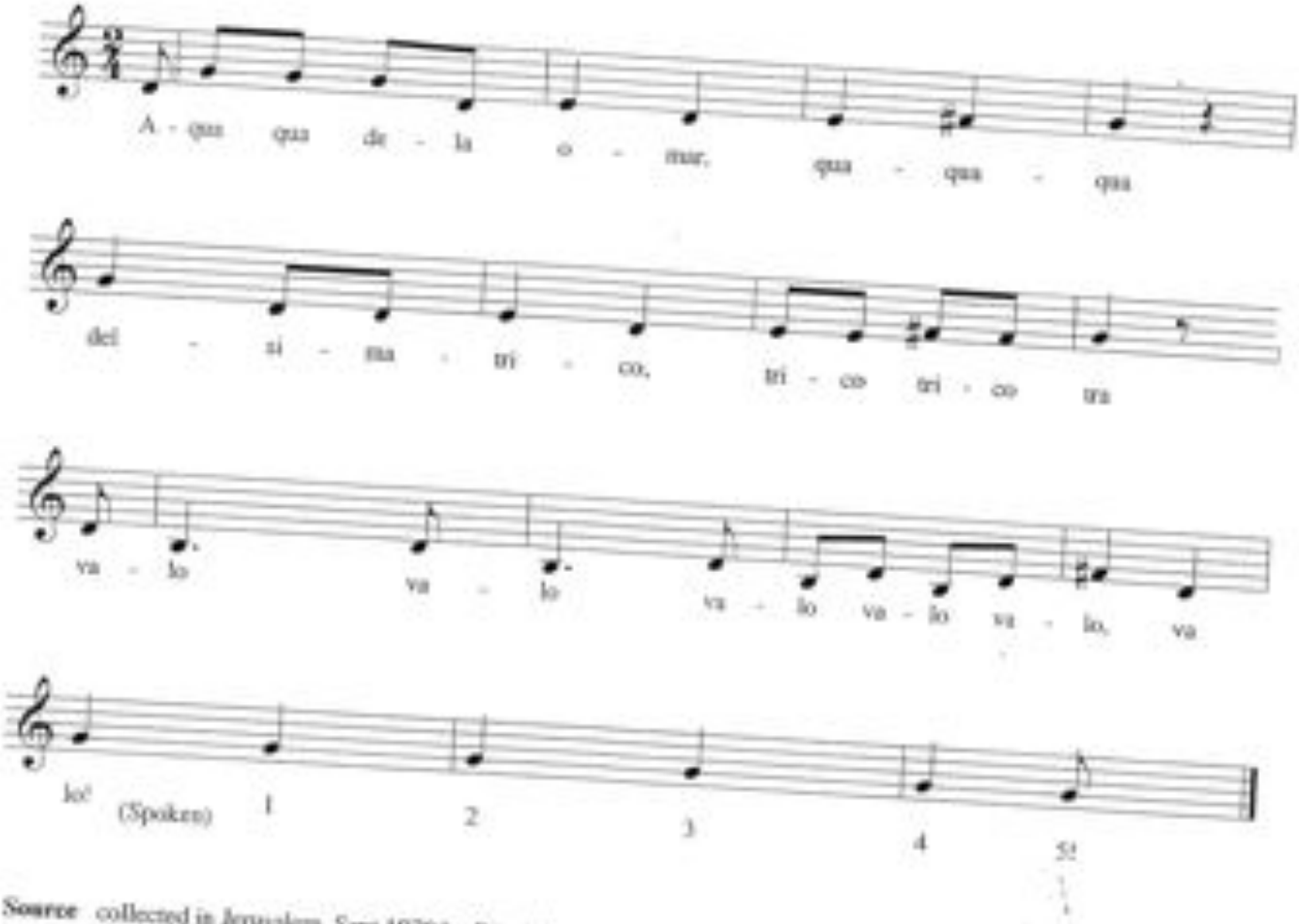
Choose two pupils to be the first "apple tree." These two face, join hands and make an arch with their arms. The rest of the students are in a circle with hands joined. They walk under the "tree"(with feet to the beat) until the word "out," when the "tree" drops and captures whomever is beneath it. The captured child forms a new tree (with the teacher or another student) and the circle must walk beneath both tree. The process continues until there are no students to catch or until time runs out.

Source - composed I learned it in a Jean Sinor workshop

Classroom Use

ti ti ta ti ti ta pattern
do prep and practice

Aquaqua



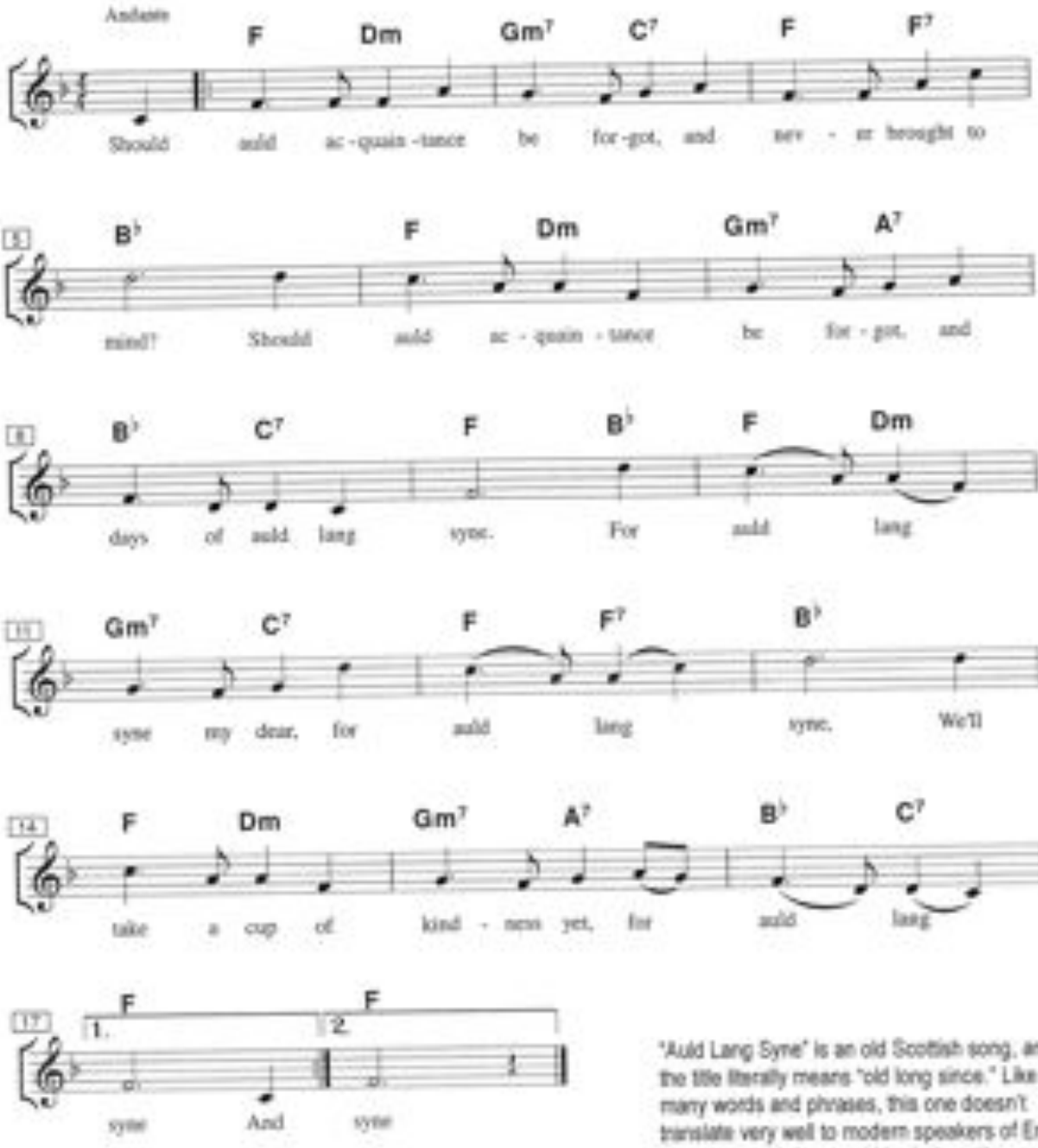
Source collected in Jerusalem, Sept 1979 by Rita Klinger text is nonsense

Game Children sit in a circle - left hand palm up, right hand palm down over neighbor's left hand. One person starts songs and takes beat from right and passes it by taking his/her right hand and crossing it over in front of his/her body to the left side and tapping right hand of his/her neighbor, which is on top of his/her left hand. Left side neighbor repeats process all the way around the circle until the numbers are called out. When beat to #4, he/she passes the beat to #5. If #4 taps #5's hand before he/she moves it, #5 goes in the center of the circle. If #4 misses, the he/she goes to the center. The person after #5 begins song and beat motion again. When enough are in the center circle, they may begin game among themselves. Many concentric circles can play at once.

Classroom Use game, beat Prepare m, and t,

Auld Lang Syne

Traditional



"Auld Lang Syne" is an old Scottish song, and the title literally means "old long since." Like many words and phrases, this one doesn't translate very well to modern speakers of English. A better translation would be "a long time ago" or "times gone by." The title and lyrics of the song serve as a reminder that as we face the future, we shouldn't forget the past.

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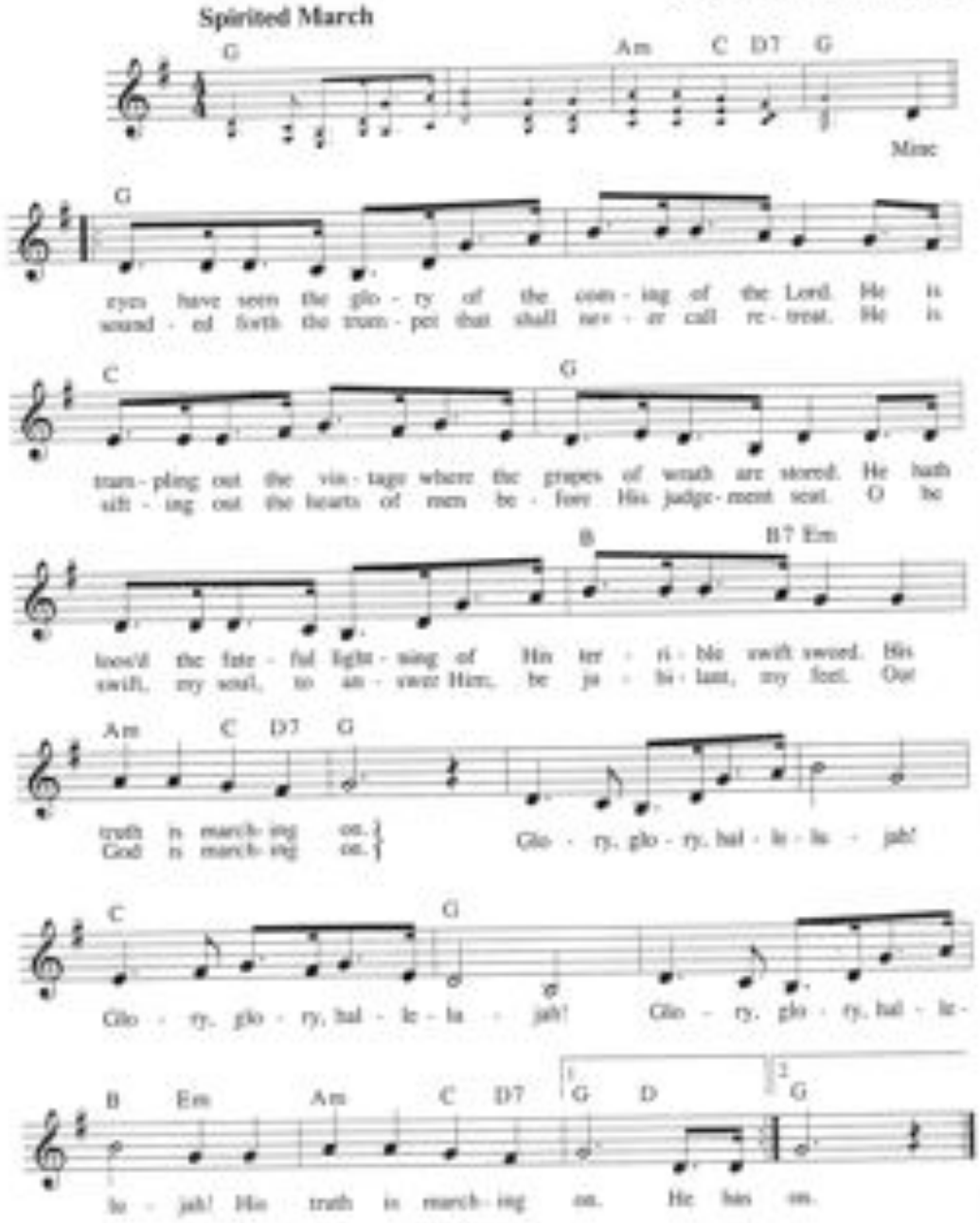
Battle Hymn of the Republic

Words by JULIA WARD HOWE
Music by WILLIAM STEFFE



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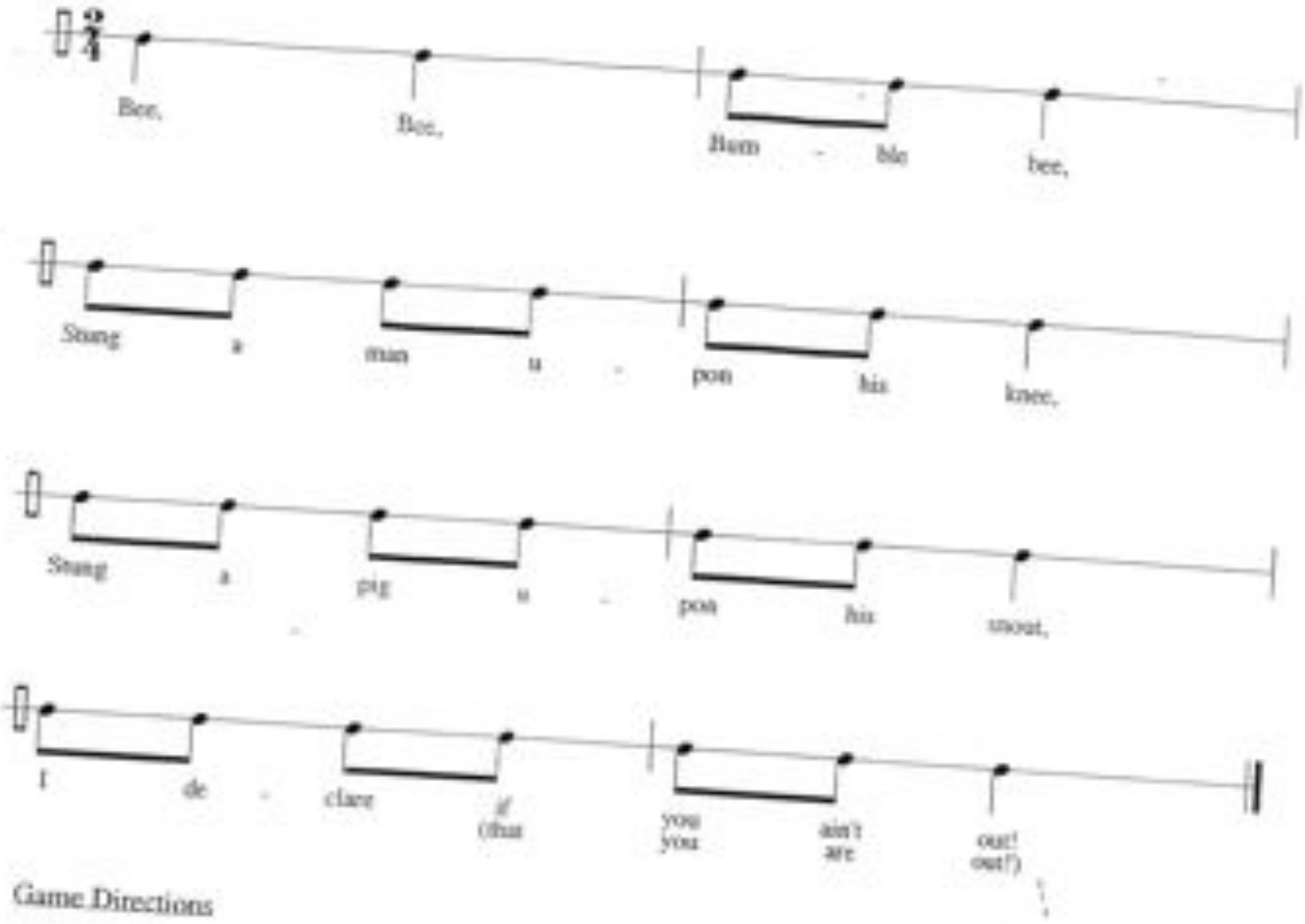
(tune John Brown's Body)

Bee Bee



Game Directions

Circle game for outs. Teacher has bee puppet (or just use hand) and it "flies" over the students heads to the beat. After the chant the teacher "buzzes" the students out. If a student is "buzzed", he or she may sit down or if it is at the end of a class, they may go line up. During the game, all students are patching the beat.

Another version - Students sit with their legs stretched into the center of the circle. This time the teacher lightly squeezes their foot on each beat. On the buzz sound, that foot is out. It is possible to have one foot out and one foot still in the game.

Source - Wyzga, Helen *Simple Gifts Book 1* copyright 1976 page 5 Variation by Deborah Forshkoorn

Classroom Use

beat
fast/slow
loud/soft
high/low
ta ta ti ti ta
ti ti ti ti ti ta

3. Dat pony run, he jump, he pitch,
He tumble Massa in de ditch.
He died, an' de jury wonder why;
De verdic' was de blue-tail fly.

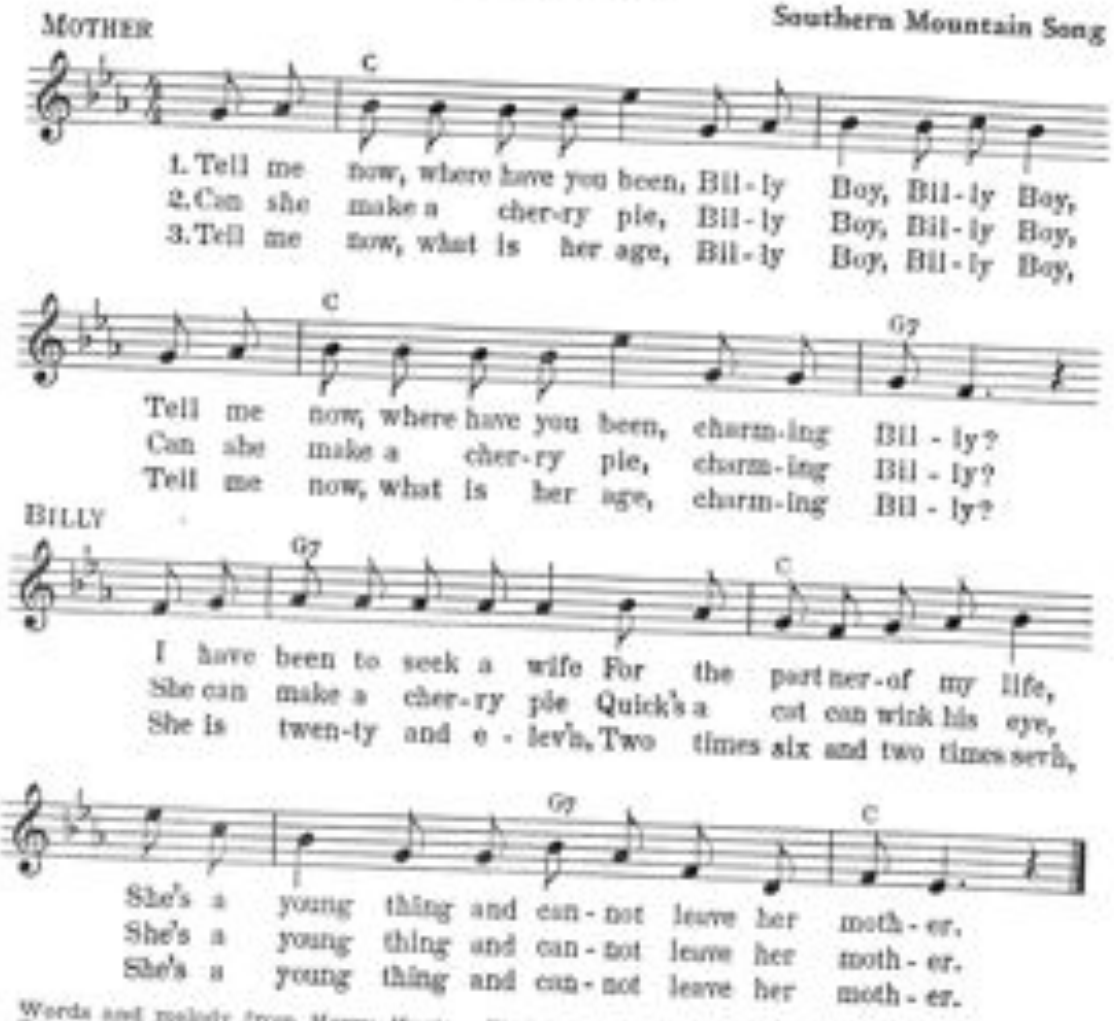
4. Dey laid 'im under a 'simmon tree;
His epitaph am dar to see;
"Beneath dis stone Ah 'm fo'ced to lie,
All by de means ob de blue-tail fly."

5. Ol' Massa gone, now let 'im rest;
Dey say all t'ings am for de best.
Ah nebber forget till de day I die,
Ol' Massa an' dat blue-tail fly.

Words and melody from Satis N. Coleman and Adolph Bregman, *Songs of American Folks*, copyrighted 1942; by special permission of the publishers, the John Day Company, New York.

BILLY BOY

Southern Mountain Song

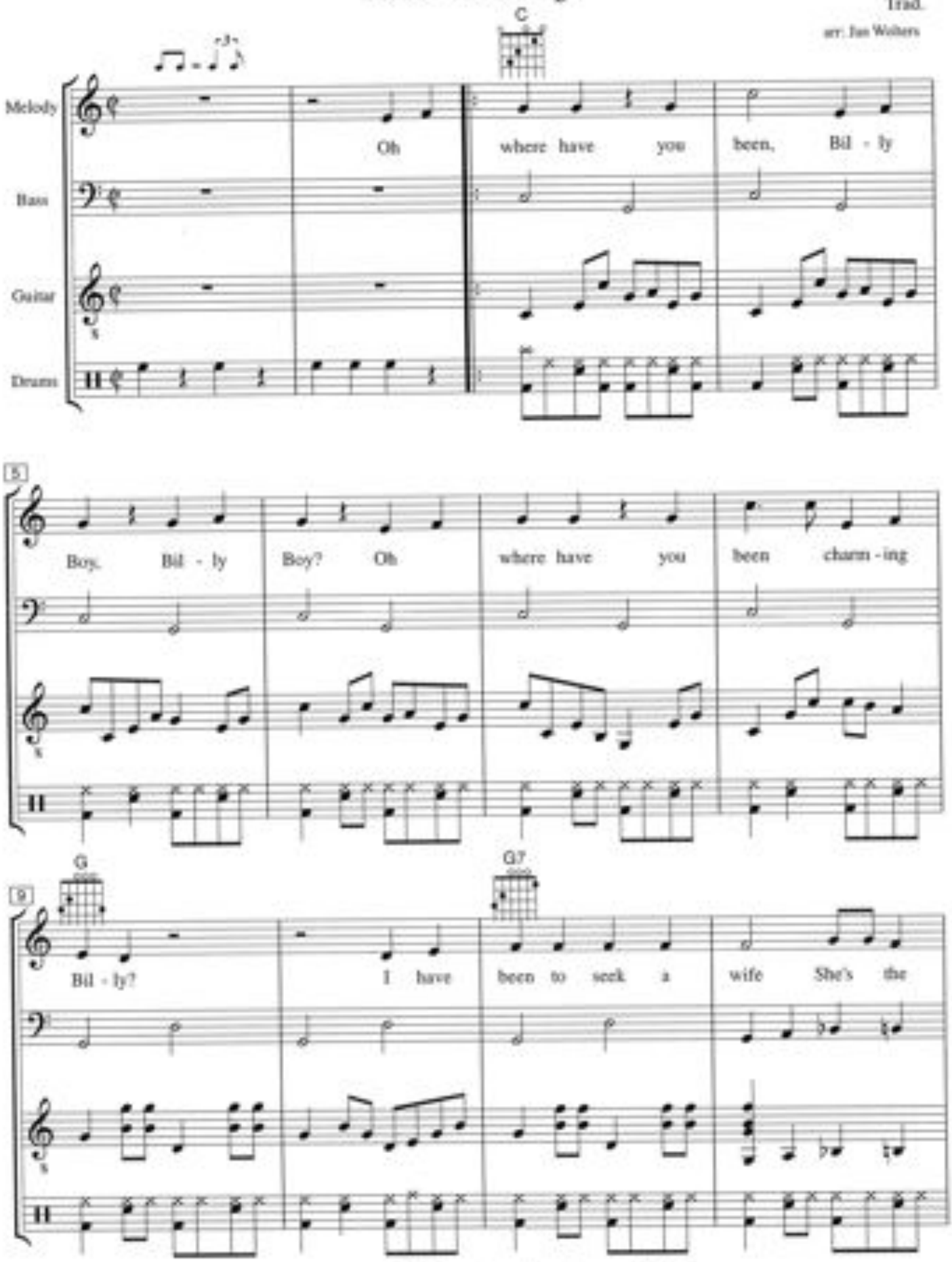


Words and melody from *Merry Music*, edited by Theresa Armitage and Others (A Singing School series), copyrighted 1939; by special permission of the publishers, C. C. Birchard and Company, Boston.

Billy Boy

American folk song

Trad.
arr: Jan Wolters



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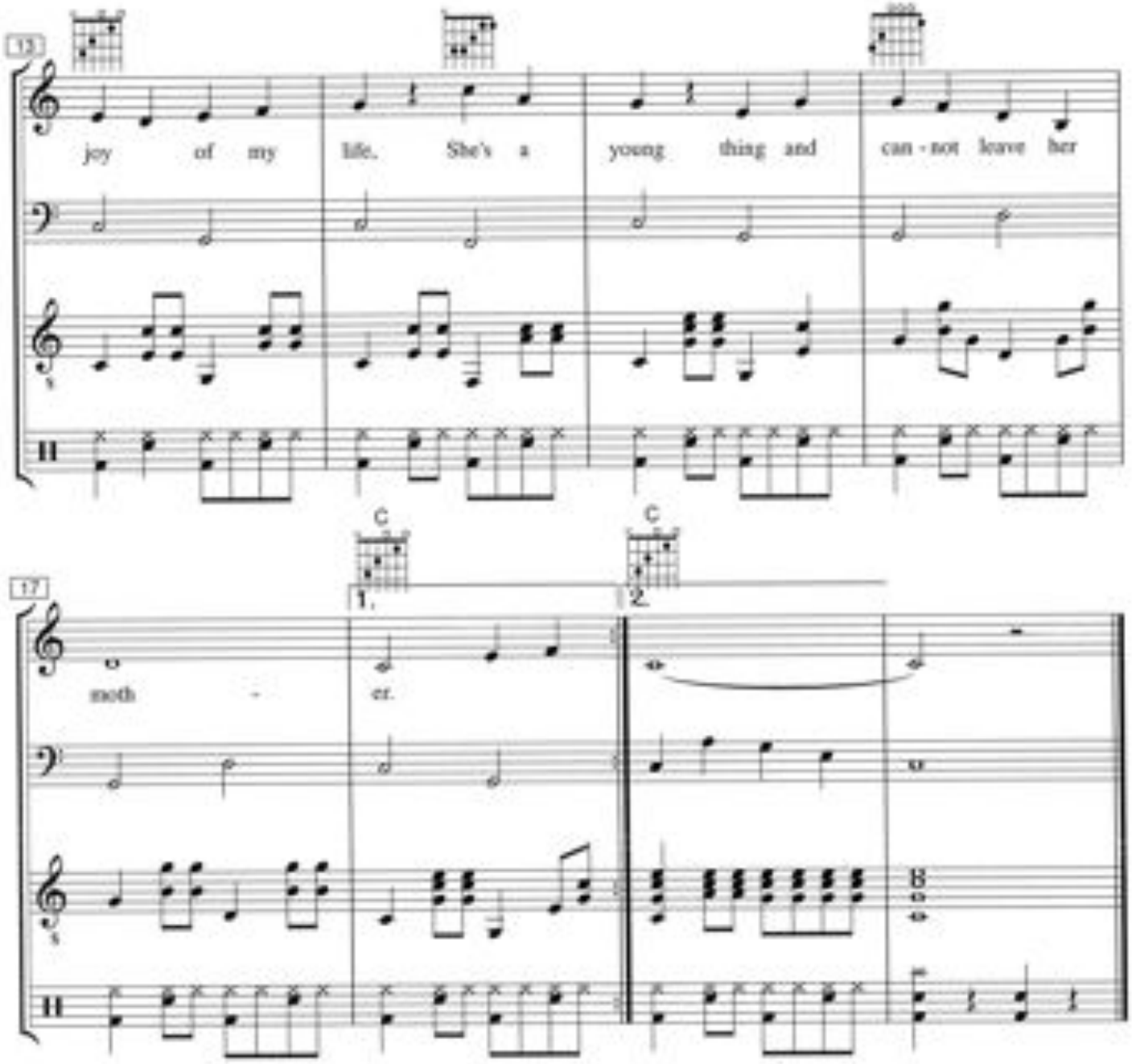

Oh where have you been, Billy Boy,
Billy Boy?
Oh where have you been, charming Billy?
I have been to seek a wife,
She's the joy of my life,
She's a young thing
And cannot leave her mother.

Did she bid you to come in, Billy Boy,
Billy Boy?
Did she bid you to come in, tell me Billy?
Yes, she bade me to come in,
There's a dimple in her chin.
She's a young thing
And cannot leave her mother.

Did she set you a chair, Billy Boy?
Billy Boy?
Did she set you a chair, tell me Billy.
Yes, she set for me a chair,
She has ringlets in her hair,
She's a young thing
And cannot leave her mother.

Can she bake cherry pie, Billy Boy,
Billy Boy?
Can she bake cherry pie, tell me Billy.
She can bake a cherry pie,
There's a twinkle in her eye.
She's a young thing
And cannot leave her mother.

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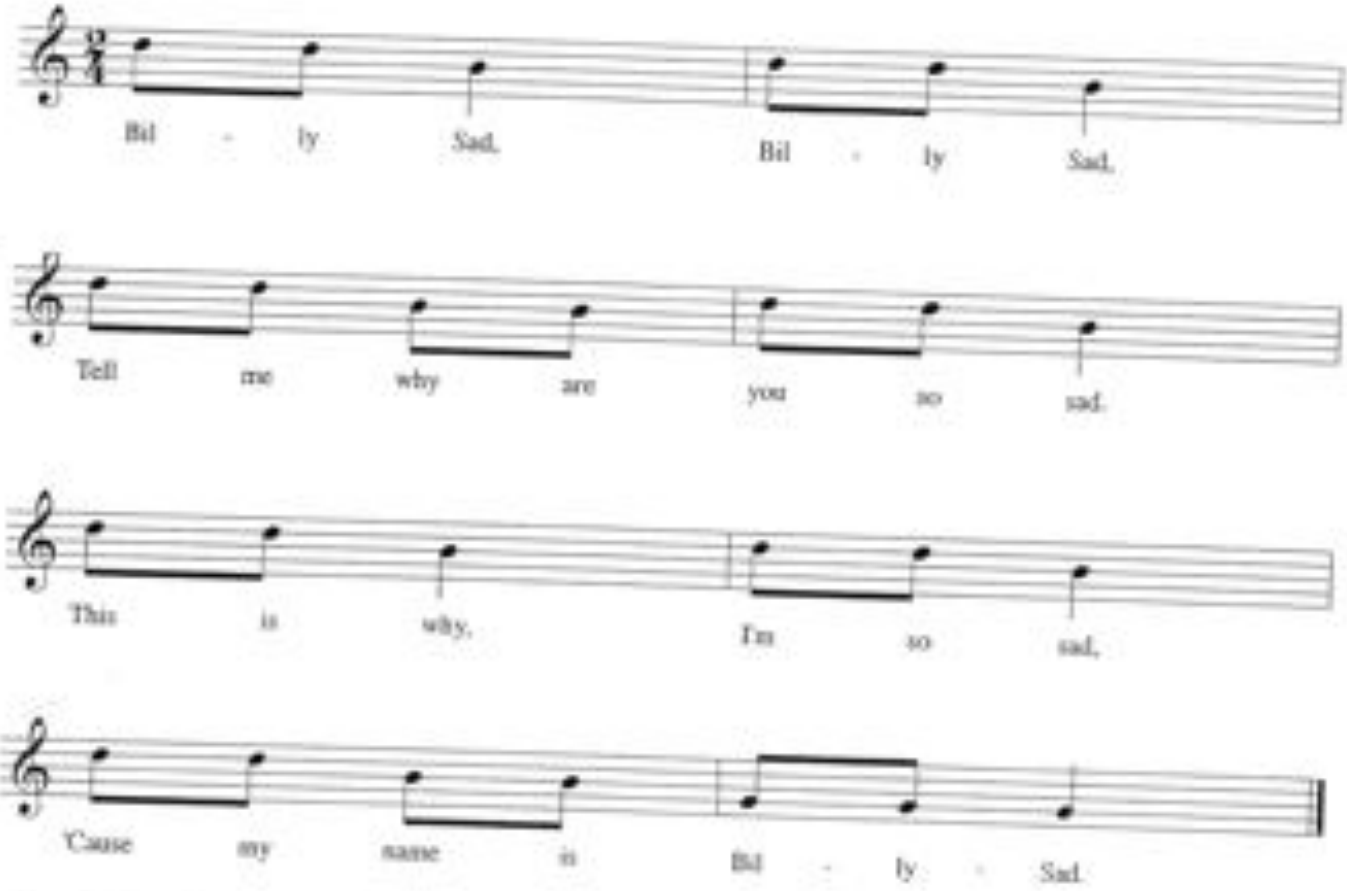
N

Billy Sad

cp B - C



Game Directions

Choose one student to be "sad" and one student to try and make the first laugh. (The second student is not allowed to touch or make noises.) The class sings song with the "sad" student's name. If the "sad" student smiles or laughs, he or she "loses."

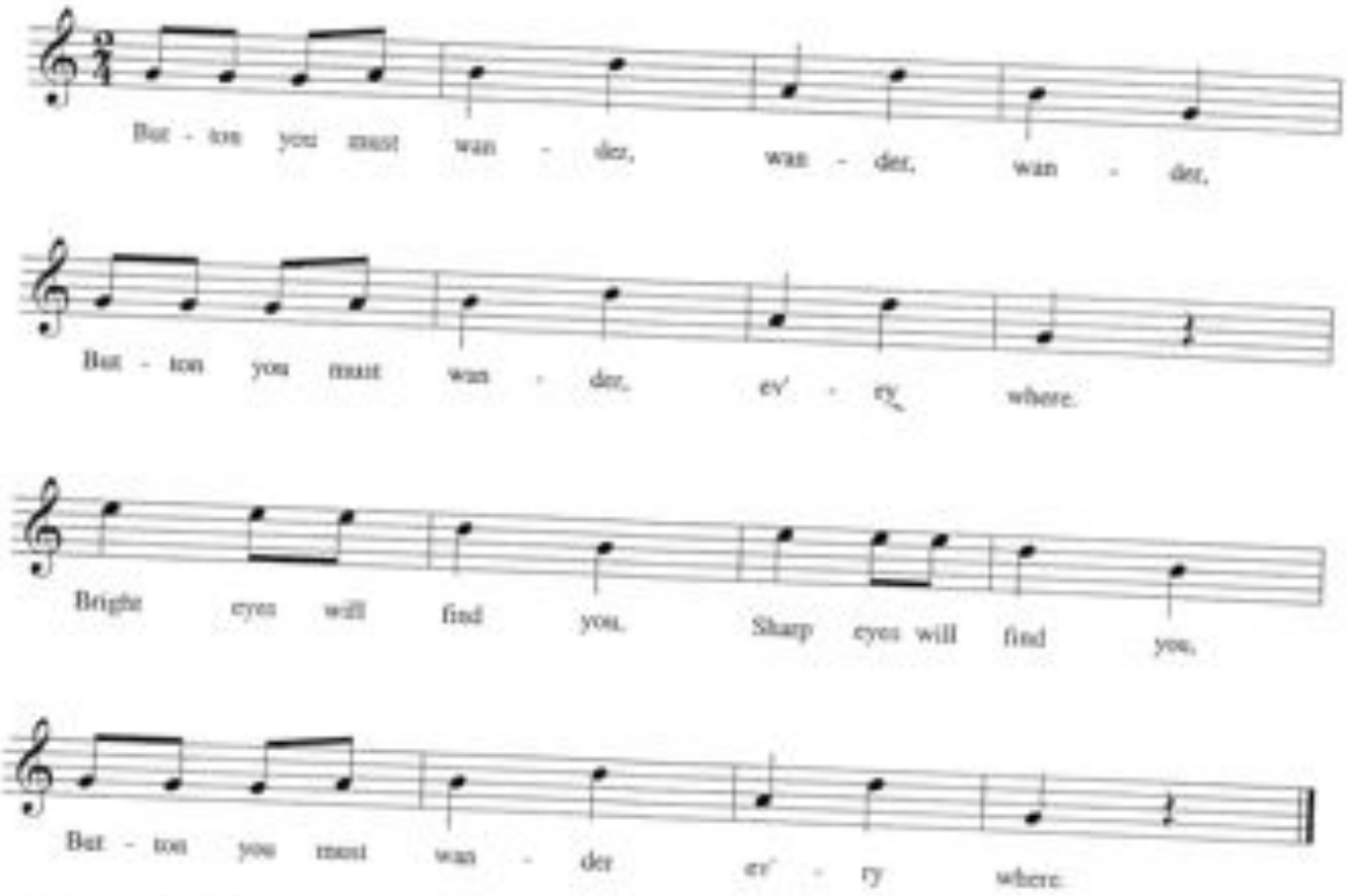
Source learned from Ann Osborne at Capital University

Classroom Use

ti ti ta ti ti ta
s m (first phrases only)
s m d (last phrase)

Button You Must Wander

cp E



Game Directions

Children sit in a circle on the floor; one child in the center is"it." A button is secretly given to one child before the game begins. As the children sing, they pass the button to the beat of the music. (Beat one: close hands together" Beat two: closed hands open sideways until they are almost touching the hands of the children on either side.) As this is done, the button is passed around the circle. At the end of the song, "it" must guess who has the button. If "it" guesses correctly, the pupil with the button becomes "it". If "it" guesses incorrectly, the game continues until "it" does guess correctly.

Game Variation

The button may be threaded onto a large continuous string the size of the circle, and slid around the string to the beat. (This is good for younger children.)

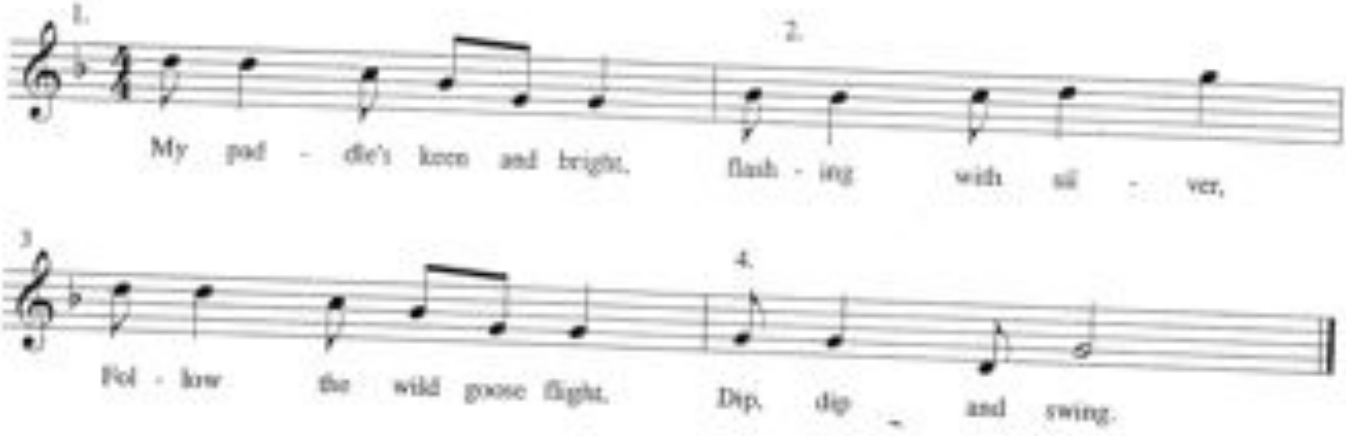
Source. Choksy, Lois the Kodaly Method Prentice Hall NJ 1988 page 161

Classroom Use

Game
Pentatonic review

Canoe Song (Round)

Margaret Magee



Verse 2

Dip, dip and swing her back, flashing with silver.
Swift as the wild goose flies, dip, dip and swing.

Game

Class is seated in a circle; each child has 2 pebbles/marbles/buckeyes.
Pass the pebbles around the circle as described below:
Beat 1 - pick up the pebbles in front of the left knee
Beat 2 - tap pebbles on left knee
Beat 3 - tap pebbles on right knee
Beat 4 - place pebbles in front of right knee (These pebbles are picked up by next pupil to the right.)

Source

Making Music Your Own, book 5 Page 99 Silver Burdett (composed)

Classroom Use - part work, beat (game), syncopation, and low la

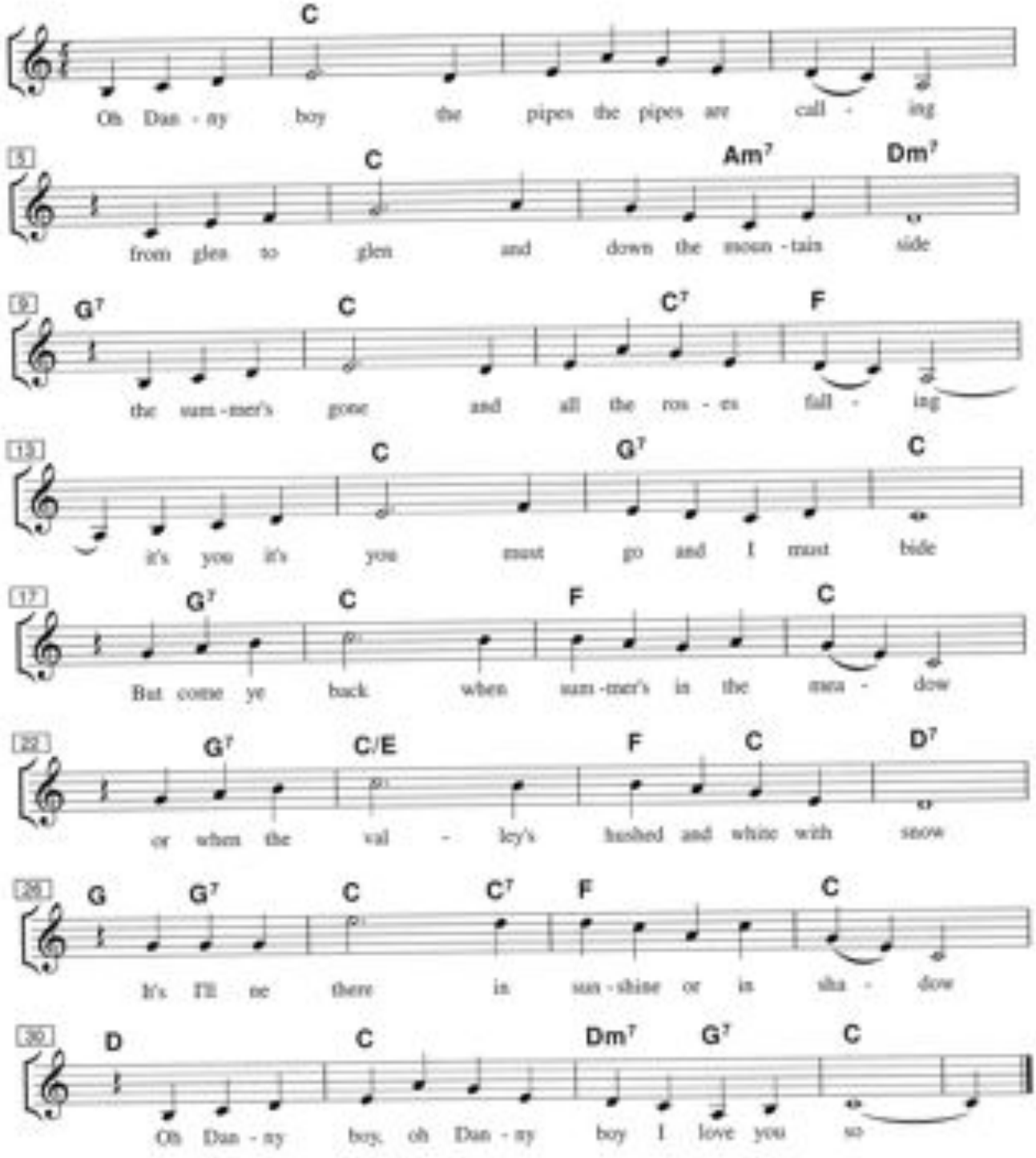
Partner Song: Land of the Silver Birch

17

Danny Boy

Irish folk song

Trad.



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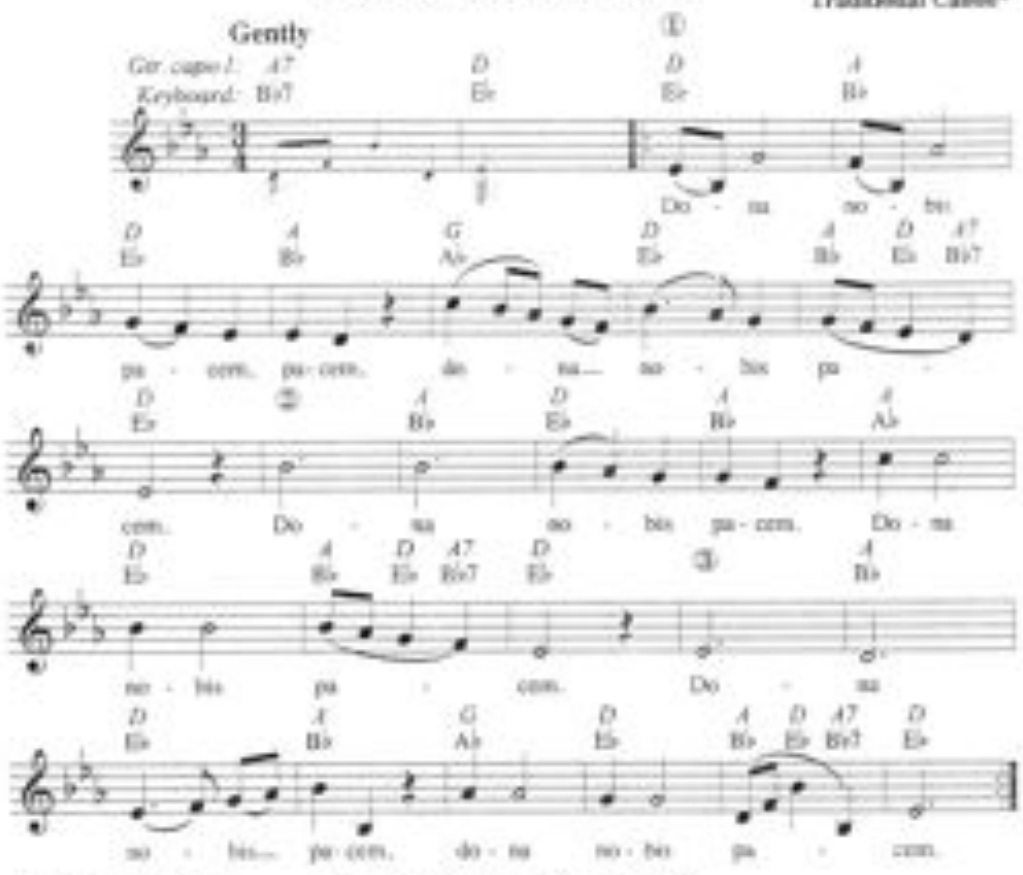
Dona Nobis Pacem

Traditional Canon*



*May be sung as a round, with entrances as indicated (optional).

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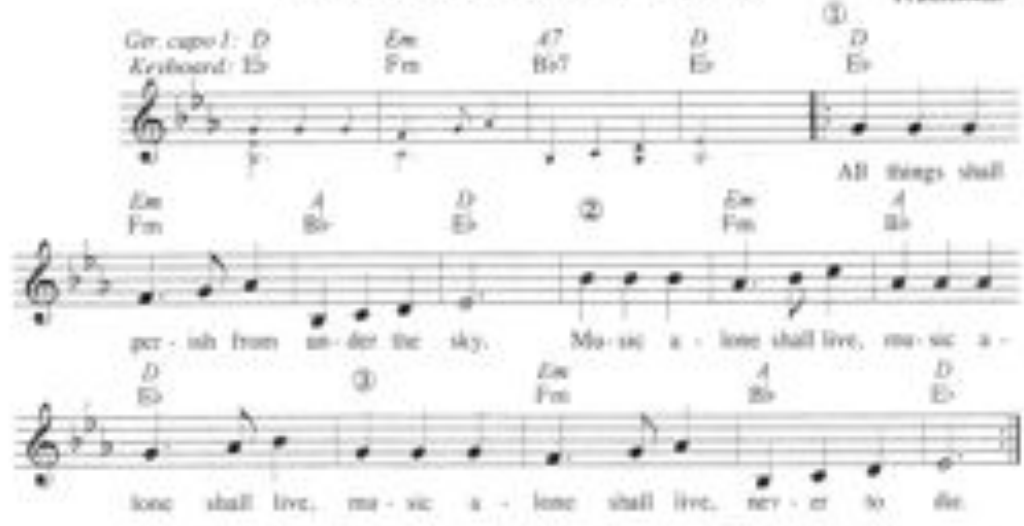
Music Alone Shall Live

Traditional*



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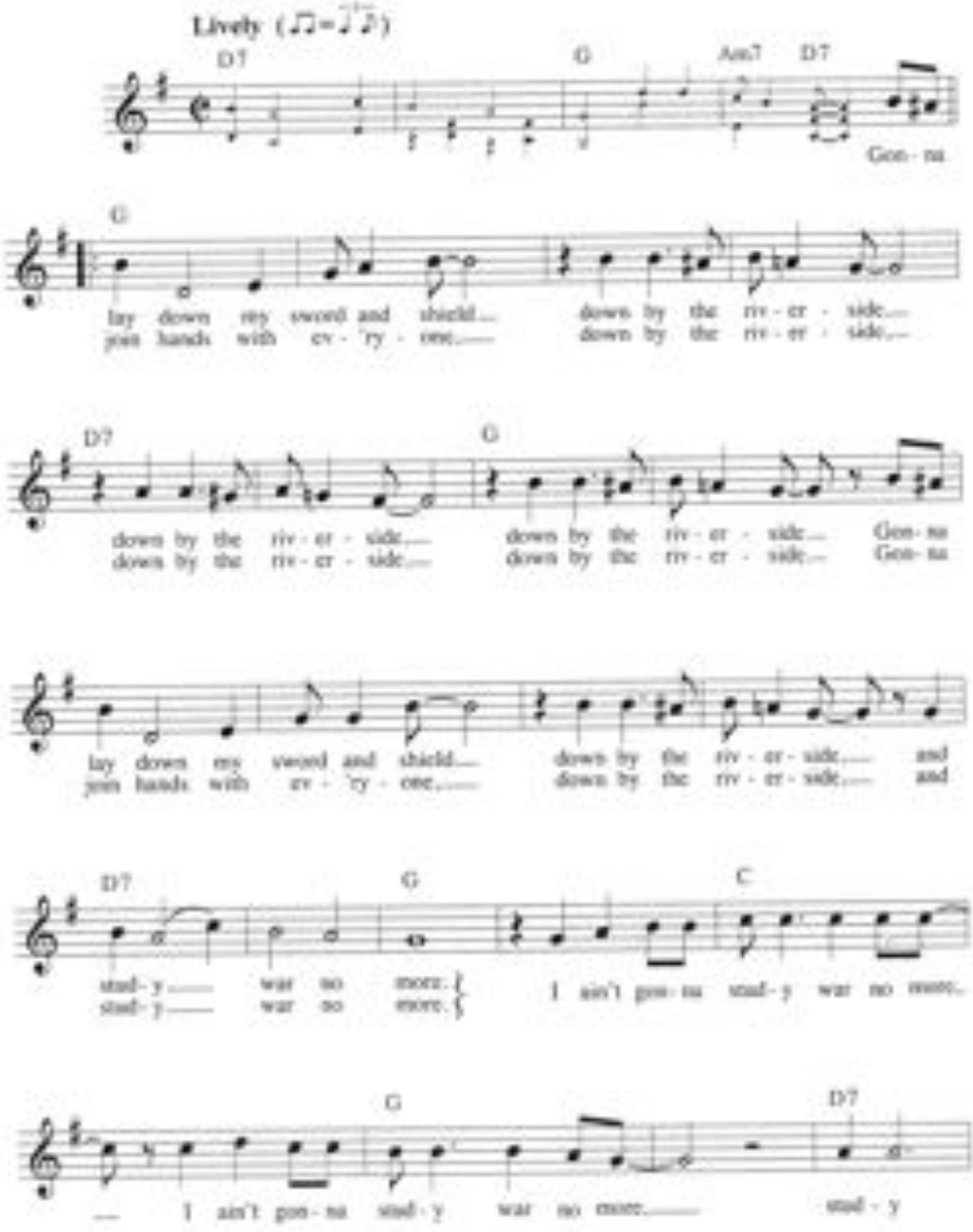
Down by the Riverside

African American Spiritual



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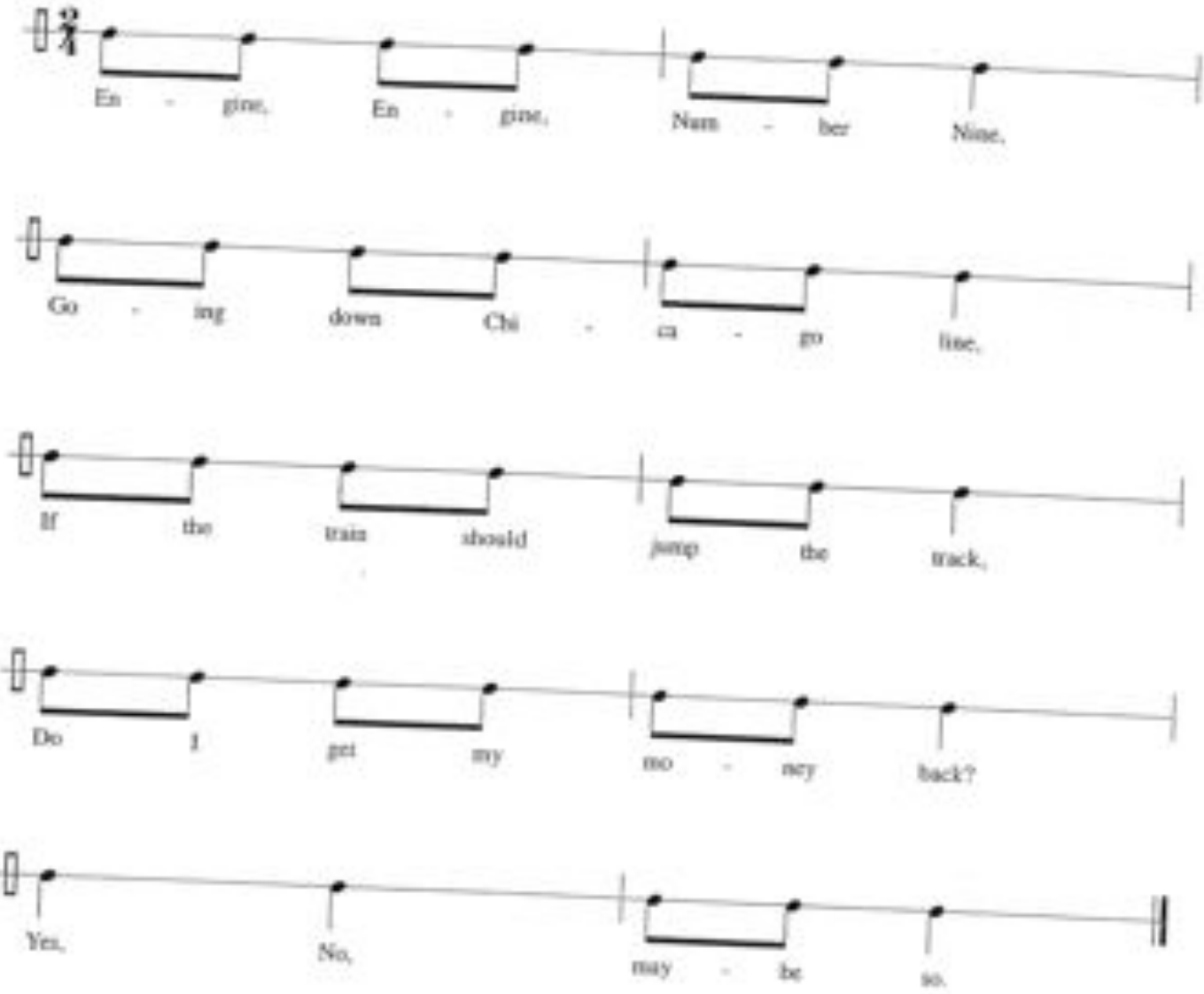
Engine Engine



Movement

Train motions to the beat

Source Ferrai, Katalin *Music in Preschool* Corvina Budapest, Hungary 1988 page 108

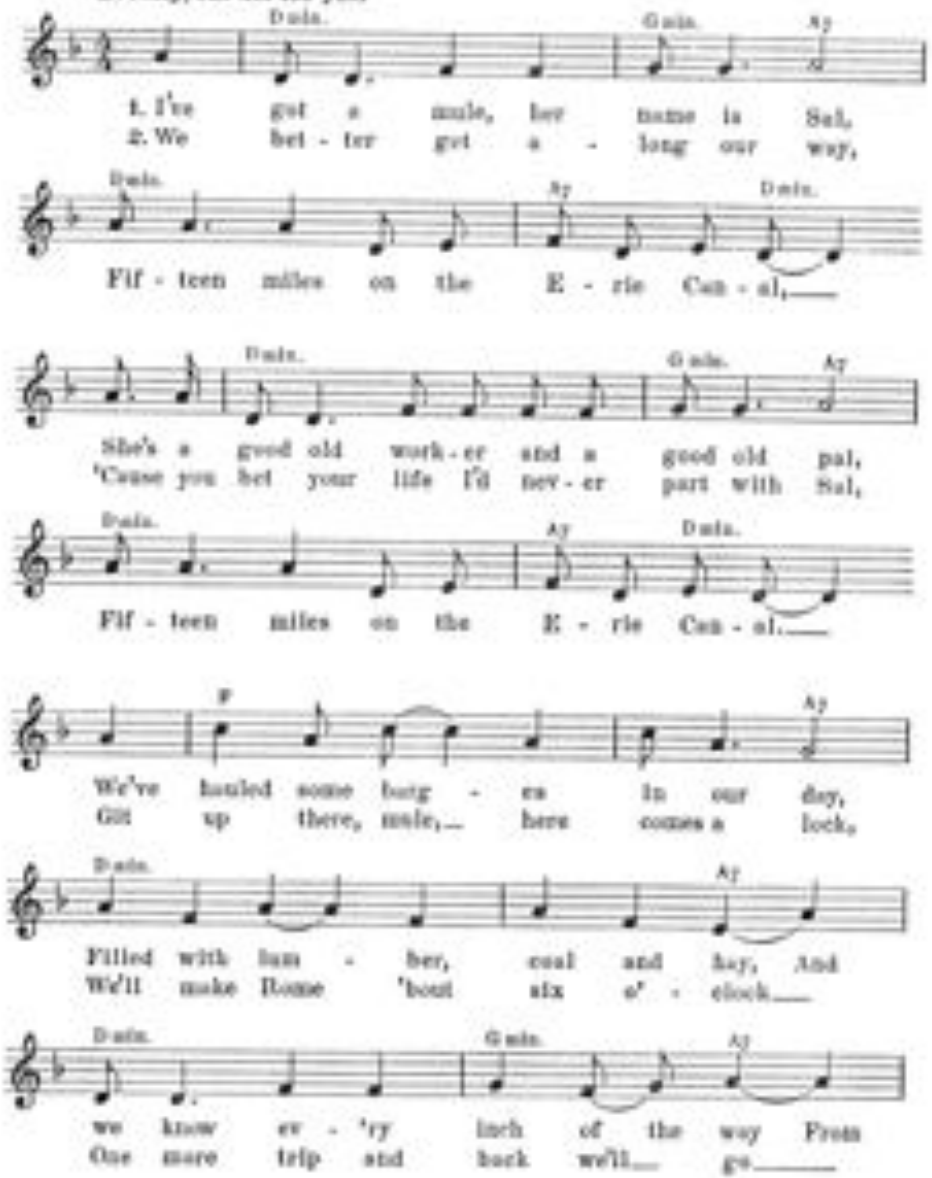
Classroom Use

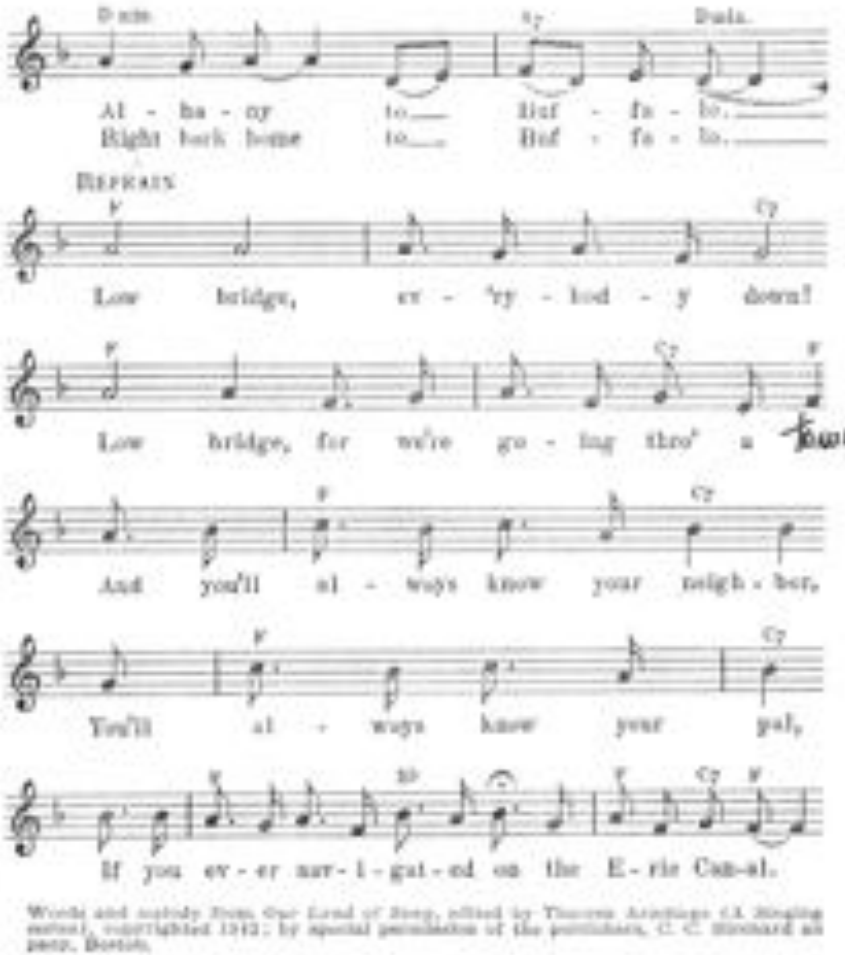
beat
fast/slow
loud/soft
high/low
accelerando, ritard (getting faster, getting slower)
ti ti ti ti ti ti ta
ta ta ti ti ta

THE ERIE CANAL

Traditional **American Ballad**

Briskly, but not too fast





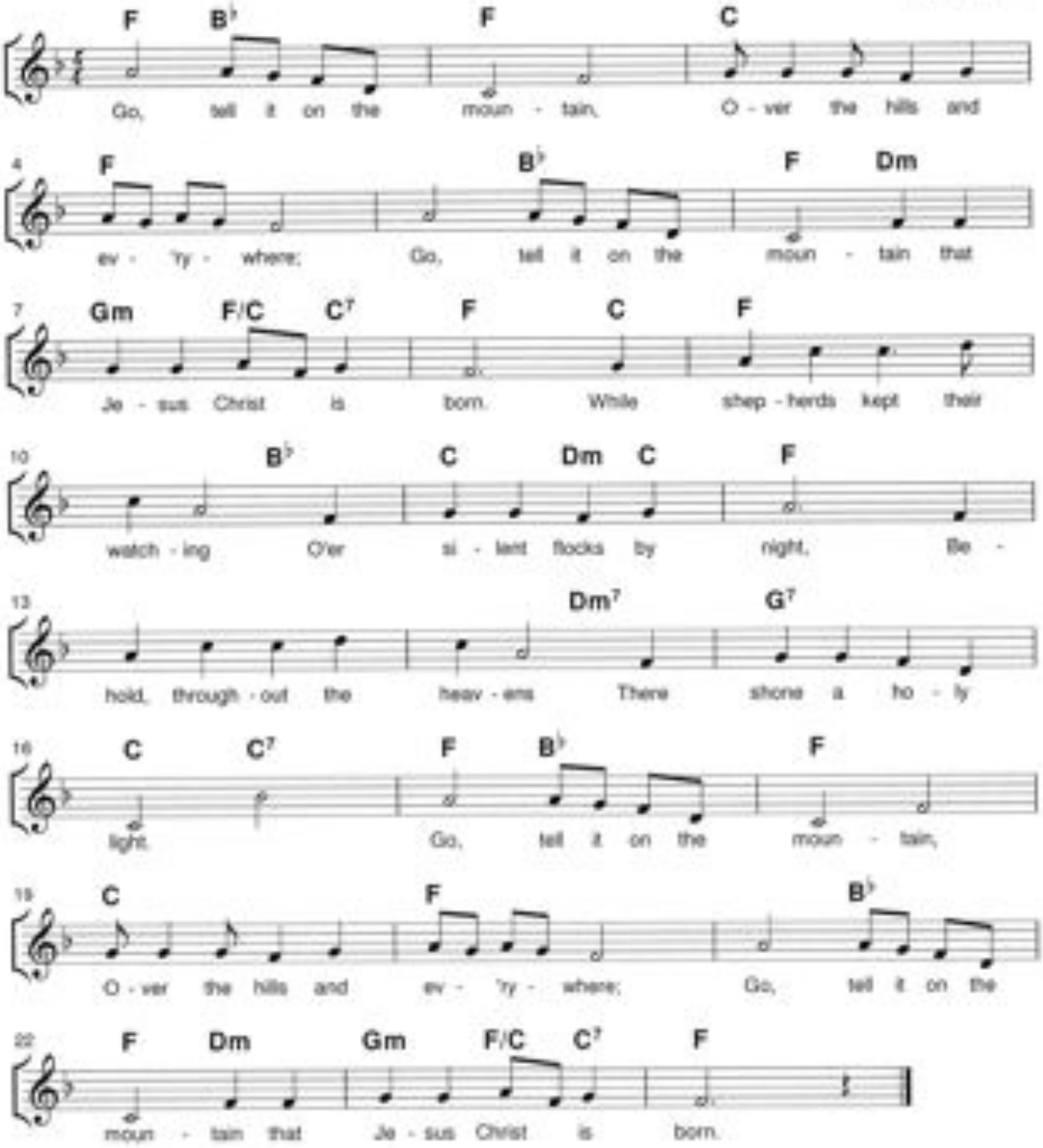
Words and melody from Our Land of Song, edited by Theodore Armitage (A Singing Method), copyrighted 1912; by special permission of the publishers, C. C. Birchard and Co., Boston.

22

Go Tell It On The Mountain

Afro-American spiritual

Trad.
arr. Jan Wolters



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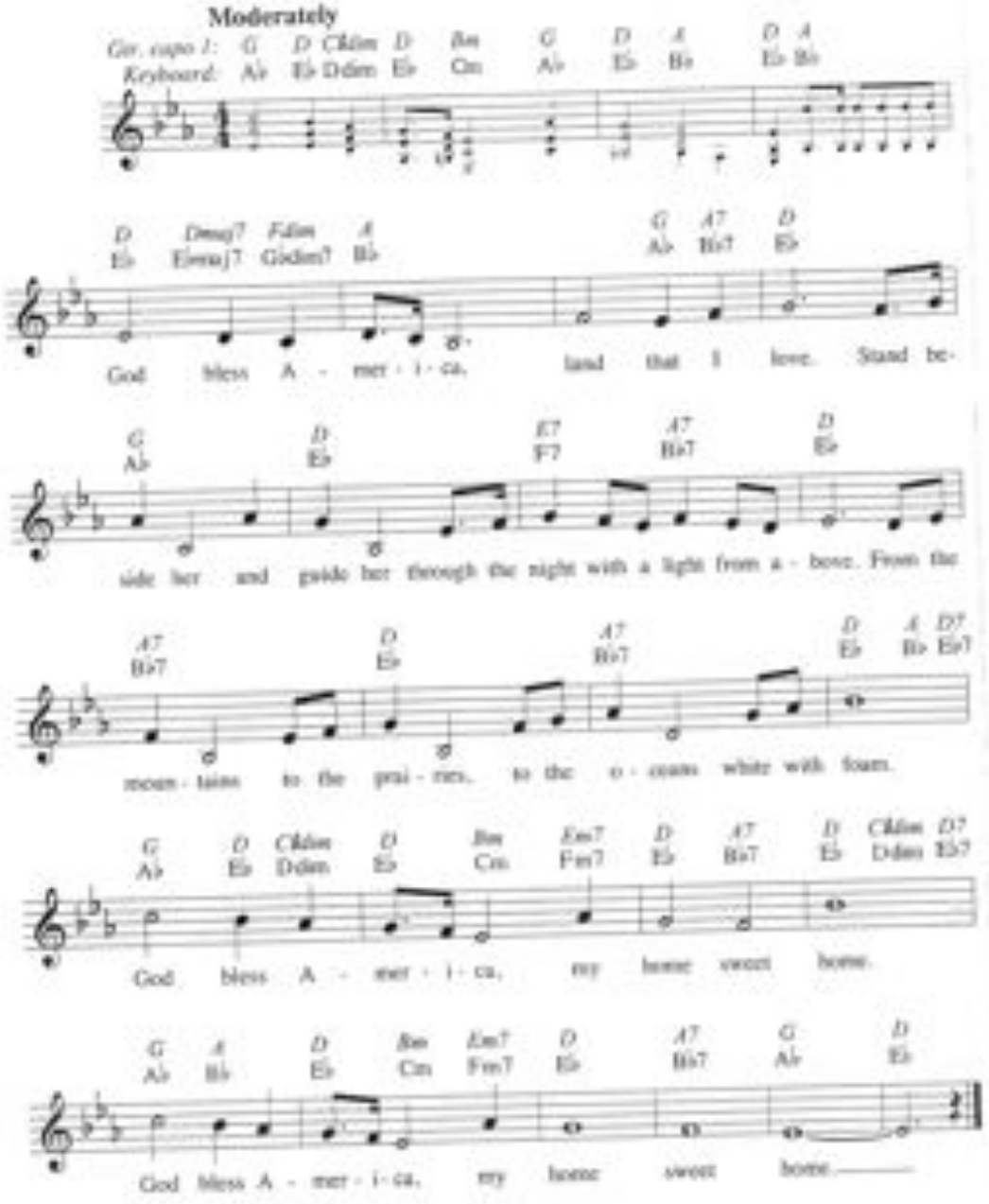
God Bless America

Words and Music by IRVING BERLIN

Moderately



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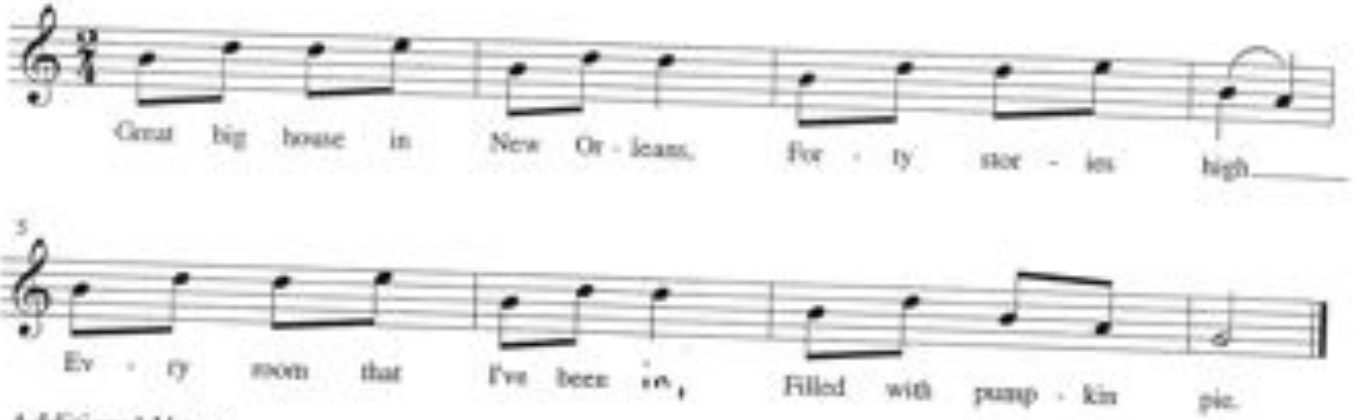
24

Great Big House

cap G - A



Additional Verses

2. Went down to the old mill stream to fetch a pail of water,
   Put one arm around my wife, the other 'round my daughter.

3. Fare thee well my darling girl, fare thee well my daughter,
   Fare thee well my darling girl, with the golden slippers on her.

Game Directions 1 - Students seated in a ring, pass an eraser to the beat as they sing and patch the beat. Each student to receive the eraser on the 2nd beat of the 4th and 8th measures leaves the circle. Last one left is the winner.

Game Directions 2 - Single circle formation. Assign ones and twos.

1. With a strutting step, the circle moves in a clockwise direction, at the phrase, turn around and go back.
2. On "Went down," ones take two steps toward center and join hands in a circle.
3. On "Fetch a pail" the twos move toward the center and reach arms across the joined hands of the ones. (Dive in)
4. On "Put one arm," the twos bring their arms up and over the one and to their sides.
5. On "the other round" the ones bring their arms up and over the twos and to the back of the two. (a basket weave)
6. On "Fare thee well" , all move to the left in a grapevine pattern , step, behind, step, behind, step, behind, step, together. Then drop hands.
7. On the third "Fare thee well," the twos take a step backwards.
8. On "with the golden," the ones take a large step to their left and then back into the circle, therefore progressing around the circle. Ones should remain ones, and twos remain twos.
9. Repeat!

Can be done with an additional small circle in the center - maybe even singing in canon with the large circle.

Source Heath, Carol *The Song Garden Book 2* page 22 KMTI 1984

Classroom Use

sz (sa r d)
half note (if you really hold it two beats)
ti ti ti ti ti ti ta (for older beginners)
Ostinato/ Instrument opportunities

solo singing (first phrase)
partner songs with Rocky Mts.

Hambone

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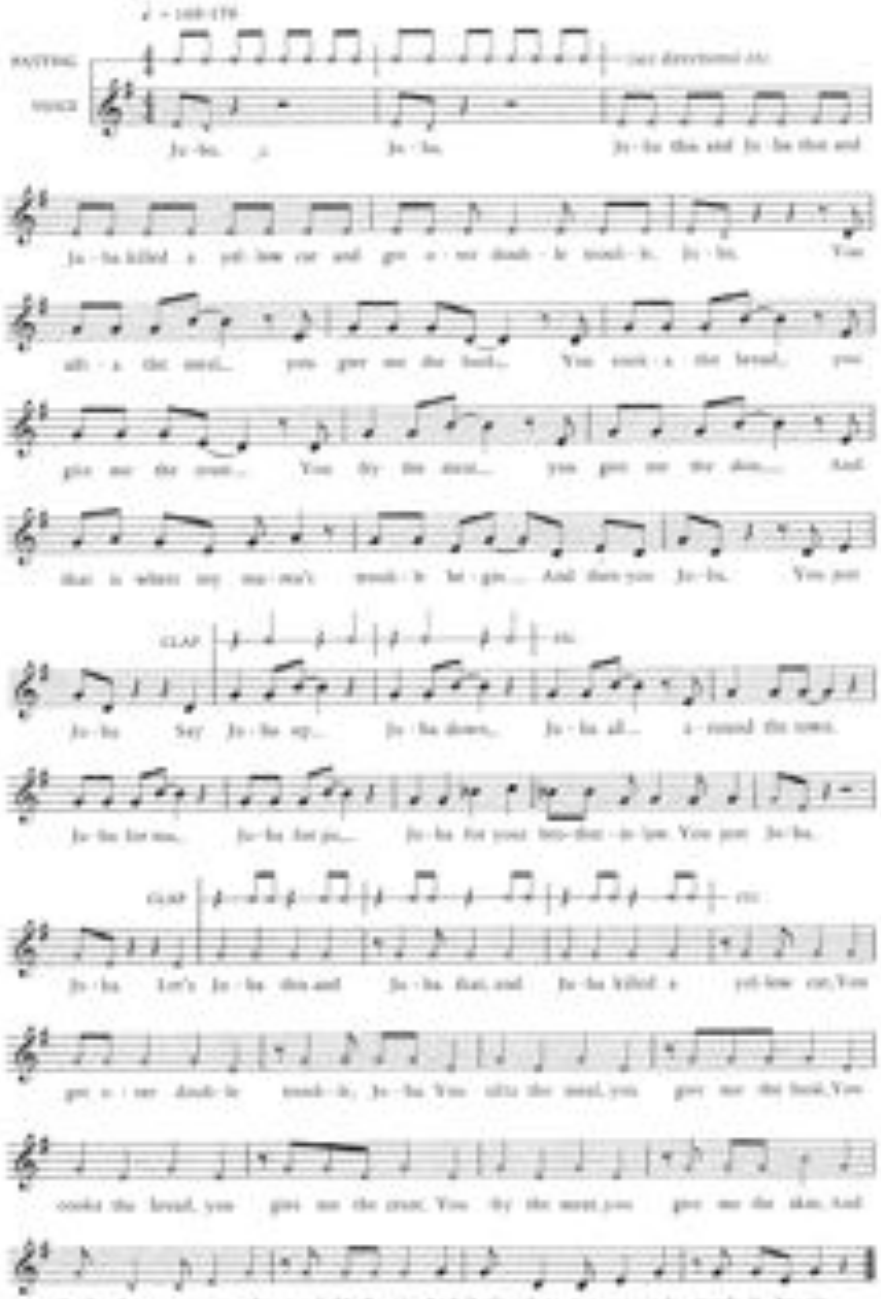
Juba



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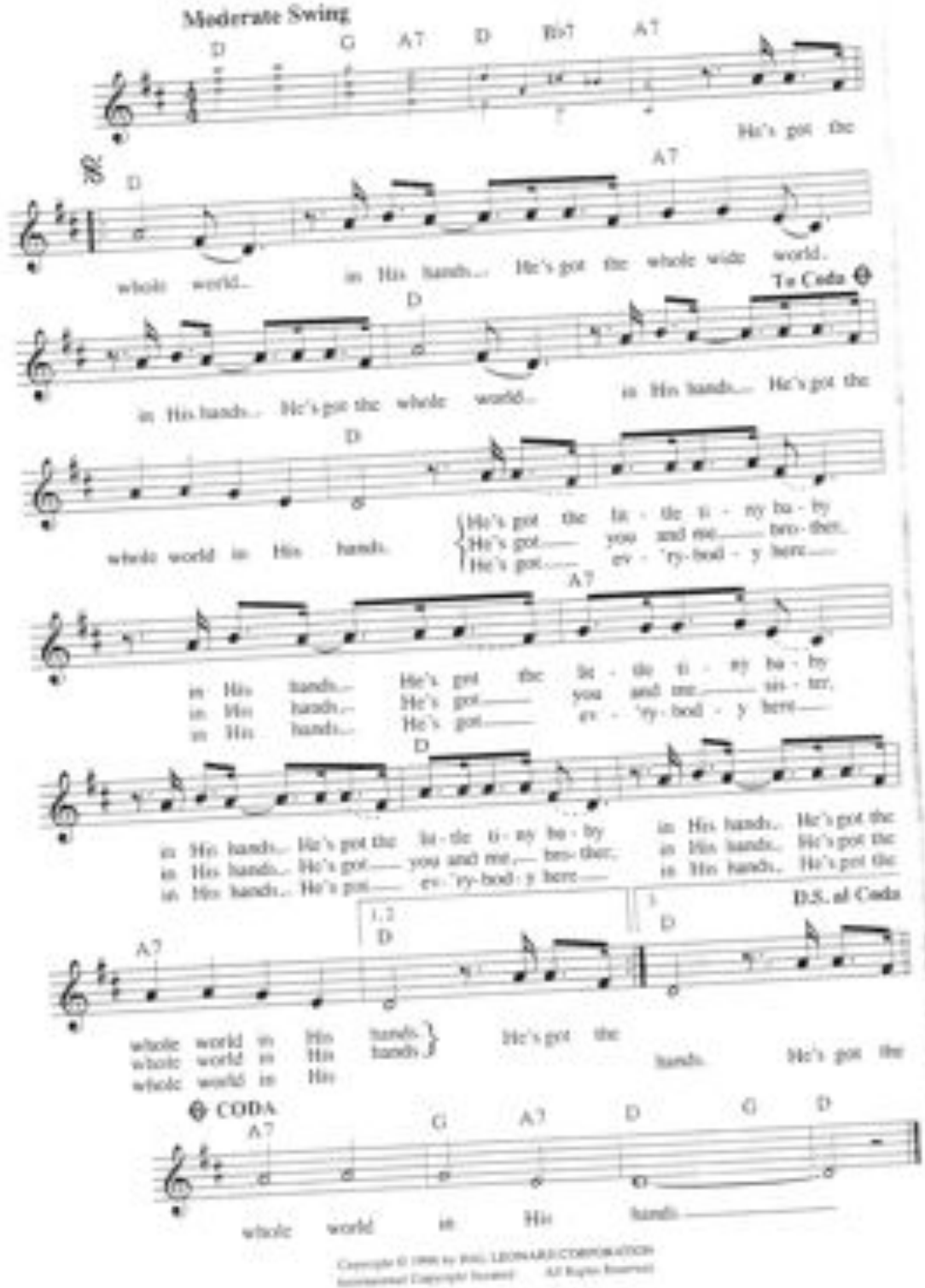
He's Got the Whole World in His Hands

African American Spiritual

Moderate Swing



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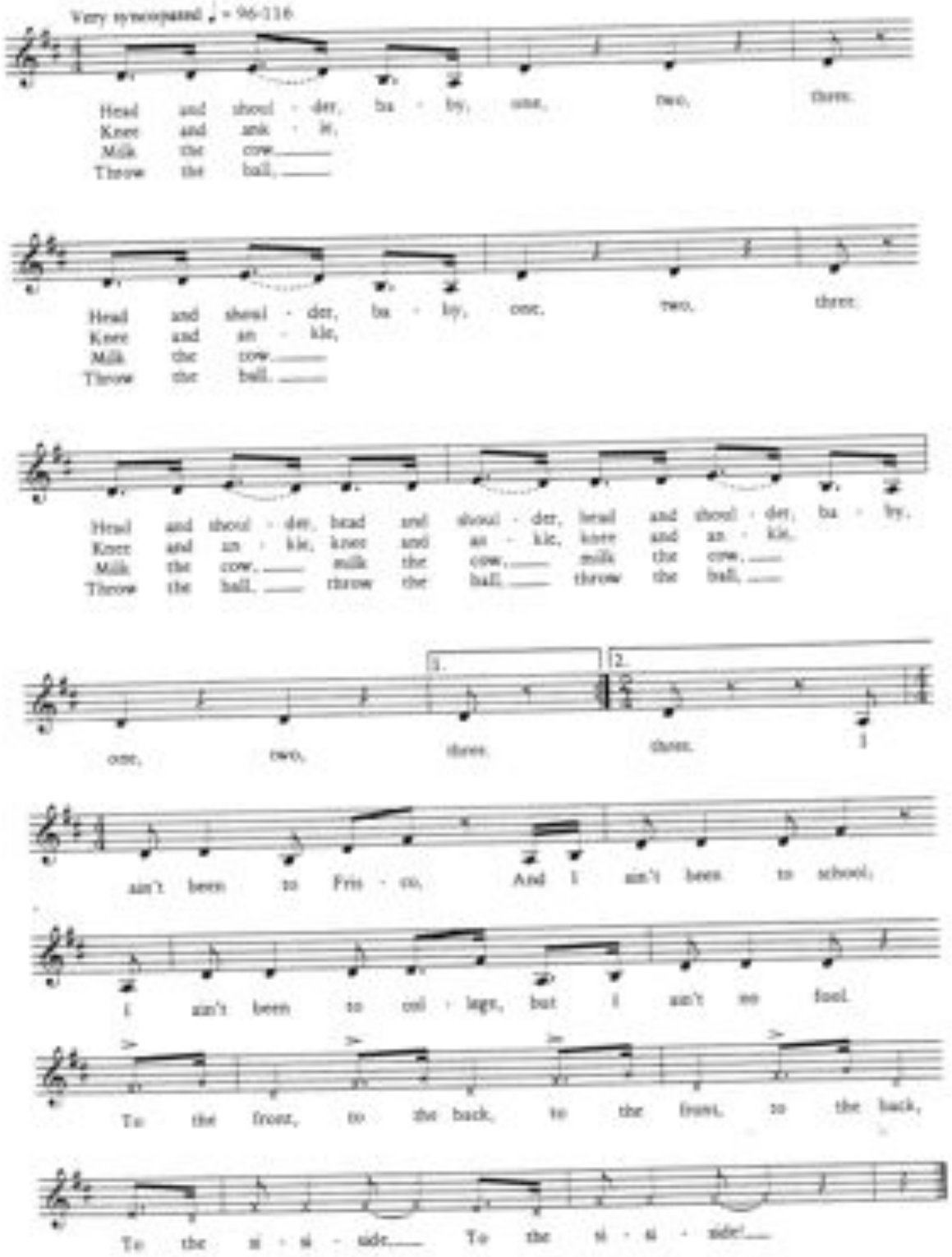
Head and Shoulder, Baby



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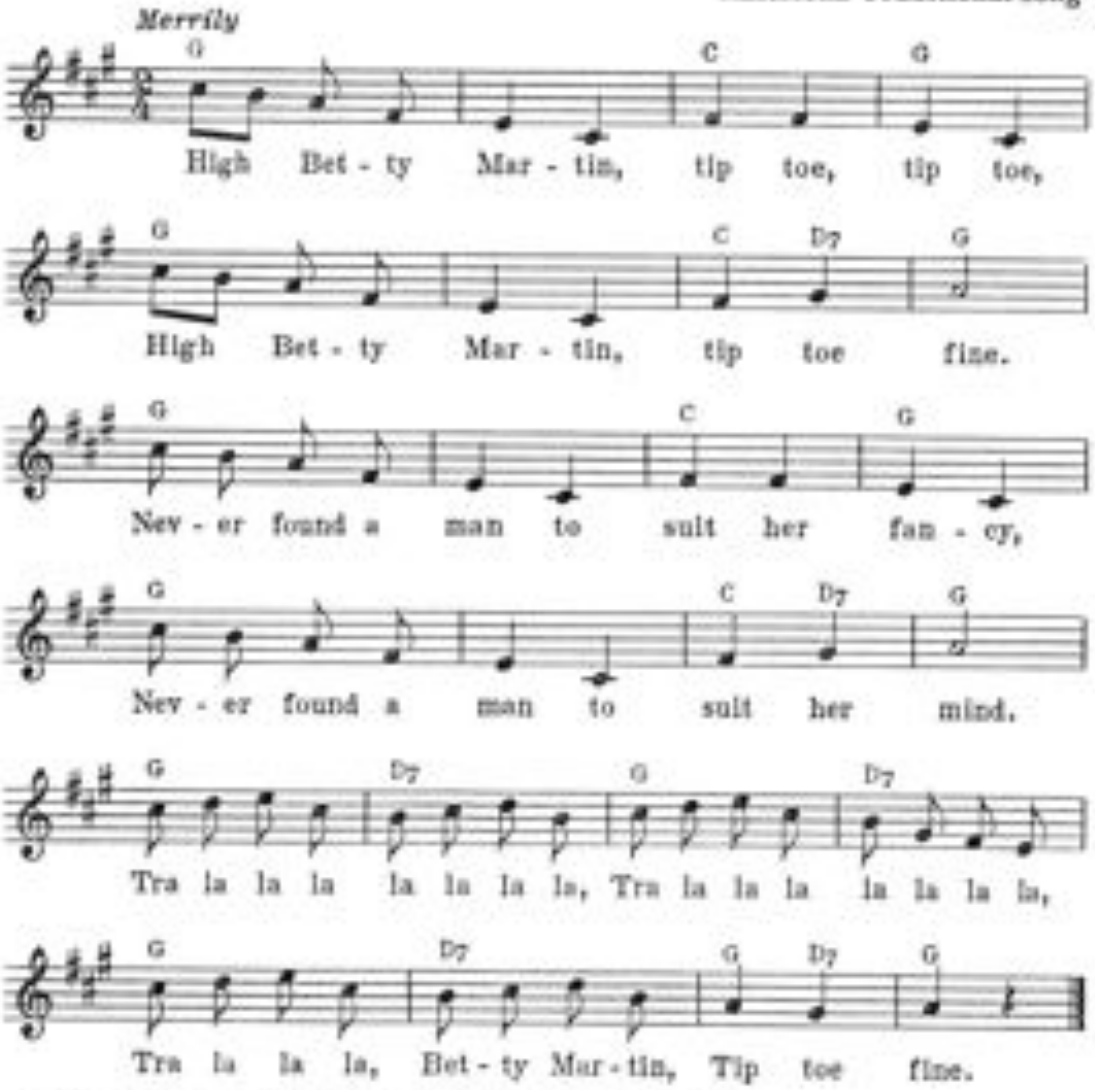
HIGH, BETTY MARTIN

American Traditional Song



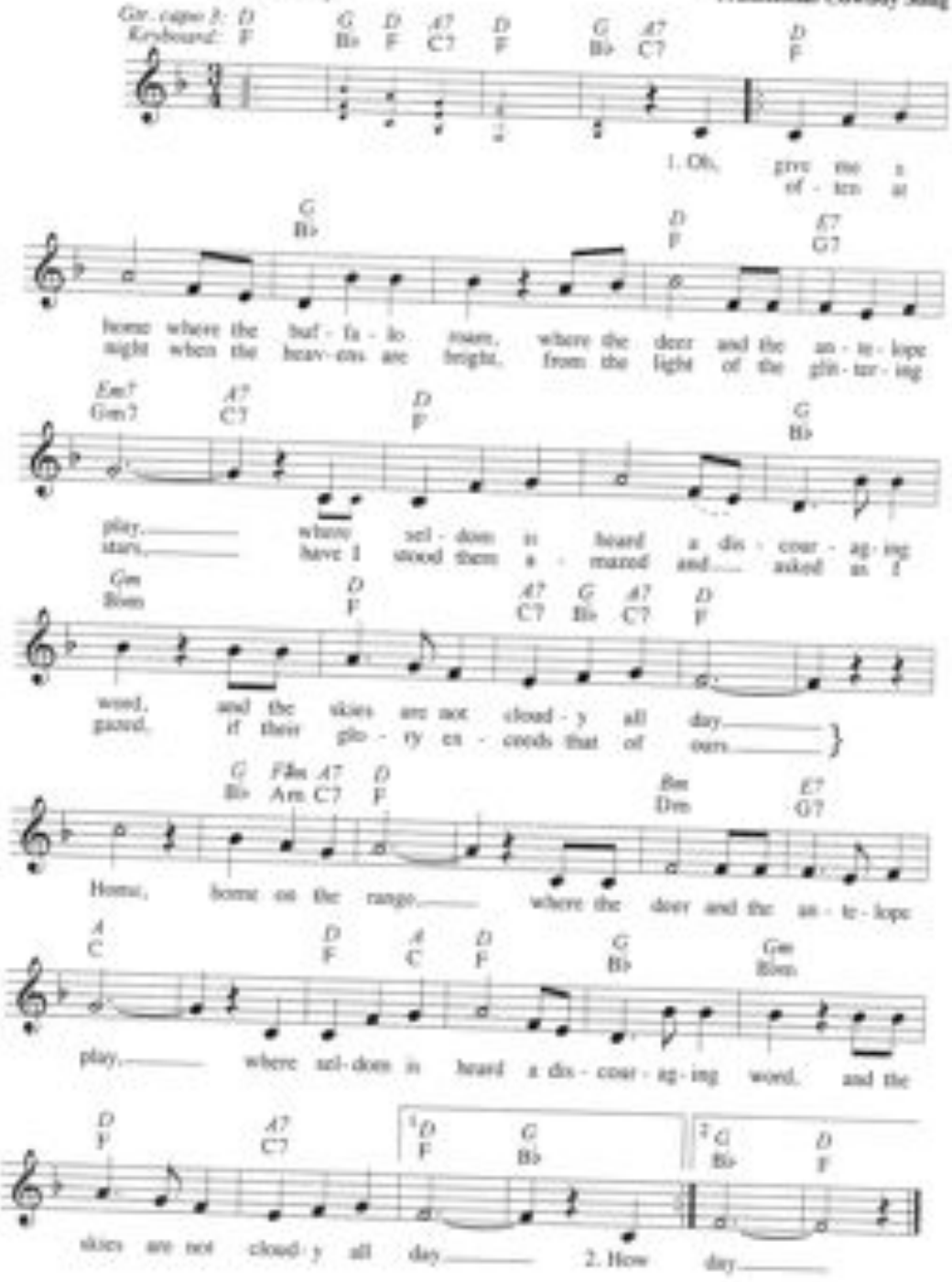
Accompaniment may be played on the 5-bar Autoharp in key of F.

Words and melody from Eloise H. Linscott's *Folksongs of Old New England*, copyrighted 1939; by special permission of the author and the publisher, The Macmillan Company, New York.

Home on the Range

Moderately

Traditional Cowboy Song



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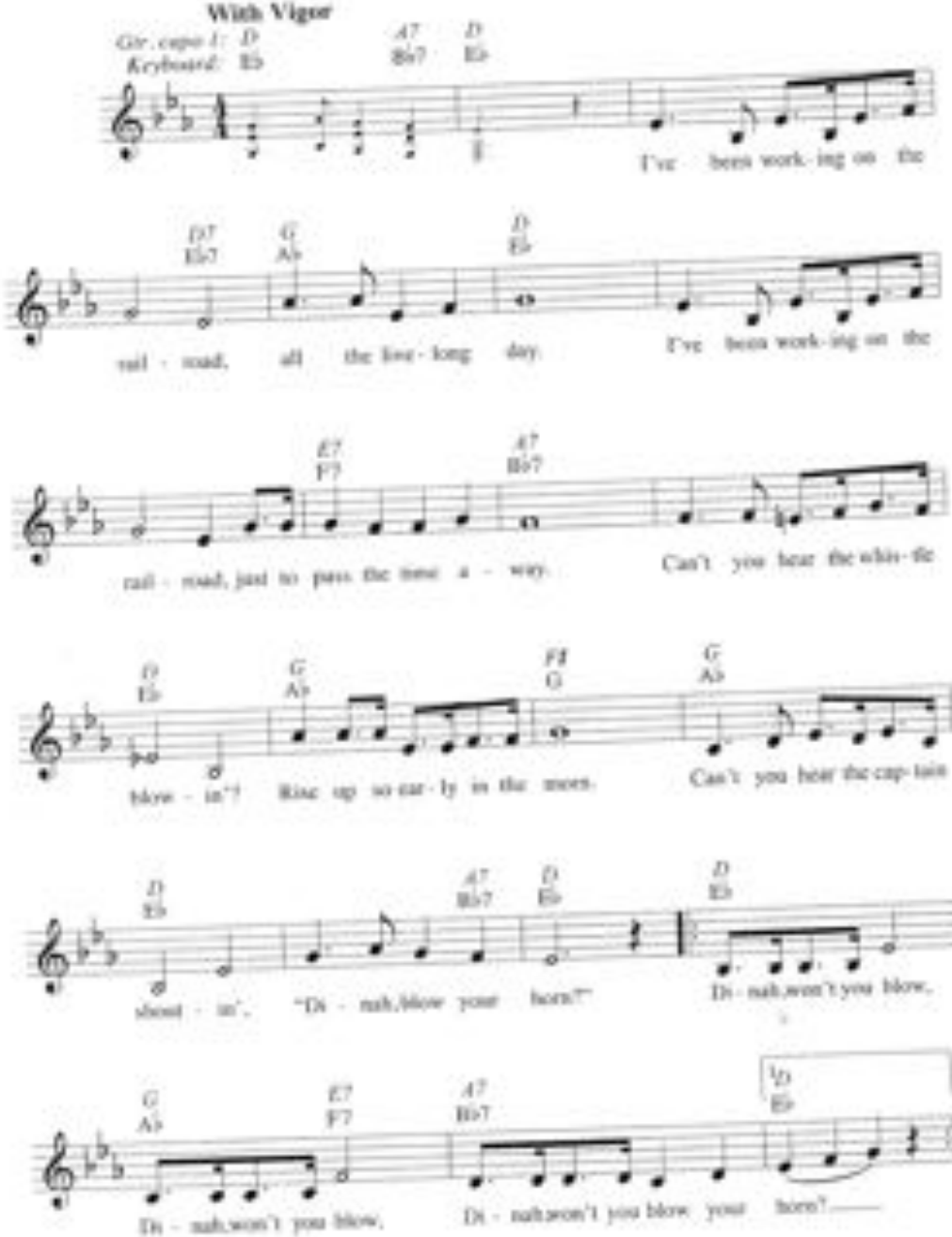
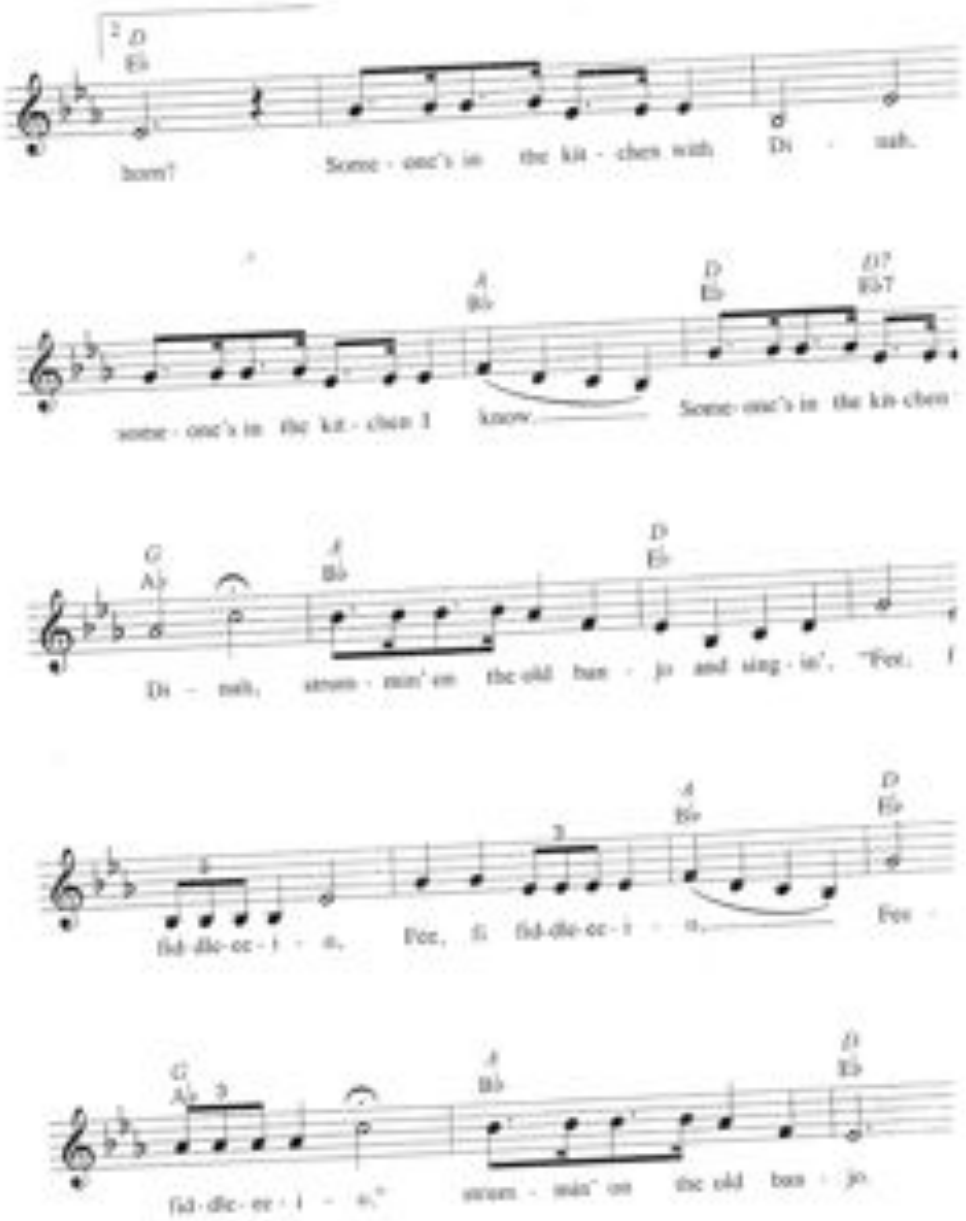
30

I've Been Working on the Railroad

Traditional American Folk Song

With Vigor





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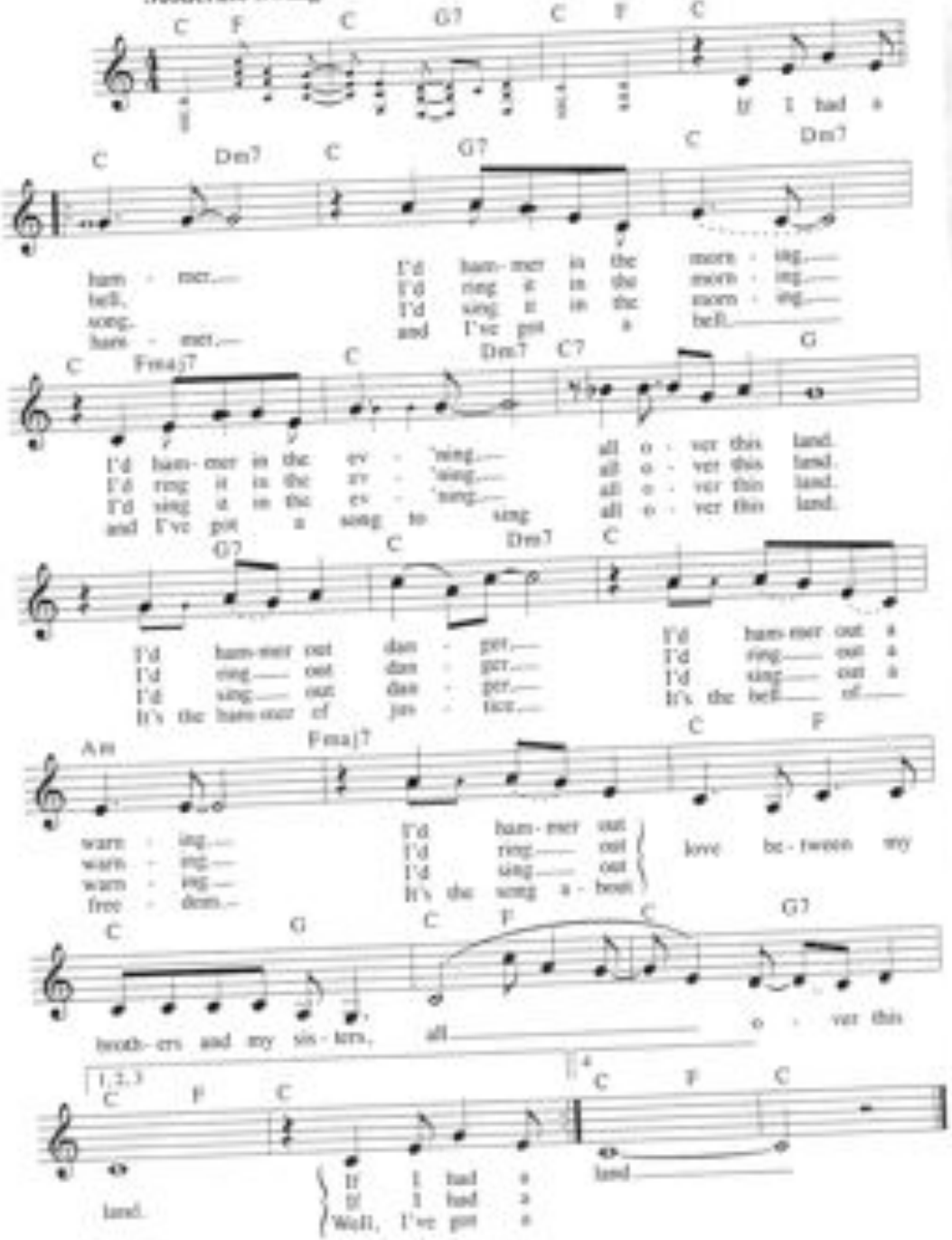
If I Had a Hammer

(The Hammer Song)

Words and Music by LEE HAYS
and PETE SEEGER

Moderate Swing



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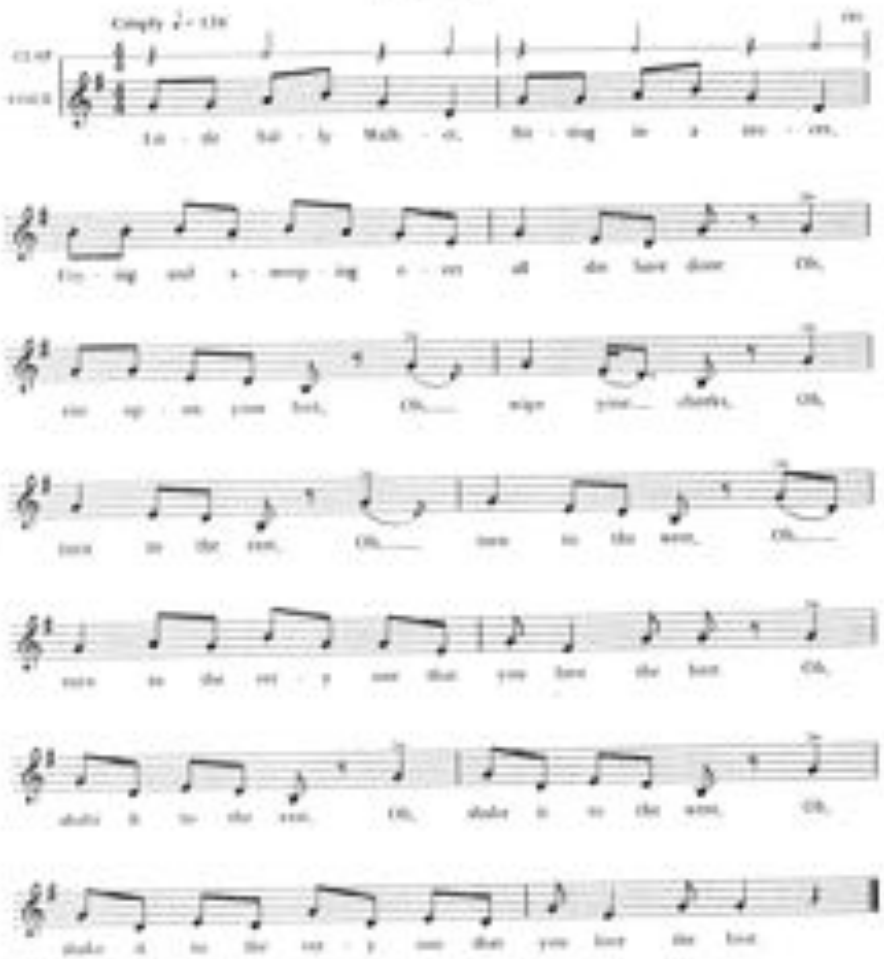
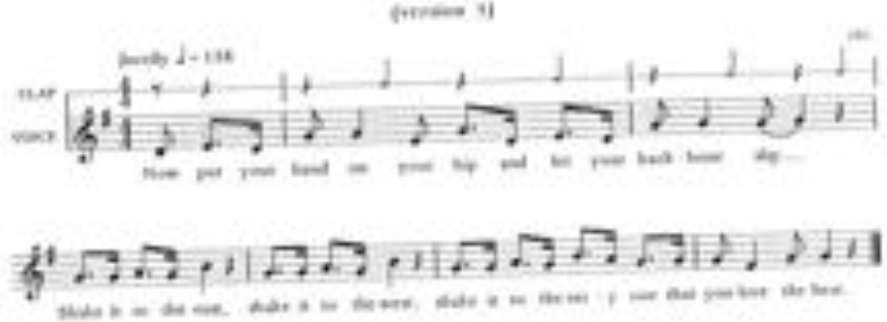
(version 2)



New words and new music adaptation by Bessie Jones; collected and edited with additional new material by Alan Lomax. TRO - © copyright 1972 Ludlow Music, Inc., New York, N.Y. Used by permission.

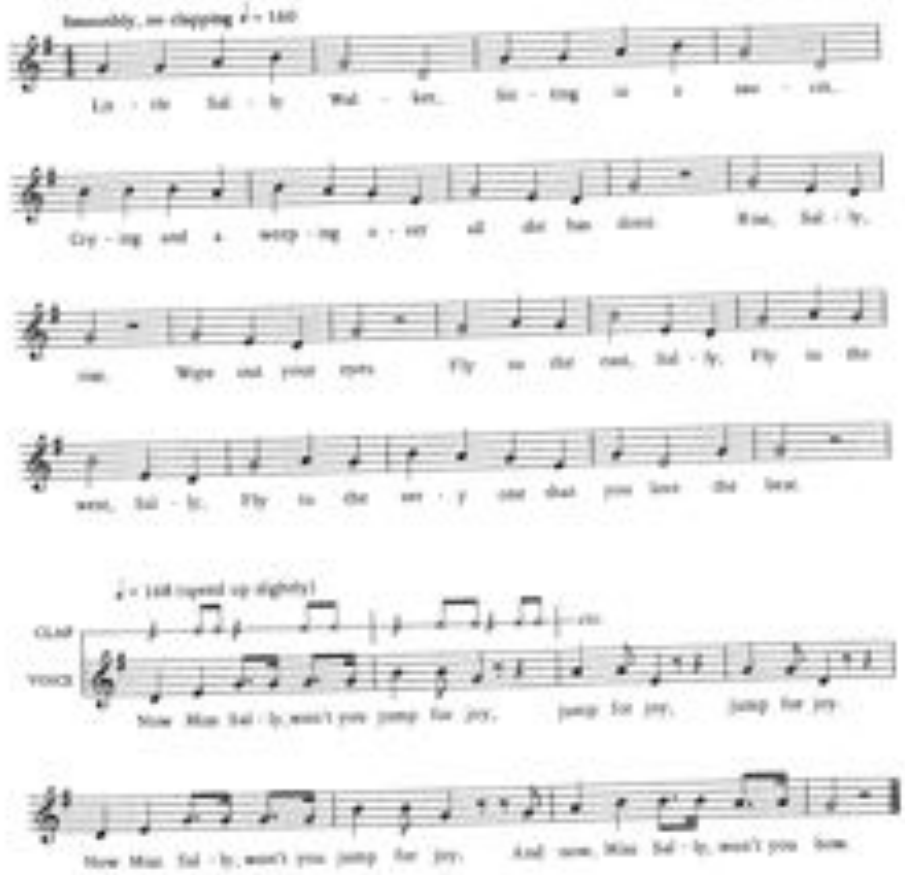
(version 3)



33

Little Sally Walker

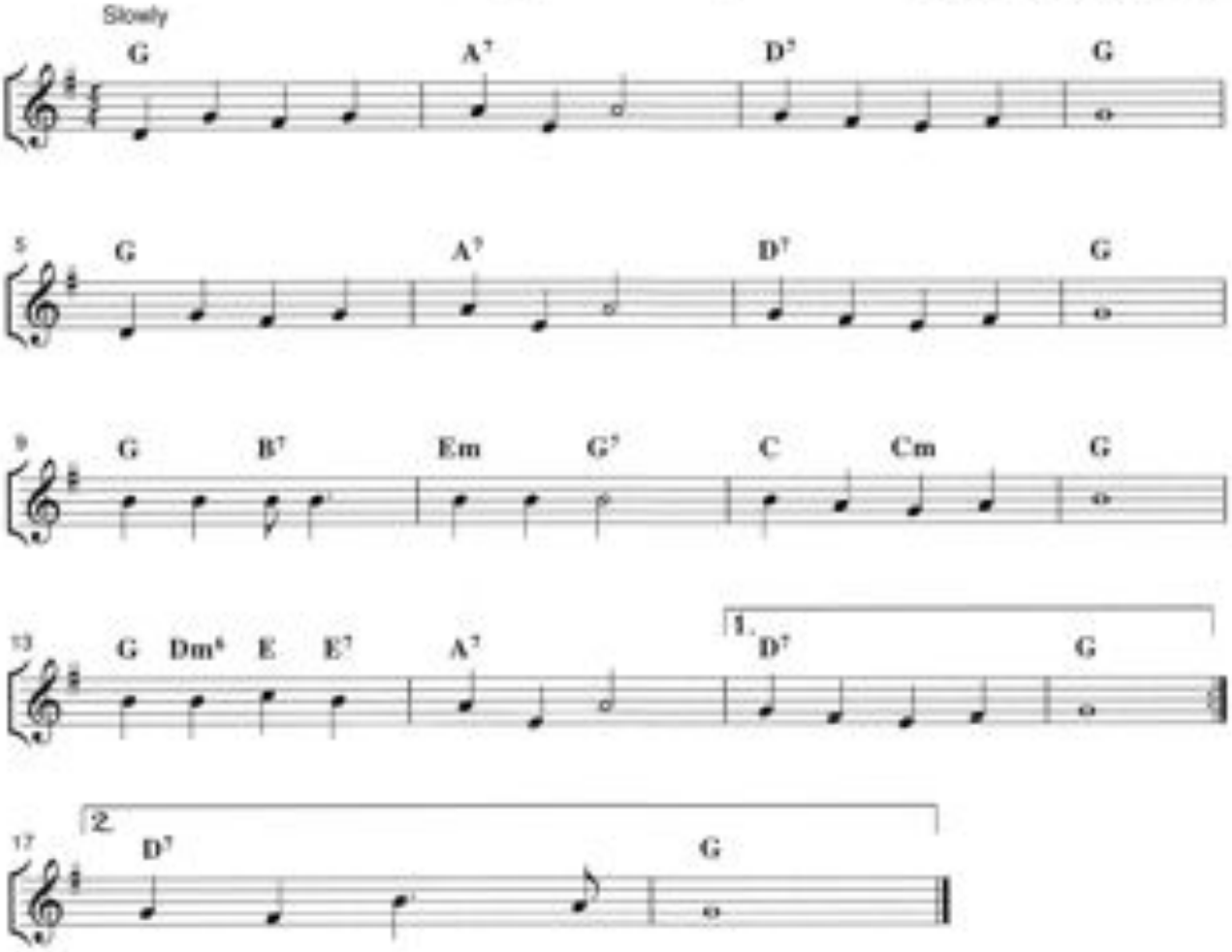
(version 1)



Love me tender

(sung by Elvis Prelsey)

Traditional tune of "Aura Lee"



Michael Row The Boat Ashore

Spiritual (1867)
Arranged William Wallace
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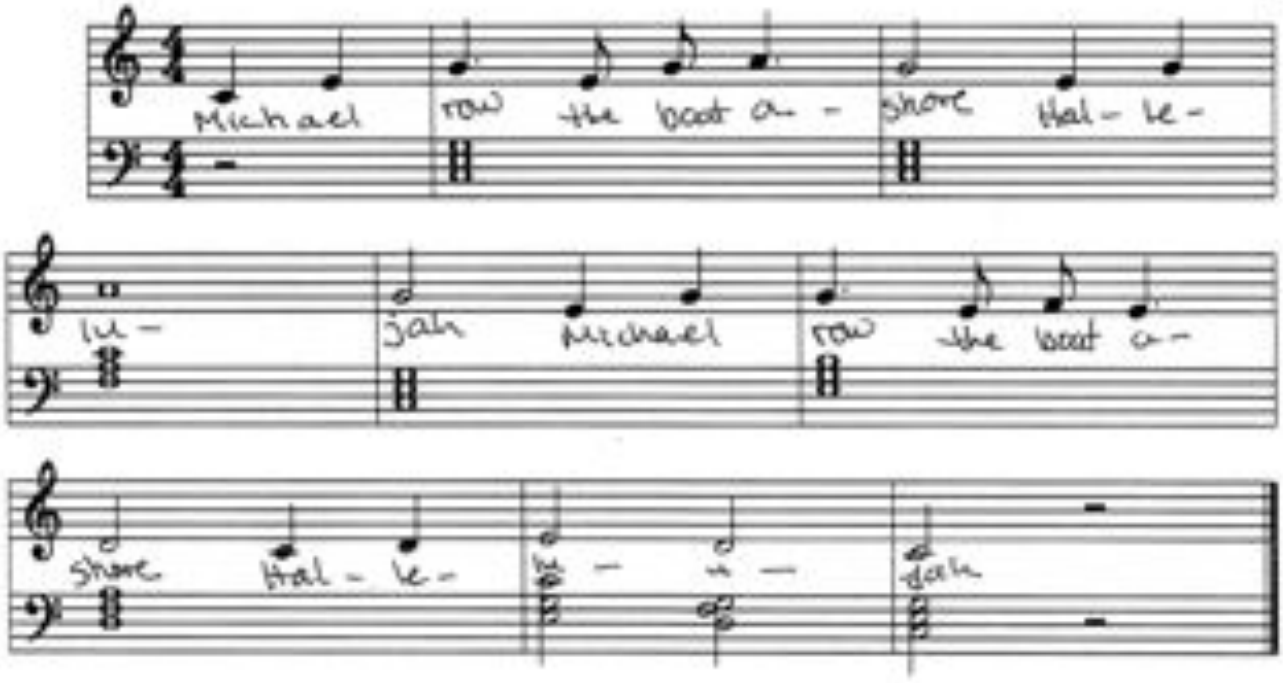

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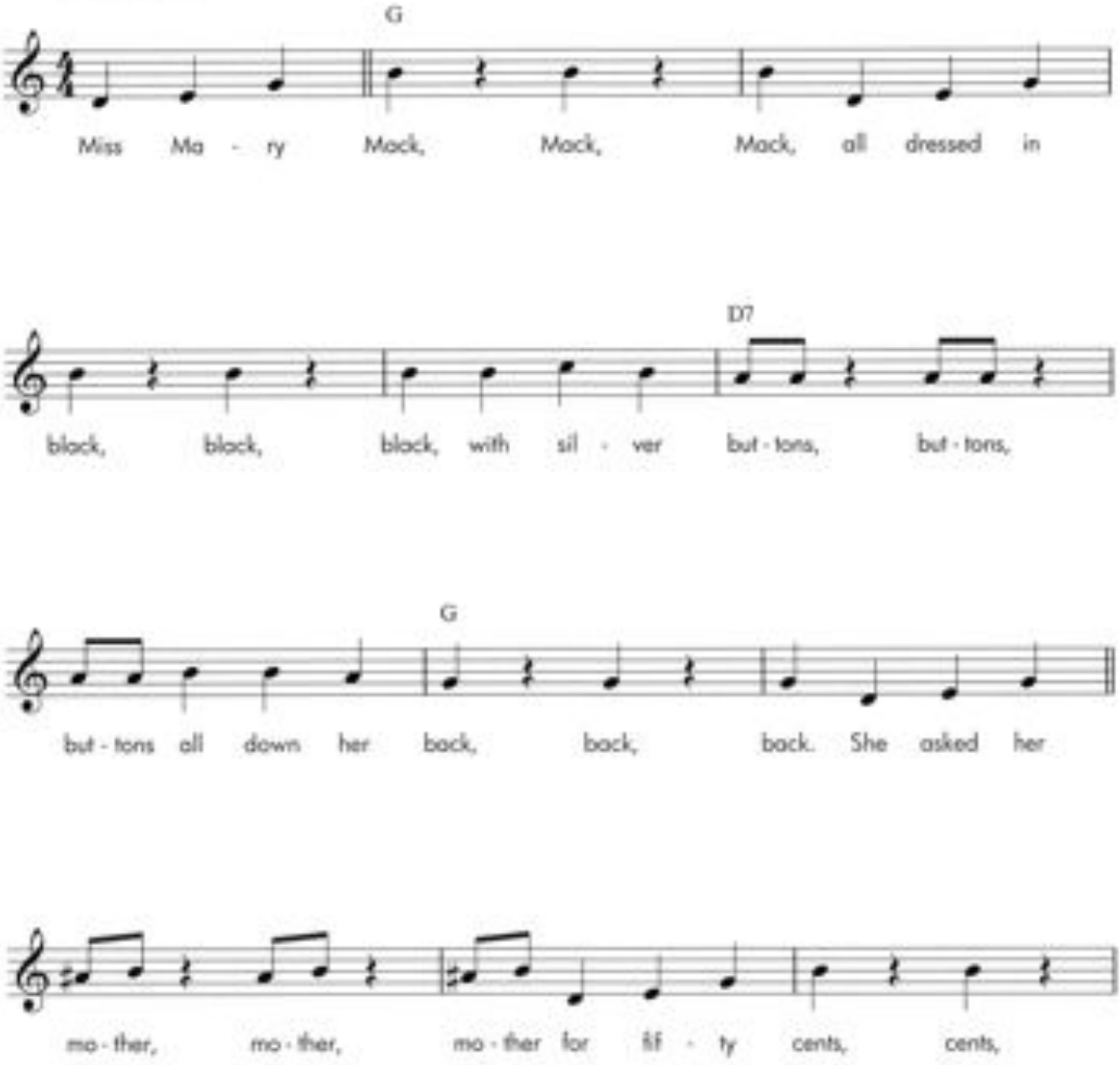
Miss Mary Mack

①

Children's Song



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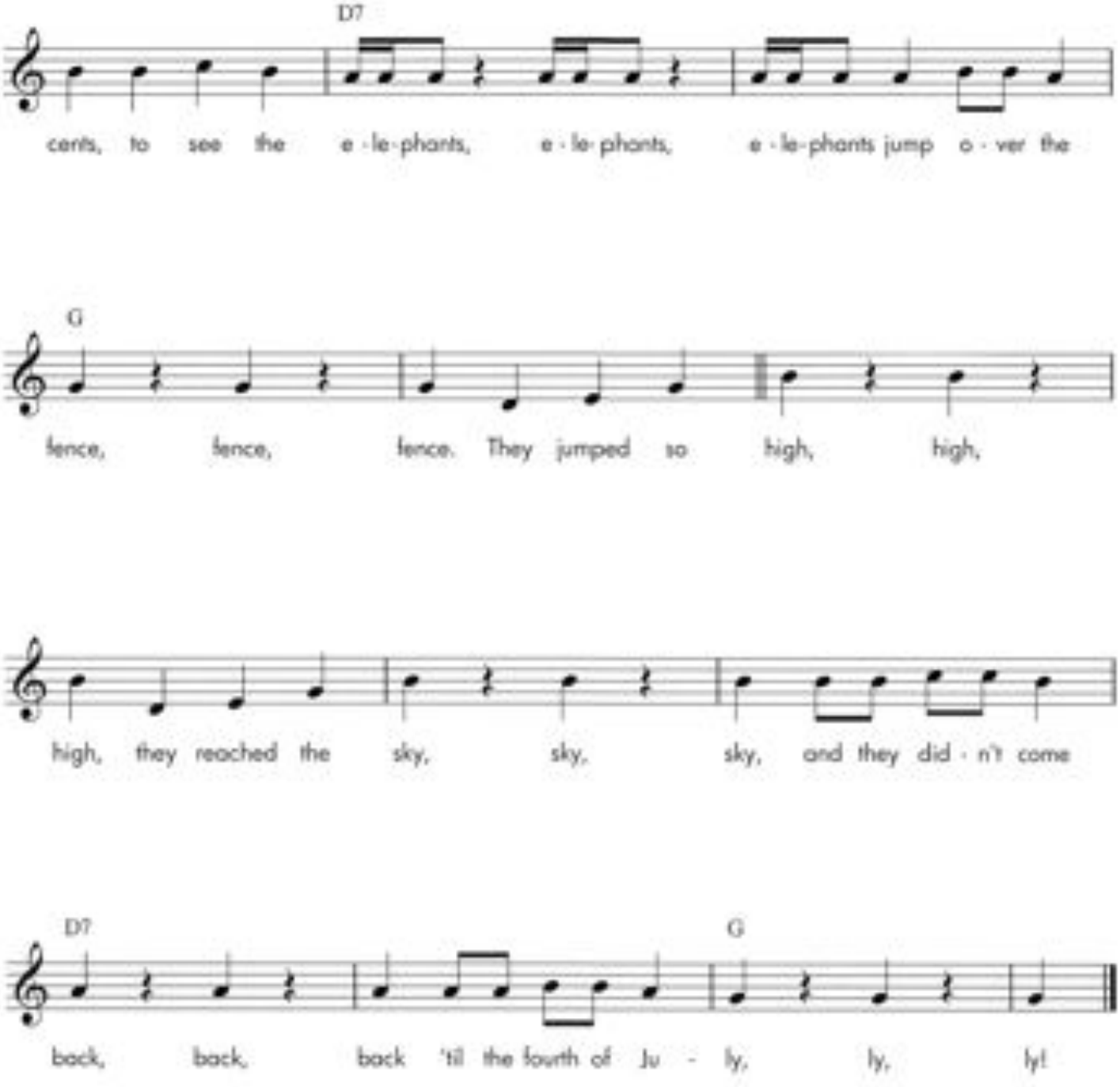

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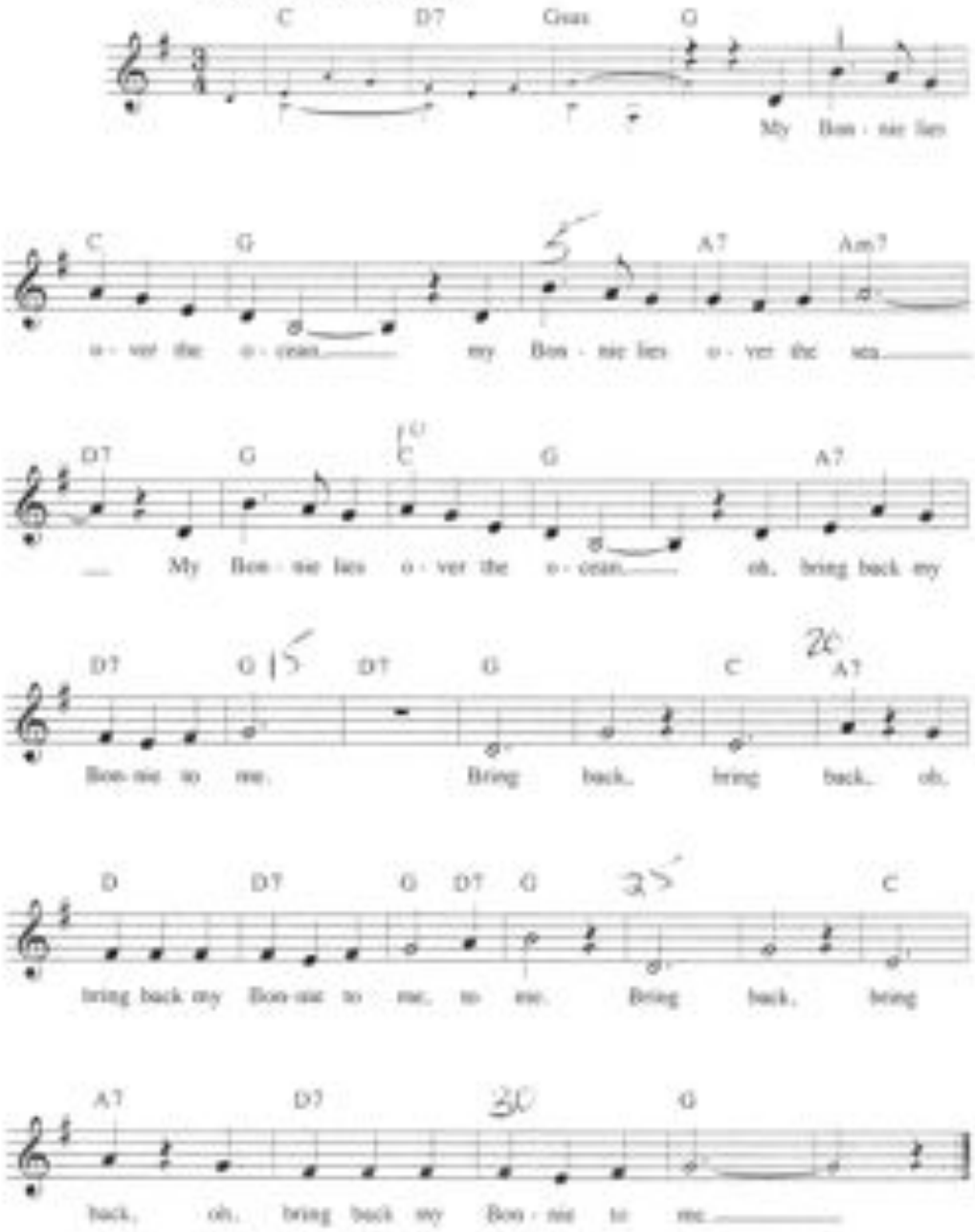
My Bonnie Lies Over the Ocean

Traditional

Moderate waltz tempo



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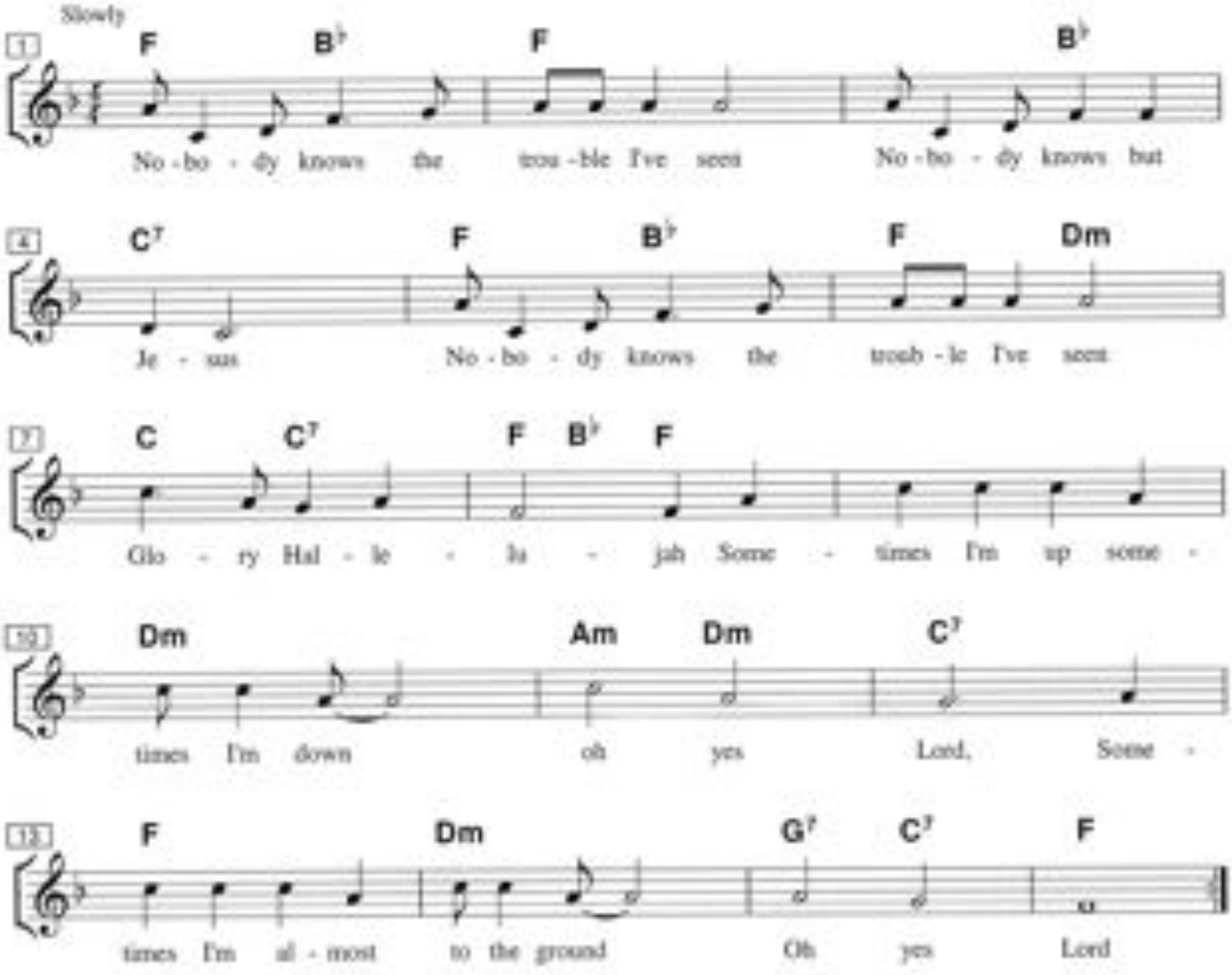
Nobody knows the trouble I've seen

Traditional Spiritual



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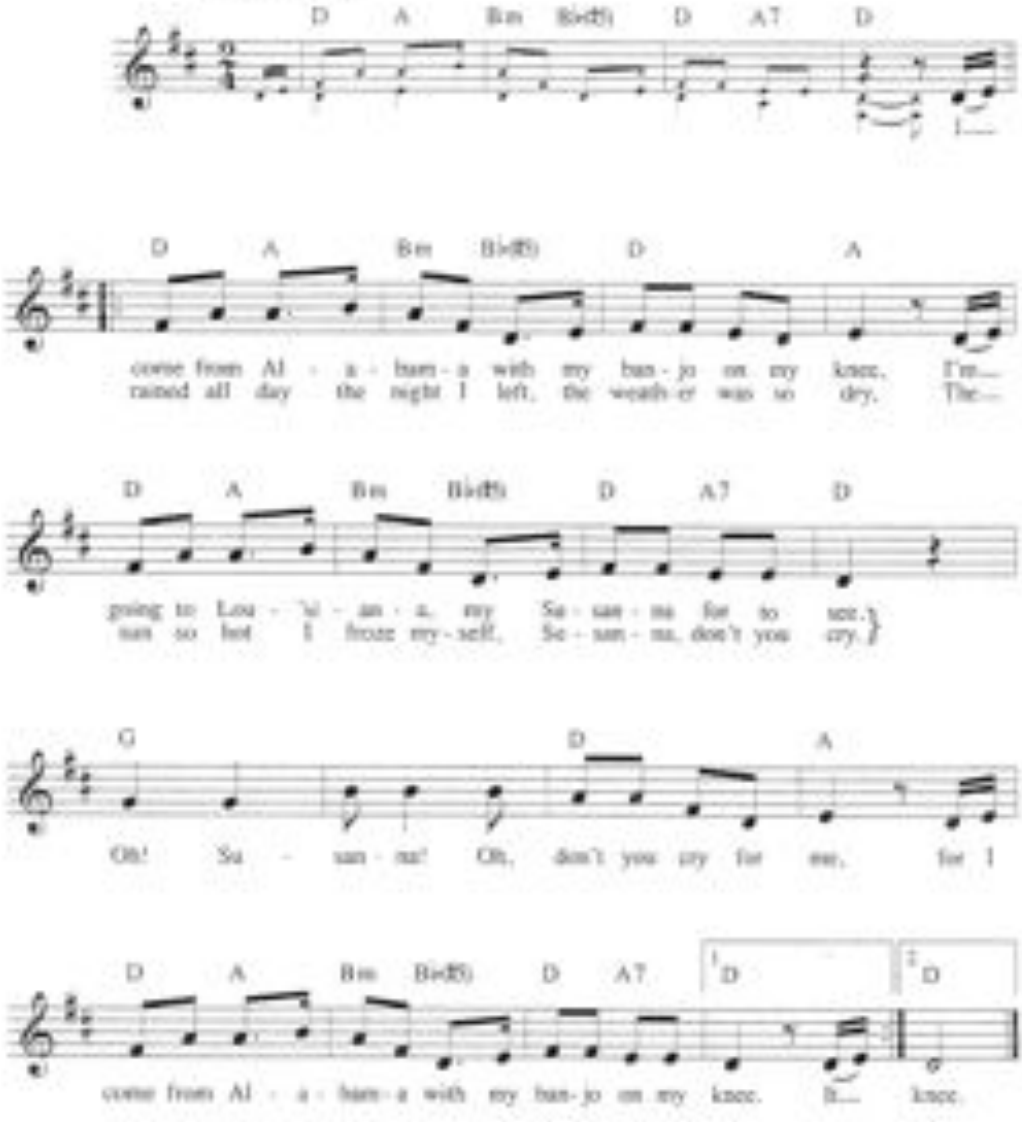
Oh! Susanna

Words and Music by
STEPHEN COLLINS FOSTER

Moderately



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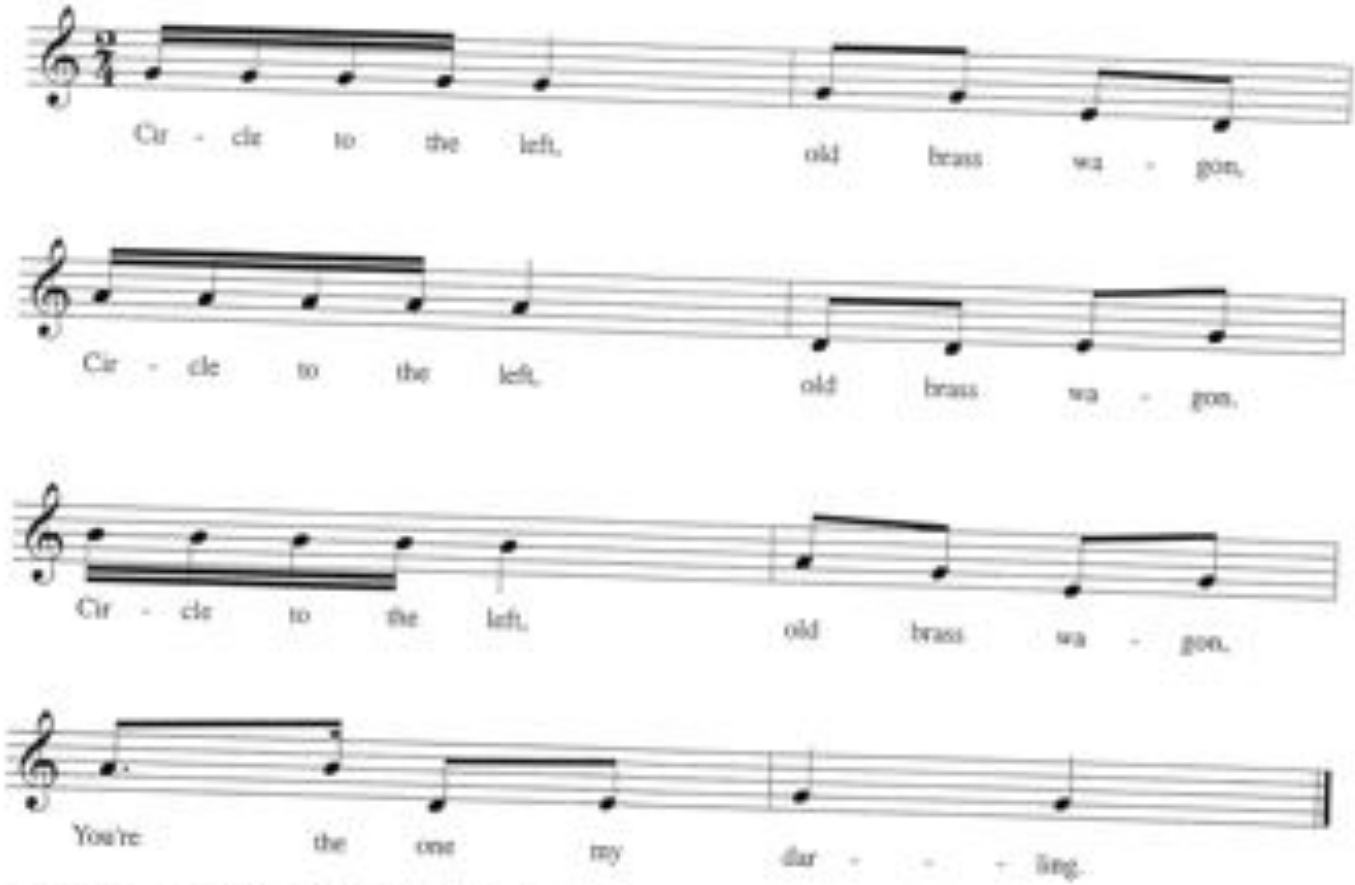
Old Brass Wagon

cap A



2. Circle to the right, old brass wagon (sing 3 times)
   You're the one my darling.
3. Wring the dishrag..... (this verse from Bruce Swank)
4. Do - si- do ..... (I added this verse)
5. Skipping all around.....
6. Promenade home.....

Game Directions

Students form a circle holding hands.
Verse one - circle left, feet to beat
Verse two - circle right
Verse three - wring the dishrag
Verse four - do si do
Verse five - swing your partner
Verse six - skating hand position and promenade right.

Variation - students for groups of 4 partners (8 people) and dance in "squares"

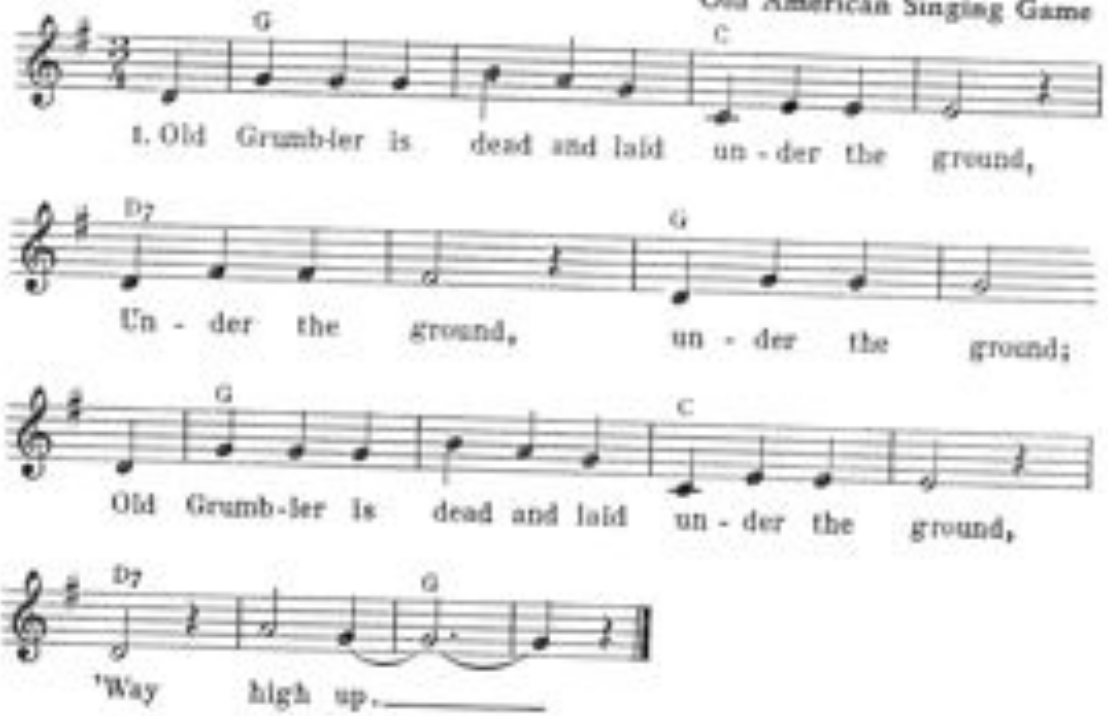
Source - Heath, Carol *The Song Garden III* KMTI 1984 page 18

Classroom Use
low la and low so practice
ti ka ti ka

OLD GRUMBLER

Traditional

Old American Singing Game



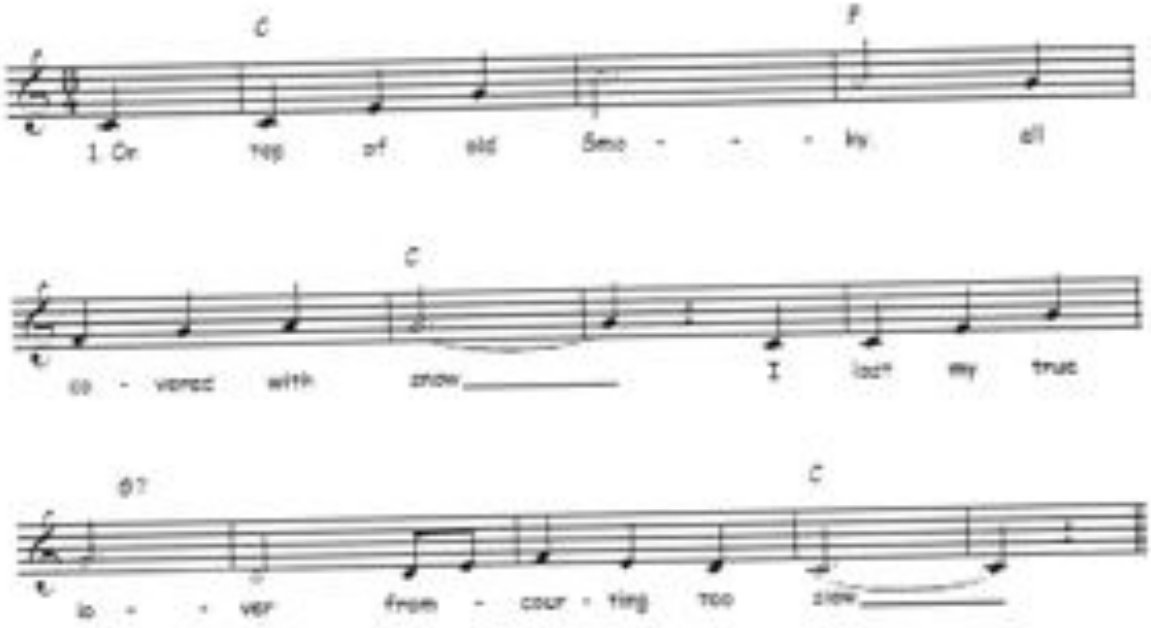
2. His saddle and bridle lay under the shade.
3. There stood an old apple tree over his head.
4. The apples were ripe and ready to drop.
5. There came an old lady a-picking them up.
6. Old Grumbler he rose and he gave her a knock.
7. That made the old lady go hippety-hop.
8. She hippety-hopped to Strawberry Hill.
9. And there she sat down and made her will.
10. If you want any more, you'll sing it yourself.

Accompaniment may be played on the 5-bar Autoharp in key of F.

Words and melody from *New Music Horizons*, Book IV, edited by Osbourne McConathy and Others, copyrighted 1945; by special permission of the publishers, Silver Burdett Company, New York.

ON TOP OF OLD SMOKY

American folk song



On Top of Old Smoky

On top of old Smoky, all covered with snow
I lost my true lover from courting too slow

Though courting's a pleasure and parting is grief
A false-hearted lover is worse than a thief

For a thief will just rob you and take what you have
But a false-hearted lover will lead you to the grave

The grave will decay you and turn you to dust
Not one boy in a thousand a poor girl can trust

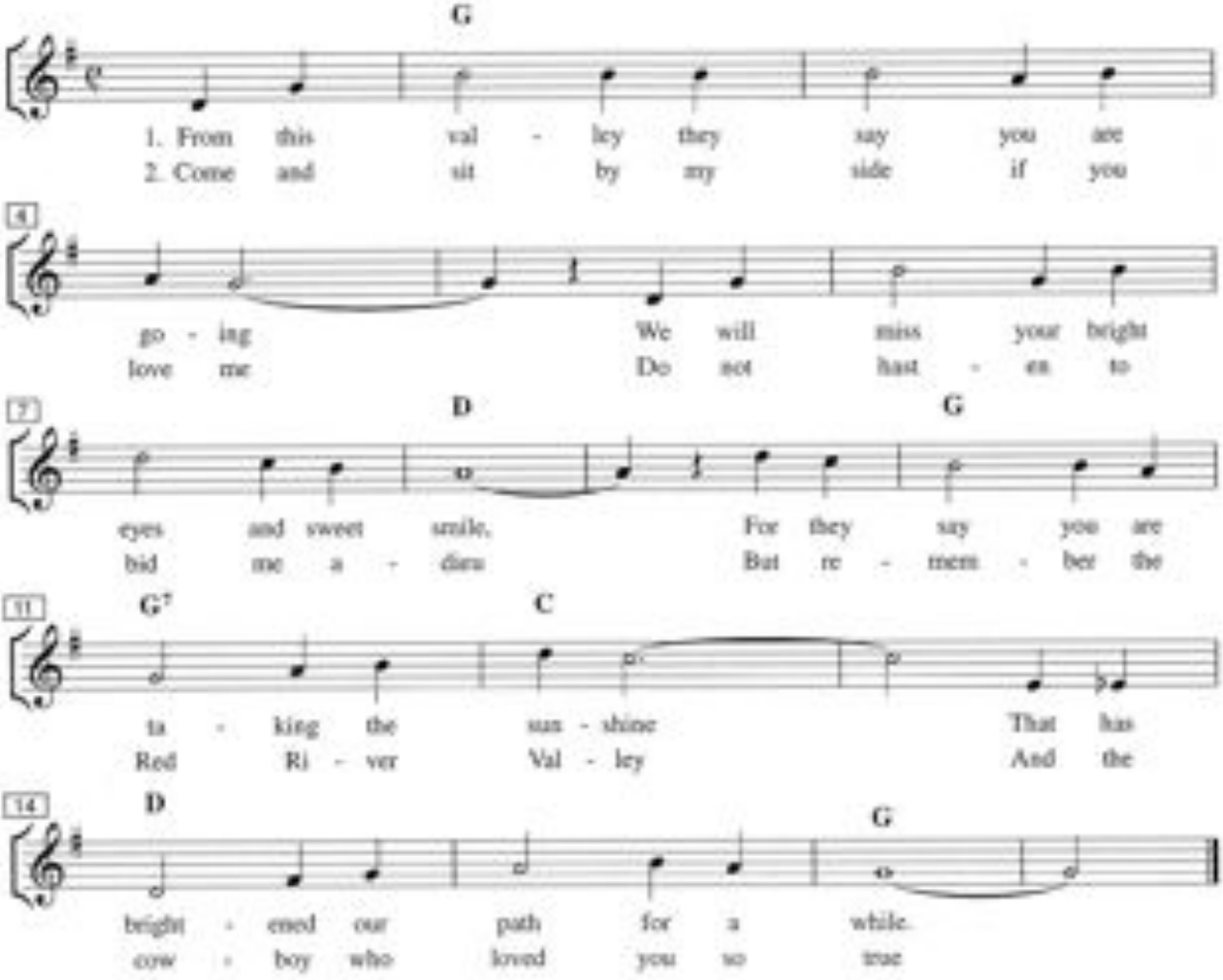
He'll hug you and kiss you and tell you more lies
Than cross-ties on a railroad or stars in the skies

On Top of Spaghetti

```
G          C                    G
On top of spaghetti, all covered with cheese,

              D7                    G
I lost my poor meatball when somebody sneezed.

                 C                   G
It rolled off the table and onto the floor.

                 D7                          G
And then my poor meatball rolled right out the door.
```

Red River Valley

Traditional Cowboy song



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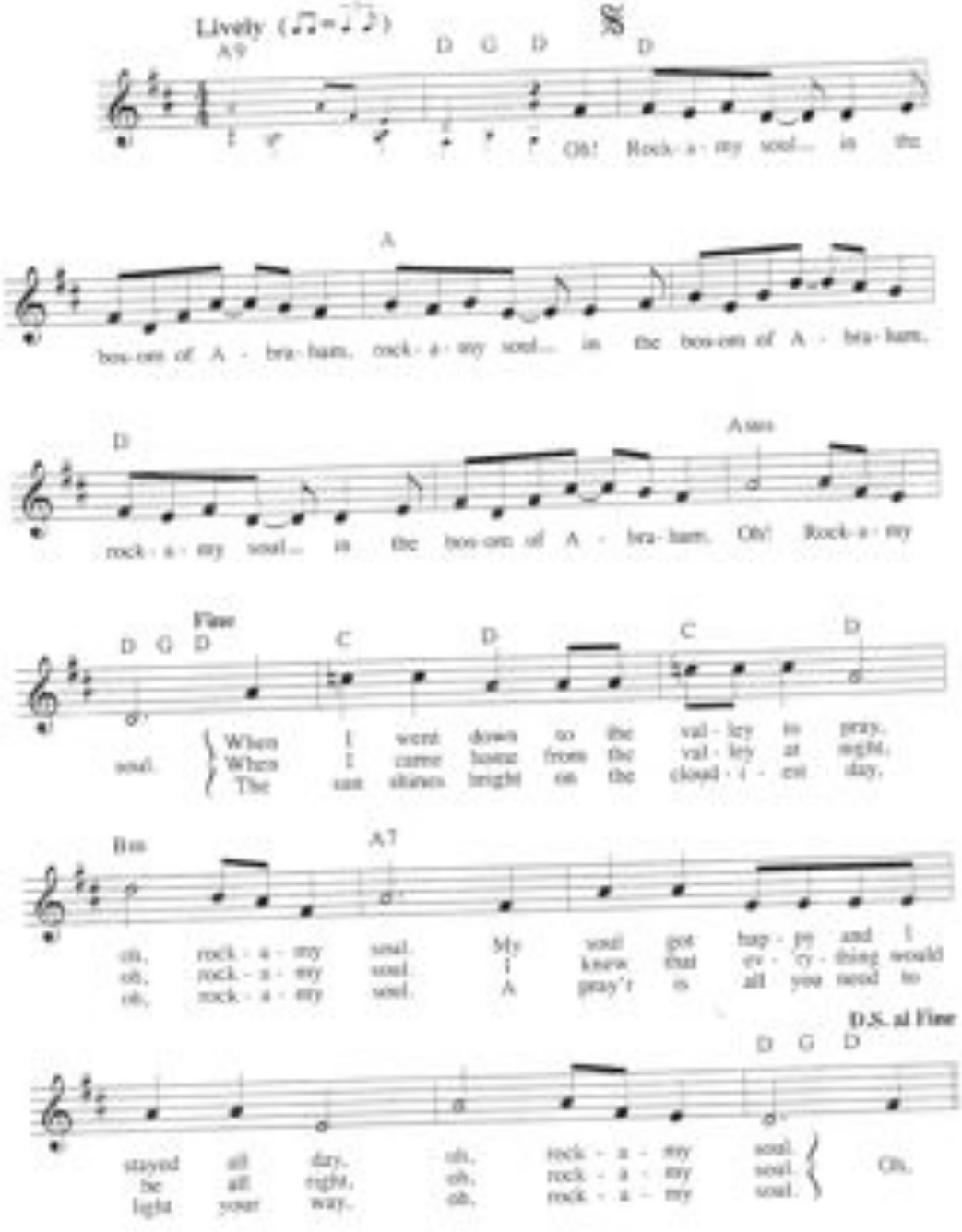
Rock-A-My Soul

African American Spiritual



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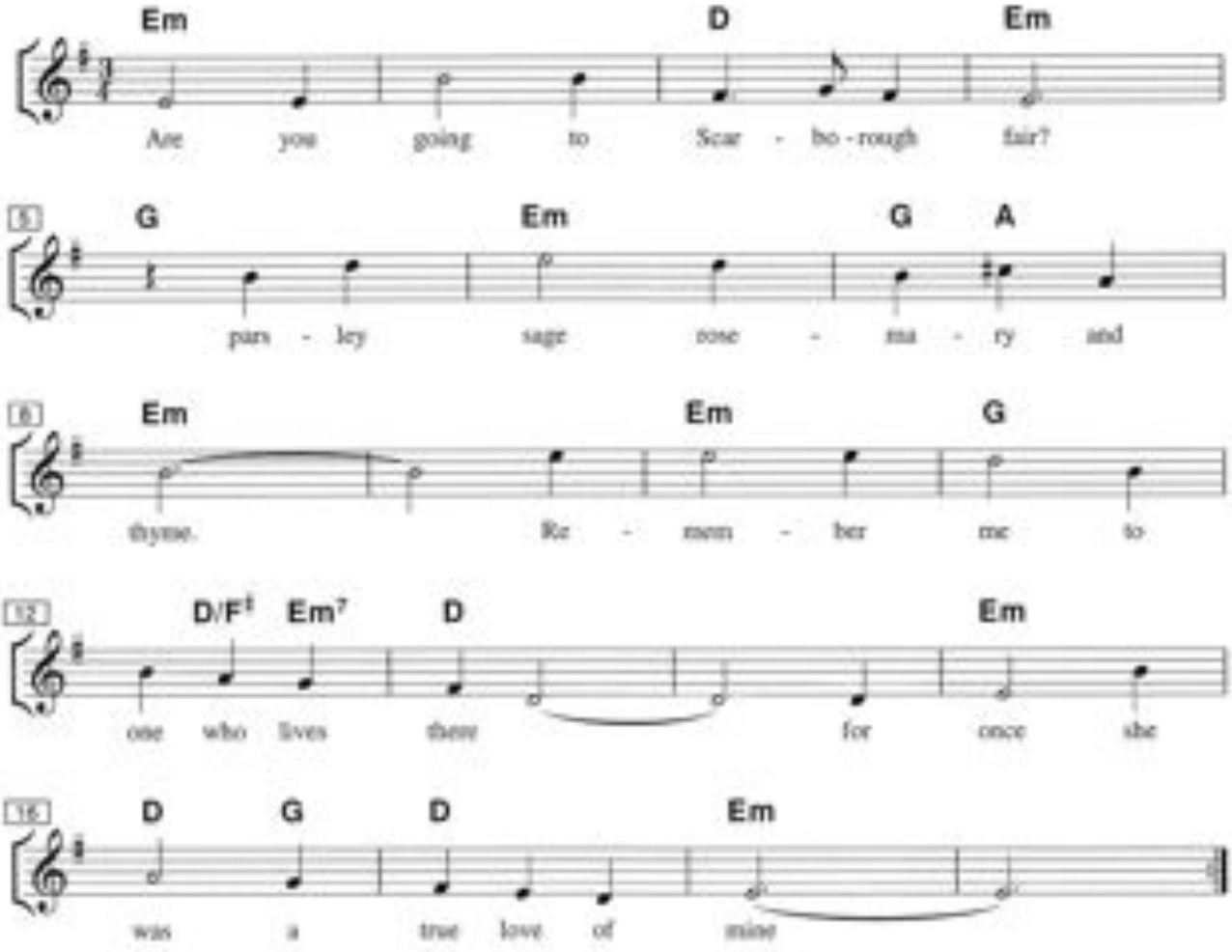
Scarborough Fair

Traditional



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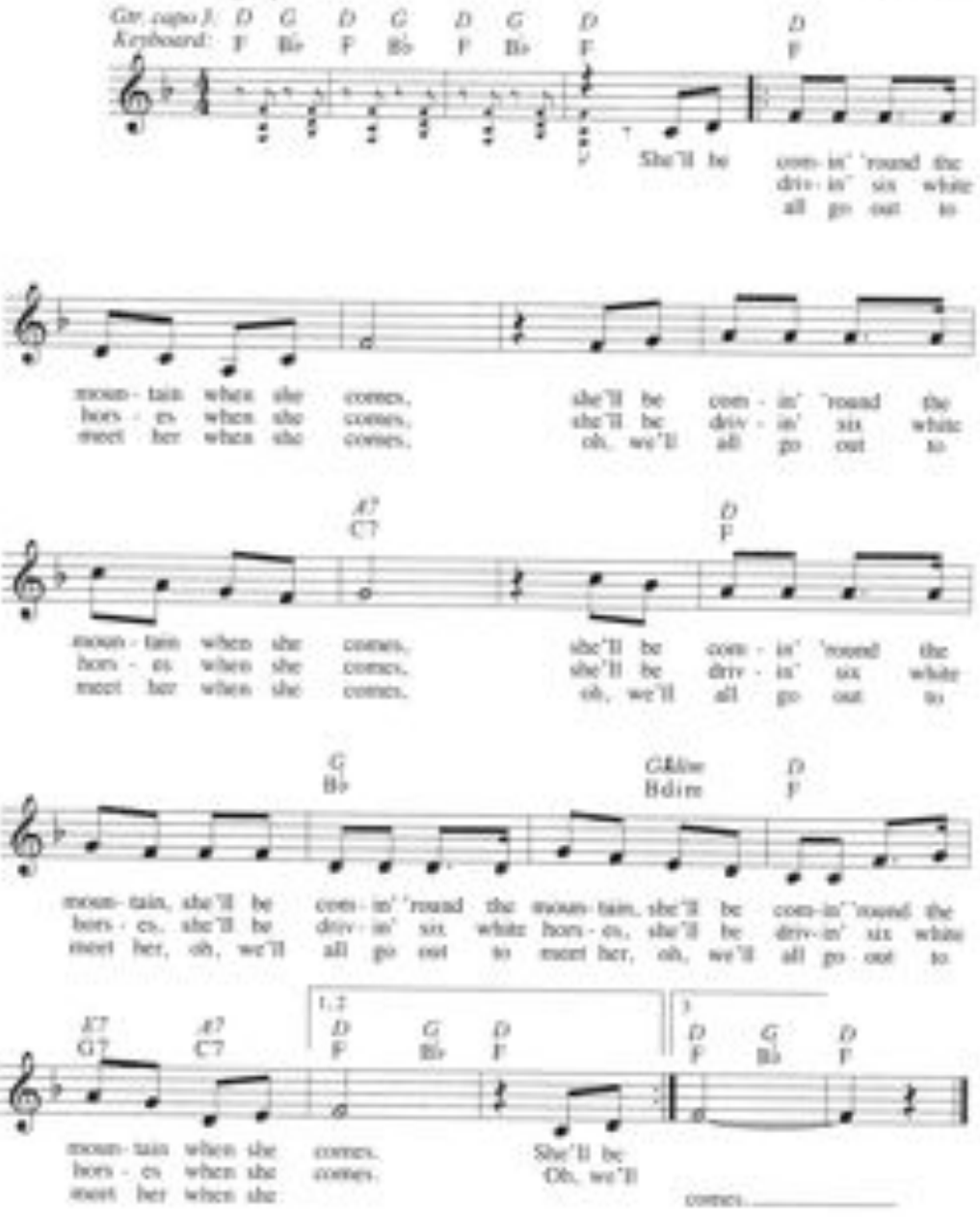
She'll be Comin' 'Round the Mountain

Traditional

Brightly



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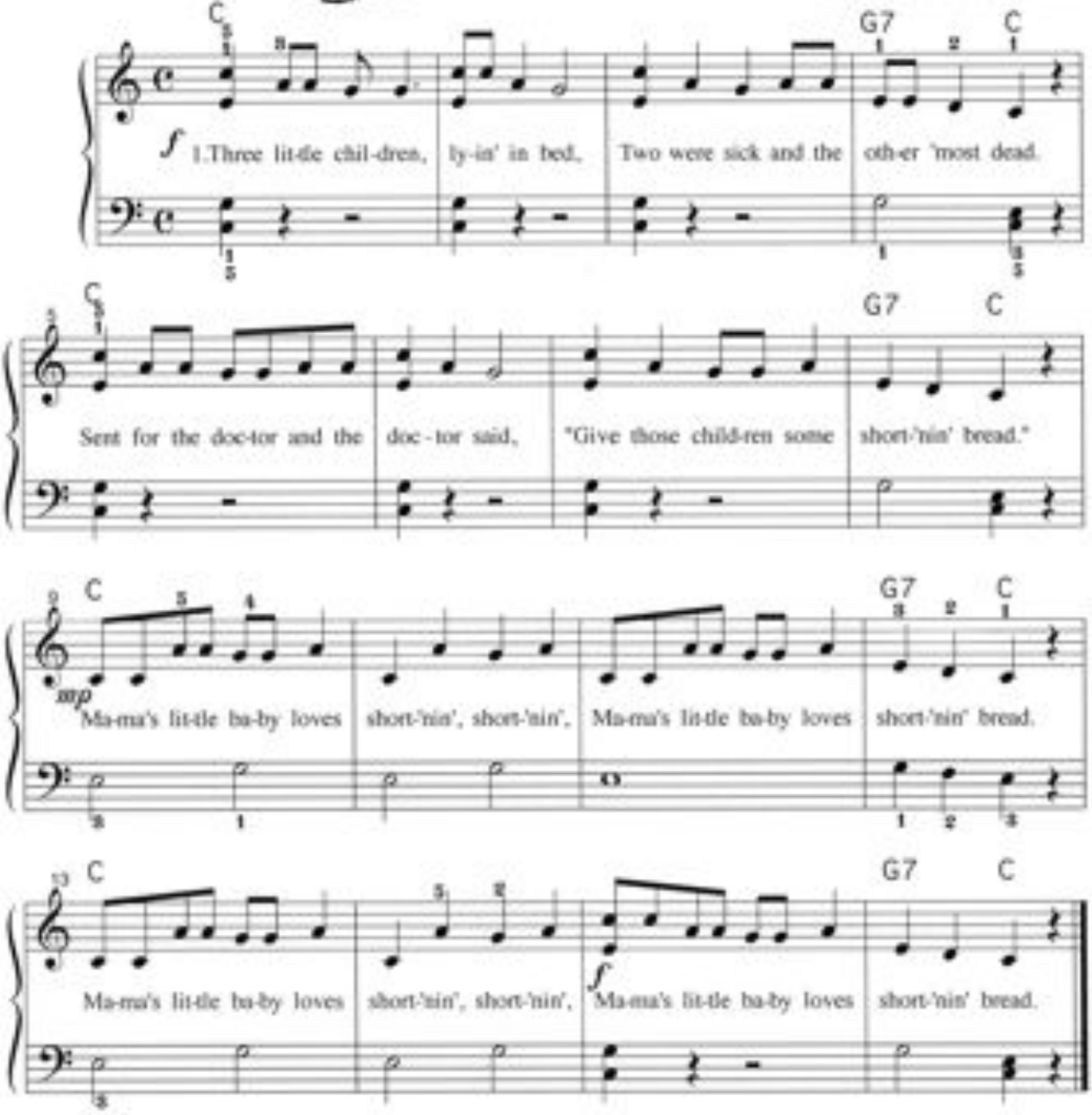
Short'nin' Bread

Arr: Gilbert DeBenedetti



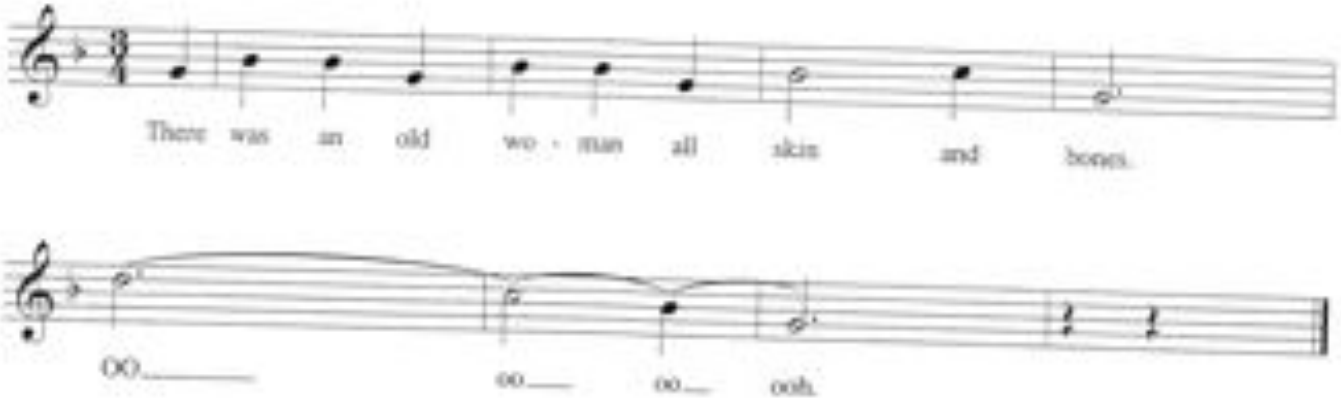
2. Put on the skillet, slip on the lid,
Mama's gonna make a little short'nin' bread.
That ain't all she's gonna do,
Mama's gonna make a little coffee, too.
Mama's little baby loves...

3. When those children, sick in bed,
Heard that talk about short'nin' bread,
Popped up well to dance and sing,
Skipped around and cut the pigeon wing.
Mama's little baby loves...

More sheet music at:
www.gmajormusictheory.org

Skin and Bones

clp F



2. She lived down by the old graveyard.
   Oo-oo-oo-oh!
3. One night she thought she'd take a walk.
   Oo-oo-oo-oh!
4. She walked down by the old graveyard.
   Oo-oo-oo-oh!
5. She saw the bones a-lyin' around.
   Oo-oo-oo-oh!
6. She went to the closet to get a broom.
   Oo-oo-oo-oh!
7. She opened the door and...BOO!

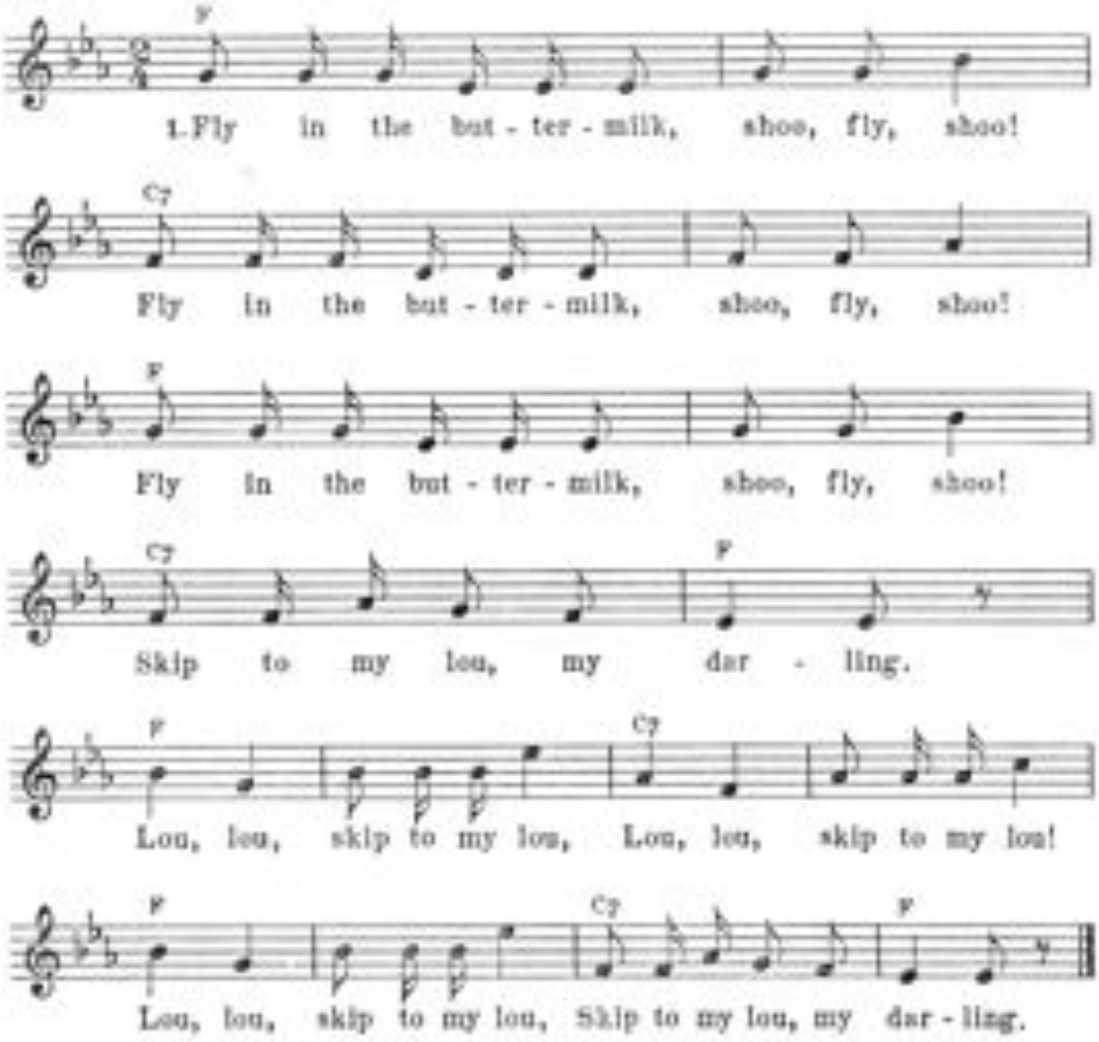
Source - Heath, Carol The Song Garden II KMTI 1984 page 46

Classroom Use -

low la
dynamics - decrescendo
3 meter

SKIP TO MY LOU

Folk Song from Tennessee



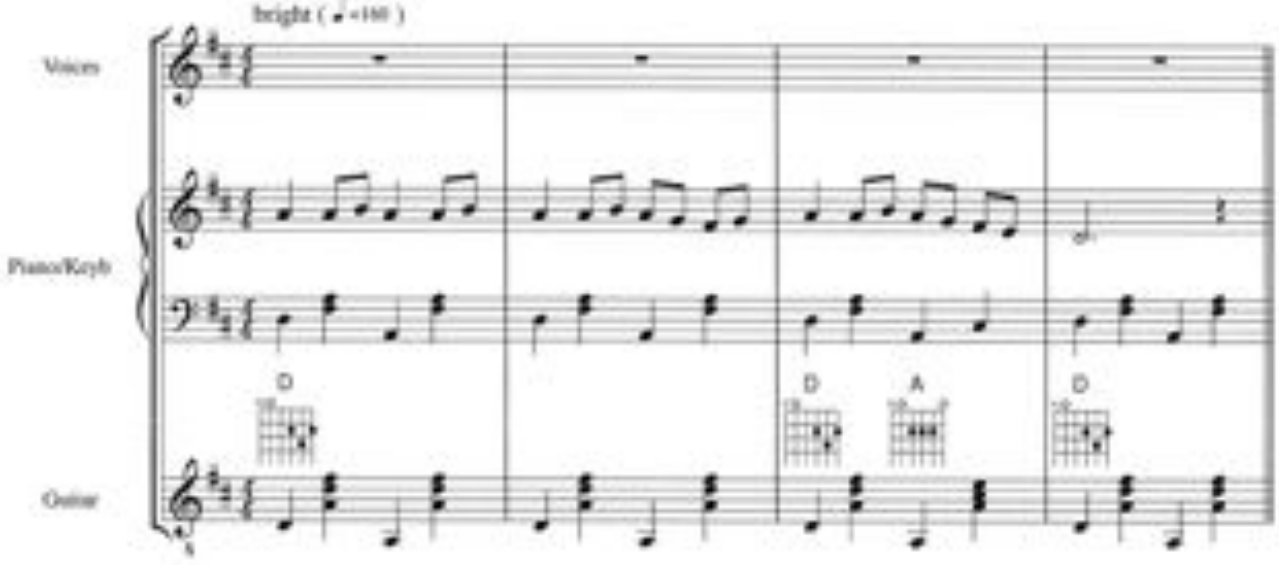
2. Going to Texas, two by two.
3. Lost my partner, what'll I do?
4. I'll get another, prettier than you.
5. Can't get a red bird, a blue bird'll do.
6. Chickens in the haystack, two by two.
7. Pig's in the fence, and can't get through.
8. Hurry up, slow poke, do and do.
9. Skip a little faster, this'll never do.
10. Little red wagon, painted blue.
11. Back from Texas, how do you do?

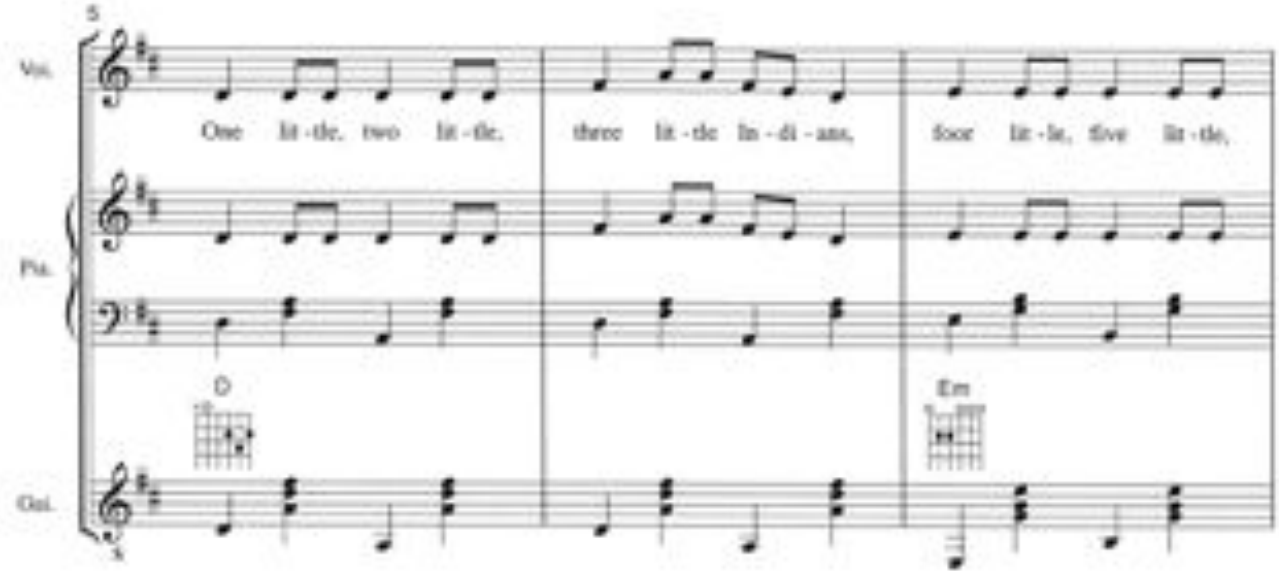
Words and melody from *The American Singer*, Book II, edited by John W. Beattie and Others, copyrighted 1944; by special permission of the publishers, American Book Company, New York.

Ten Little Indians

Children's Song

Trad.
arr: Jan Wolters





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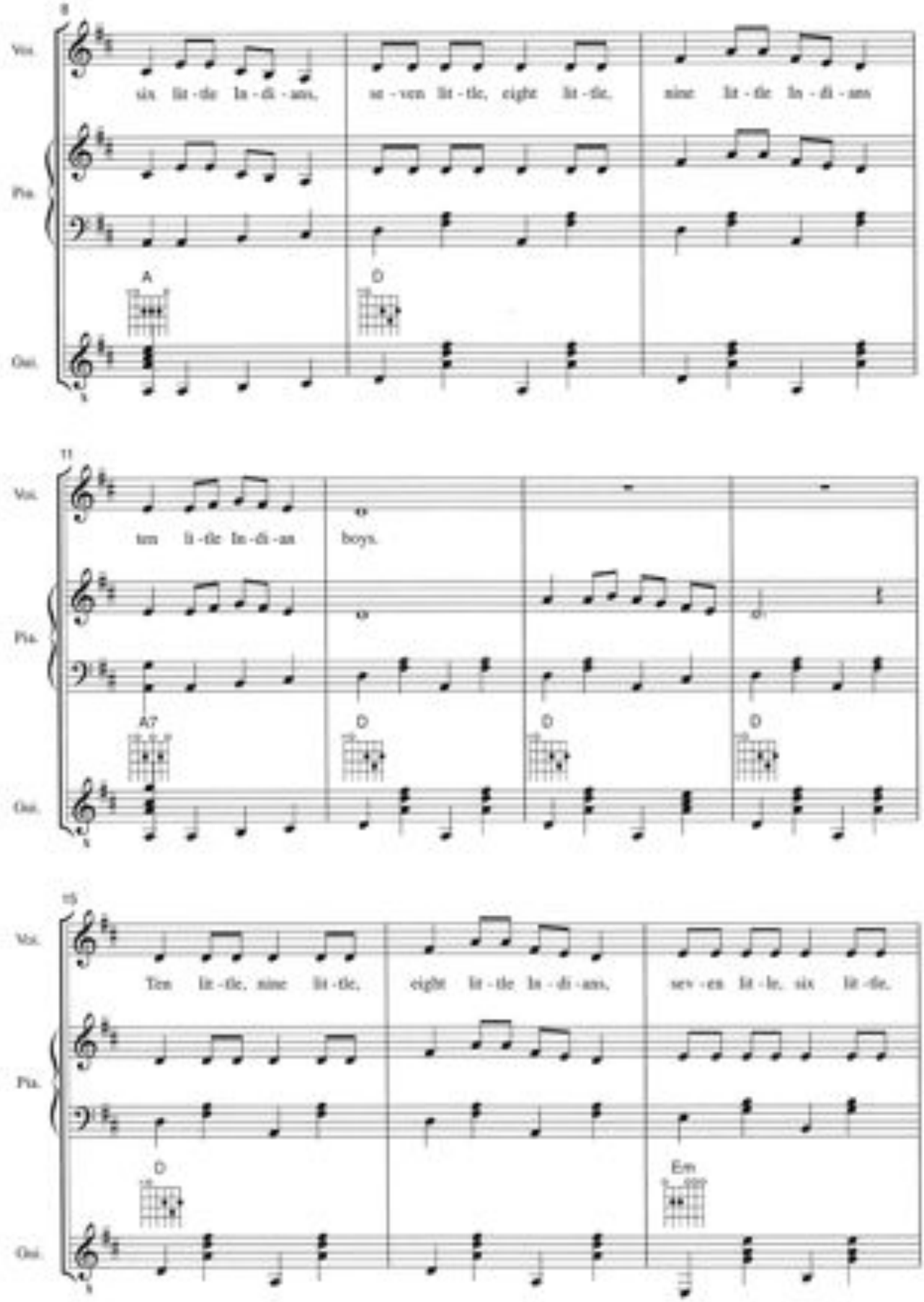

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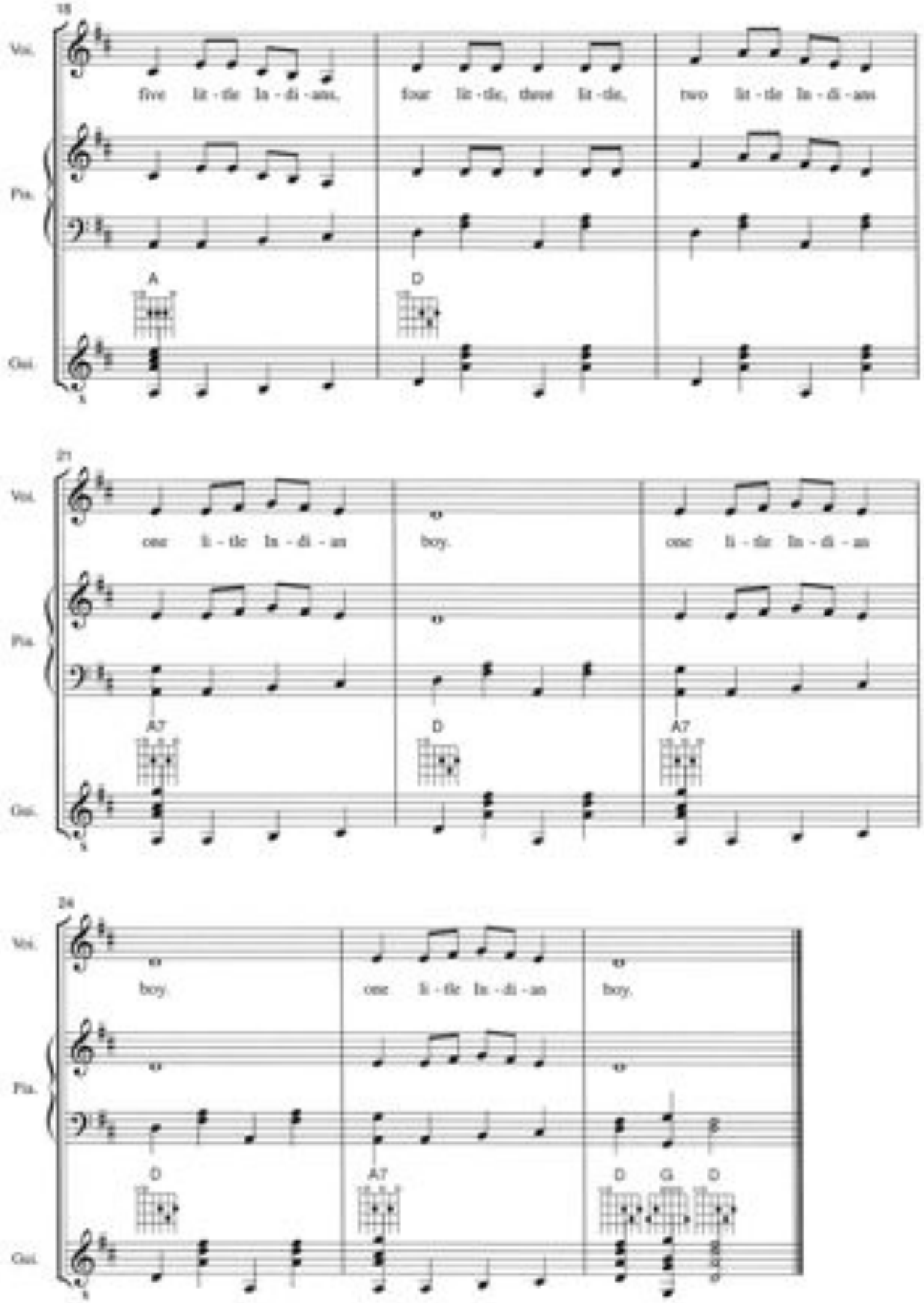

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THE CUP GAME

Bruce Swank - presenter TRIKE, 1/20/95
as learned from Dan Lefevre, Univ. of St. Thomas, MN, June, 1995

SUGGESTIONS:

1. *Use 16 - 24 oz. heavy plastic cups (Solo & light plastic ones crunch too easily)*
2. *Teach the pattern to your students where they are in a group and you are facing them. I have found that the students find it more difficult if they are seated in a circle during their initial viewing of the motions. It works best if you mirror the motions (demonstrate it backwards) for the students to copy initially without the cups. Once they have the pattern basically "in hand", then introduce the cups.*

(SPOKEN WORDS TO ASSIST LEARNING GAME MOTIONS)

Clap	Clap	tap on the	cup
Clap	up	down	ZY
Clap	twist	pop	floor
Switch	hand down	cross	ZY (R)

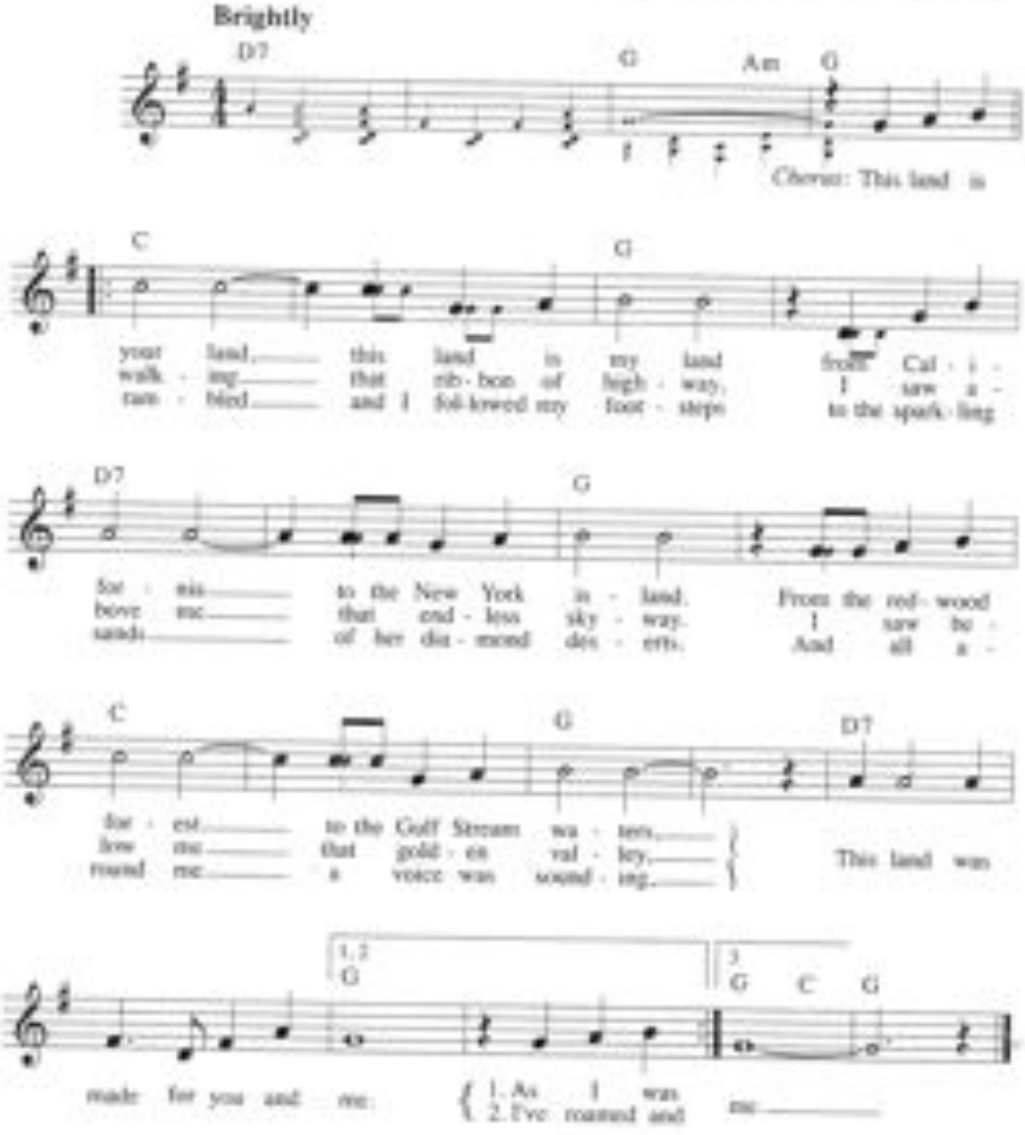
DIRECTIONS: (Position of cup is upside down) (Students are seated with legs crossed)

1. *Beats 1-4 are self explanatory*
2. *Beats 6&7 (pick up and put down cup with right hand)*
3. *Beat 10 (corkscrew twist right hand counterclockwise and pick up cup)*
4. *Beat 11 (twist cup right-side up and hit top with palm of left hand)*
5. *Beat 12 (with cup still in right hand, tap the bottom of cup on the floor)*
6. *Beat 13 (twist right hand clockwise (palm facing up), and transfer the cup, bottom end first to the left hand)*
7. *Beat 14 (take "free" right hand and place on floor in front of left knee)*
8. *Beat 15 (with cup in left hand, extend arm and place cup on floor (lip of cup down) as far right as possible.*

I like to use the song "I've Been to Haarlem" also known as "Turn the Glasses Over" to accompany the game. The students enjoy gradually getting faster and faster until all falls into chaos. Could be used as an elimination game as well.

This Land is Your Land

Words and Music by WOODY GUTHRIE



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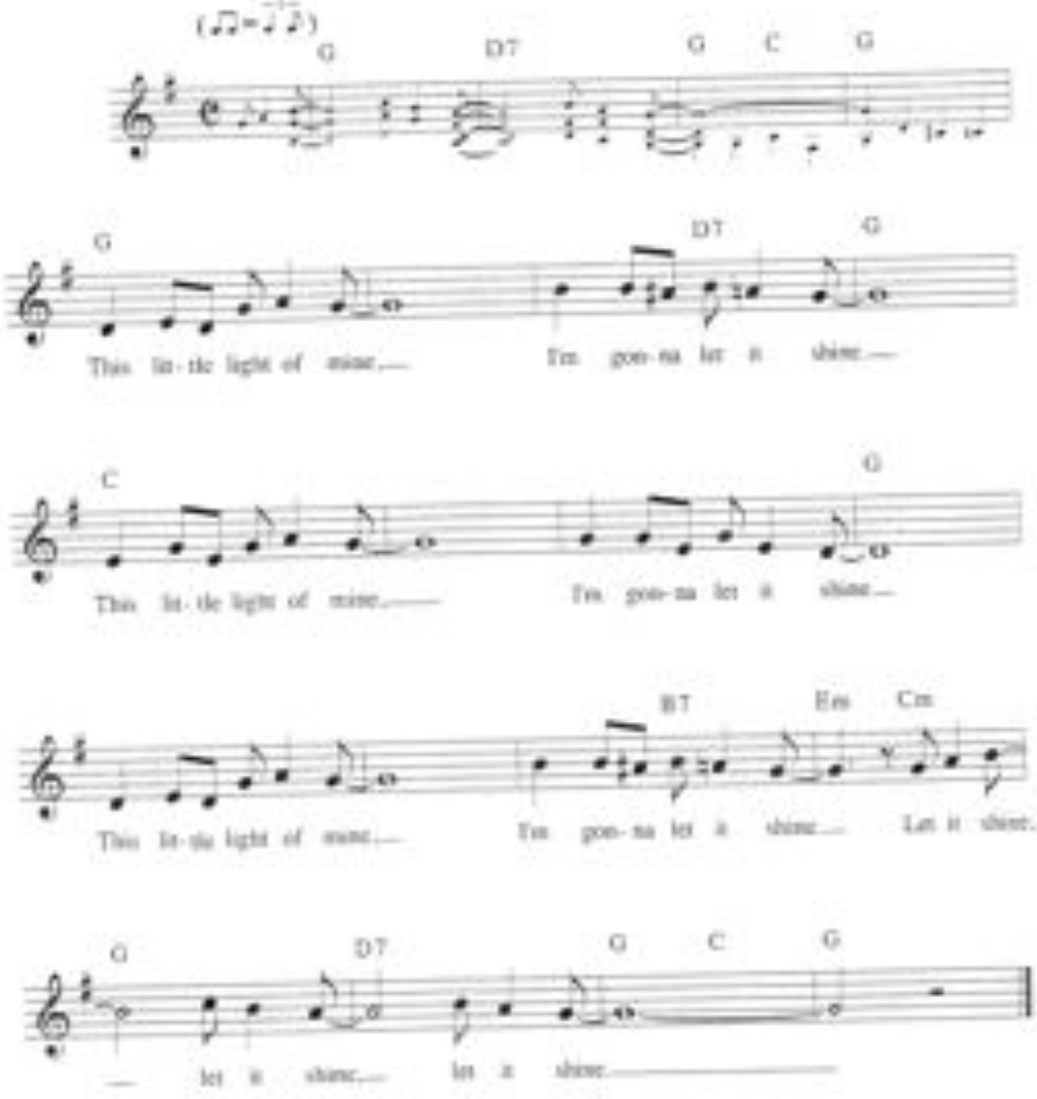
This Little Light of Mine

African American Spiritual



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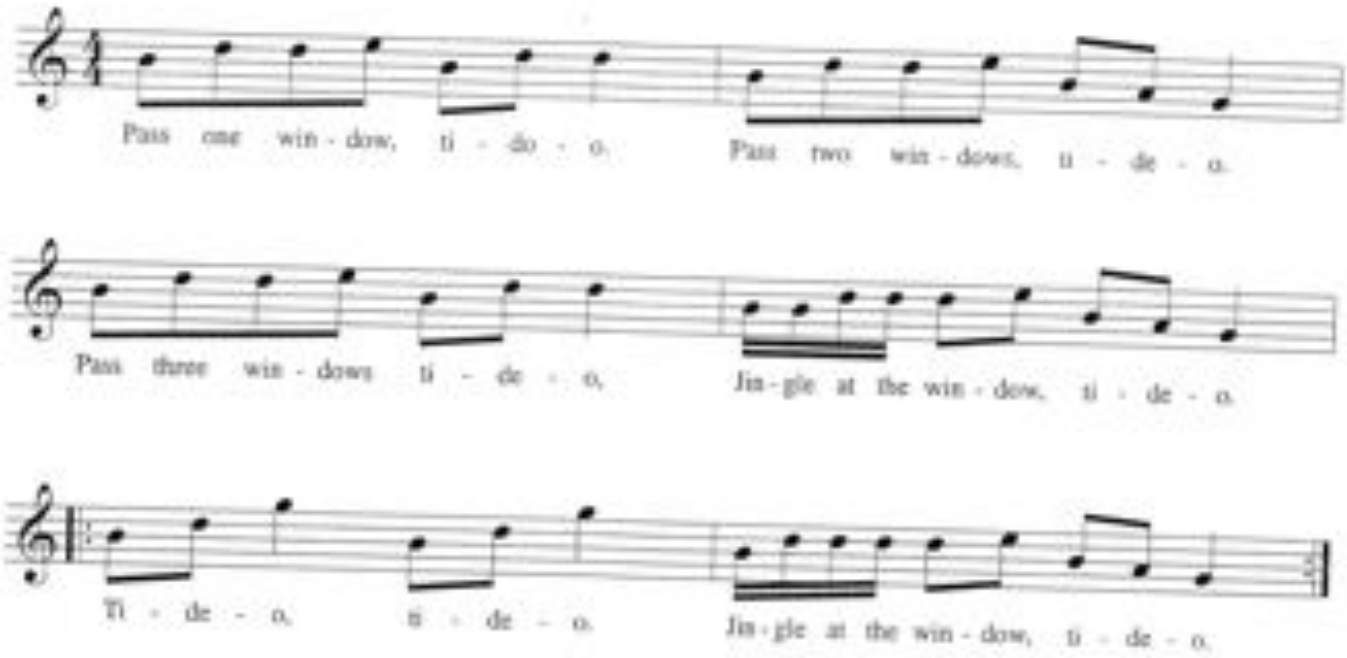
Tideo

csp F



Game Directions

Caterpiller Game - Children stand in a circle. When song begins, circle right, stepping feet to the beat. Head partners make an arch. Next partners go under arch, then make another arch. When last partners go under head partners' arch, head partners join hands with last partners to remake circle.

Double Circle Game - Student are in a double circle formation. Inner circle stays stationary for the verse while outside circle moves. Outside circle moves one person to the right 4 times. (Most of the time it is on the word "pass" with the exception of the last move which happens on the word "jingle.") At the chorus section, "Tideo" the partners do a hand clapping pattern of legs, clap, both to partner and repeat. On the "jingle at the window", they do a quick do-si-do. Then back to hand clapping, followed by the do-si-do.
When they get good at this, I then let them chose an odd number and we keep passing that many "windows."

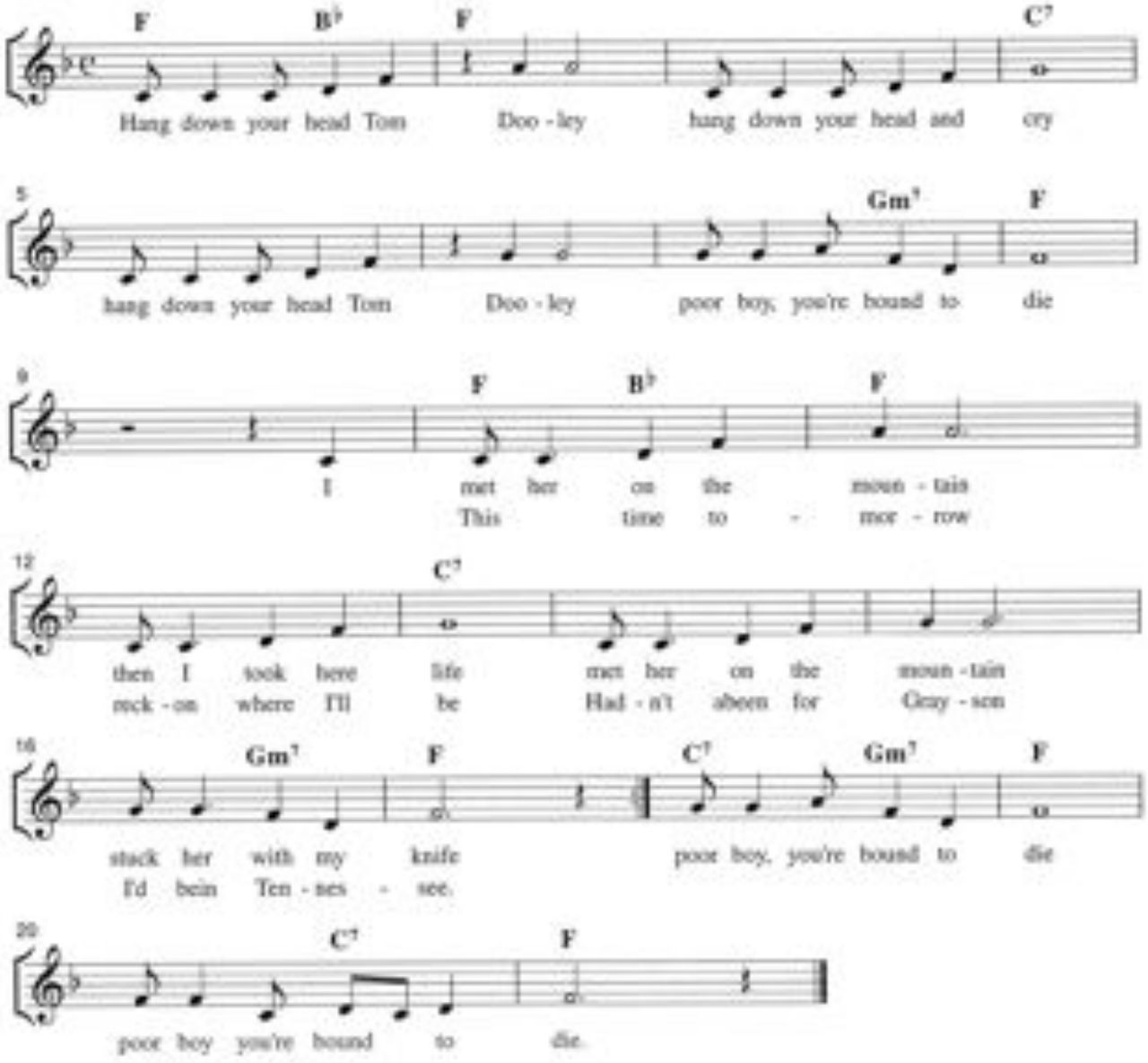
Source. Heath, Carol *The Song Garden III* KMTI 1984 page 32

Classroom Use

ti ka ti ka
high do

Tom Dooley

Traditional American folk song



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Turkey in the Straw

As I was a-gwine down the road,
Tired team and a heavy load,
Crack my whip and the leader sprung,
I seys day-day to the wagon tongue.

Turkey in the straw, turkey in the hay,
Turkey in the straw, turkey in the hay
Roll 'em up and twist 'em up a high tuckahaw
And twist 'em up a tune called Turkey in the Straw.

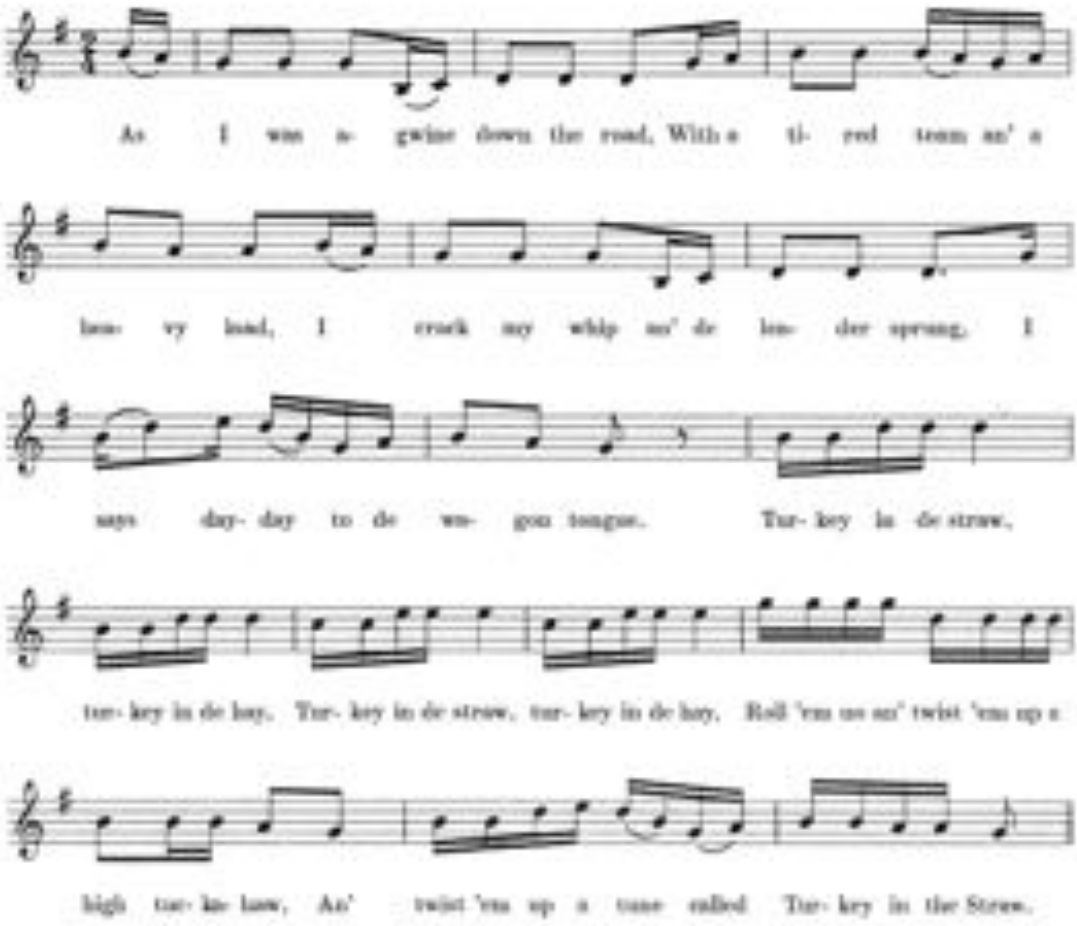
Went out to milk, and I didn't know how,
I milked the goat instead of the cow.
A monkey sittin' on a pile of straw,
A-winkin' at his mother-in-law.

Met Mr. Catfish comin' down stream.
Says Mr. Catfish, "What does you mean?"
Caught Mr. Catfish by the snout,
And turned Mr. Catfish wrong side out.

Came to a river and I couldn't get across,
Paid five dollars for a blind old hoss;
Wouldn't go ahead, nor he wouldn't stand still,
So he went up and down like an old saw mill.

As I came down the new cut road,
Met Mr. Bullfrog, met Miss Toad
And every time Miss Toad would sing,
Old Bullfrog cut a pigeon wing.

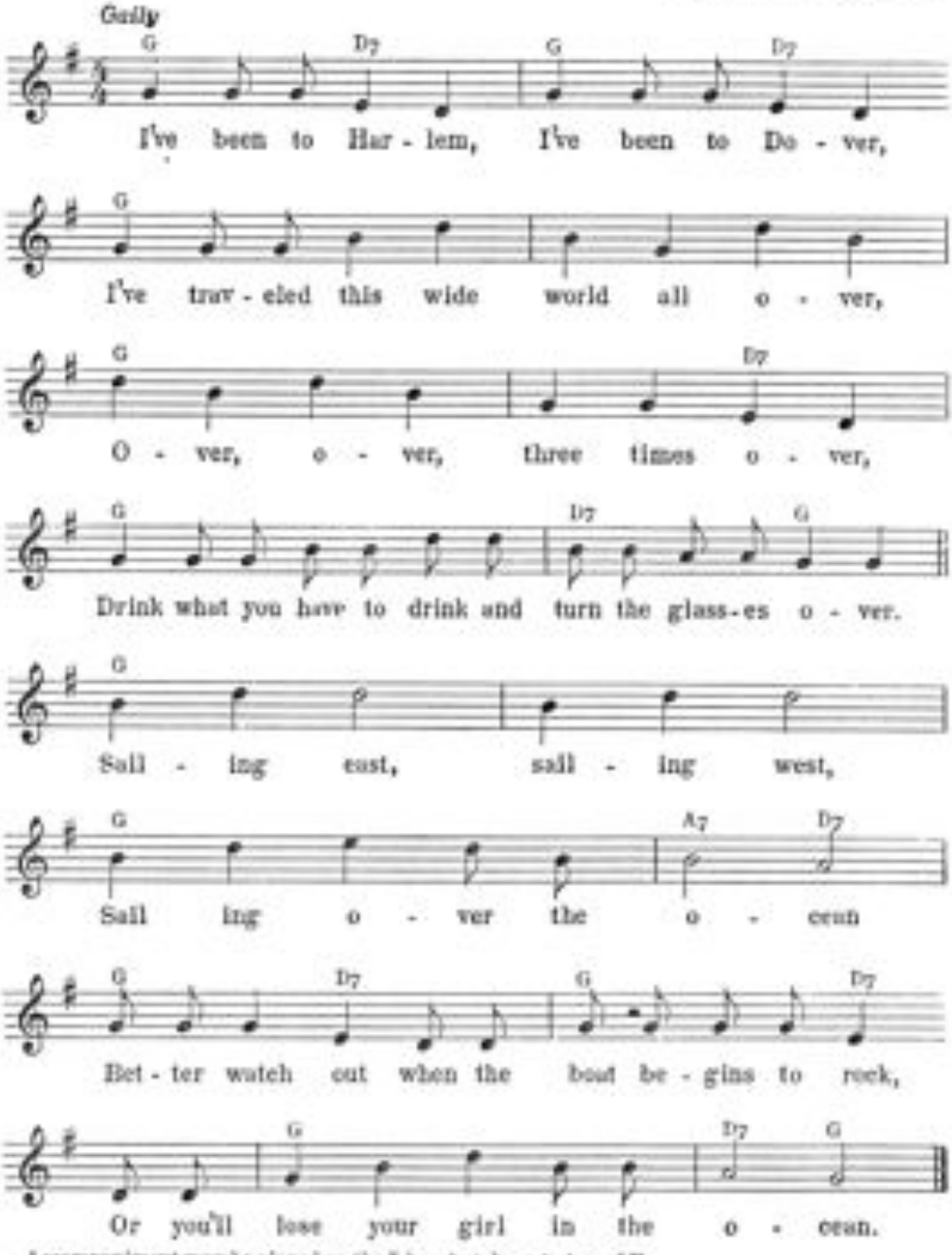
Oh I jumped in the seat and I gave a little yell
The horses ran away, broke the wagon all to hell
Sugar in the gourd and honey in the horn
I never been so happy since the day I was born.



TURN THE GLASSES OVER

Traditional

Early American Tune



Accompaniment may be played on the 5-bar Autoharp in key of F.

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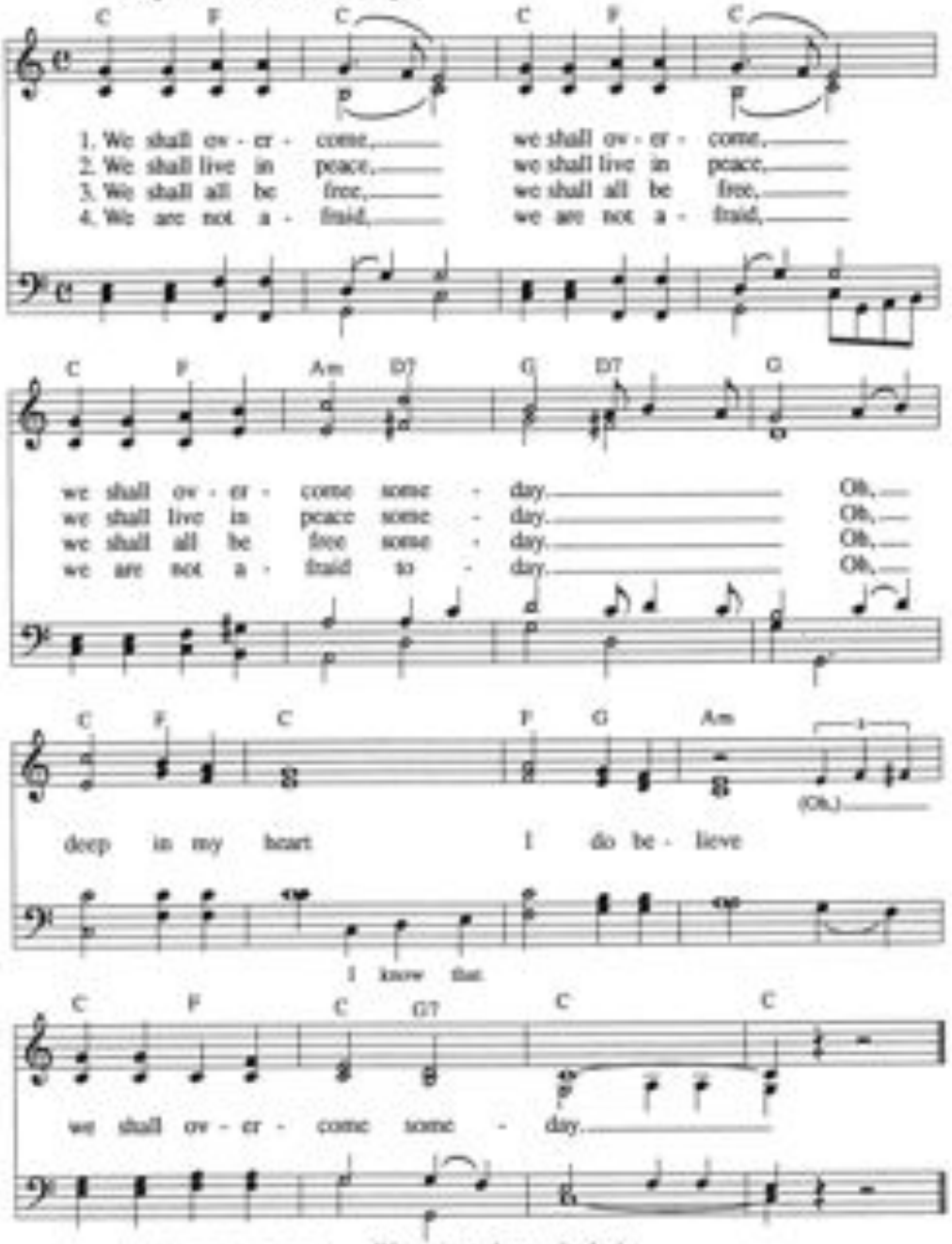
37 We Shall Overcome

New Words: Zilphia Horton, Frank Hamilton, Guy Carawan, and Pete Seeger

Music: African-American Spiritual



OTHER VERSES:
We are not alone...(today)
We'll walk hand in hand...(today)
The truth will make us free...(someday)
We shall overcome...(someday)

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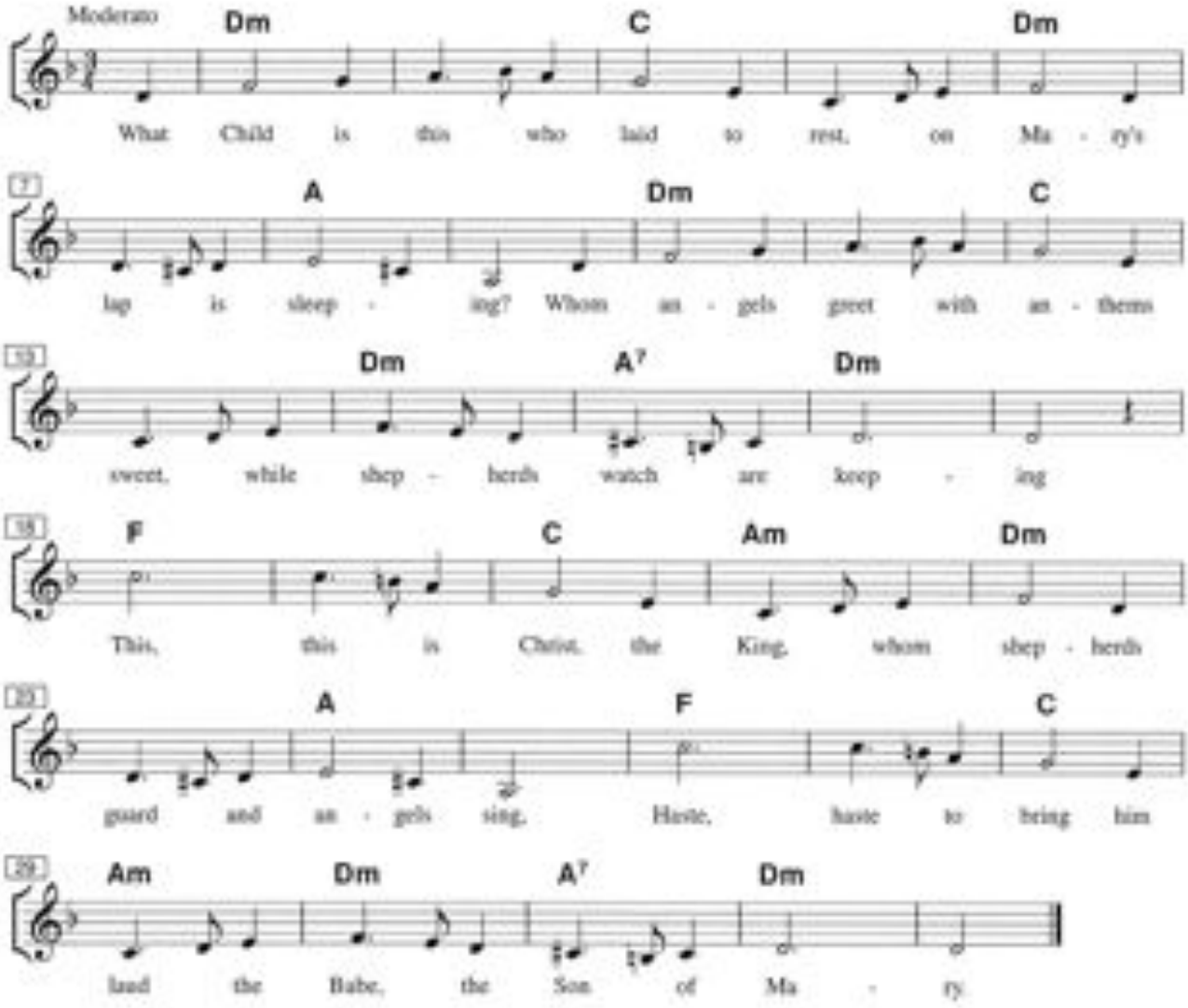
What Child is this ?

Traditional Christmas Carol



Why lies He in such mean estate,
Where ox and ass are feeding?
Good Christians, fear, for sinners here
The silent Word is pleading.
Nails, spear shall pierce Him through,
The cross be borne for me, for you.
Hail, hail the Word made flesh,
The Babe, the Son of Mary.

So bring Him incense, gold and myrrh,
Come peasant, king to own Him;
The King of kings salvation brings,
Let loving hearts enthrone Him.
Raise, raise a song on high,
The virgin sings her lullaby.
Joy, joy for Christ is born,
The Babe, the Son of Mary.

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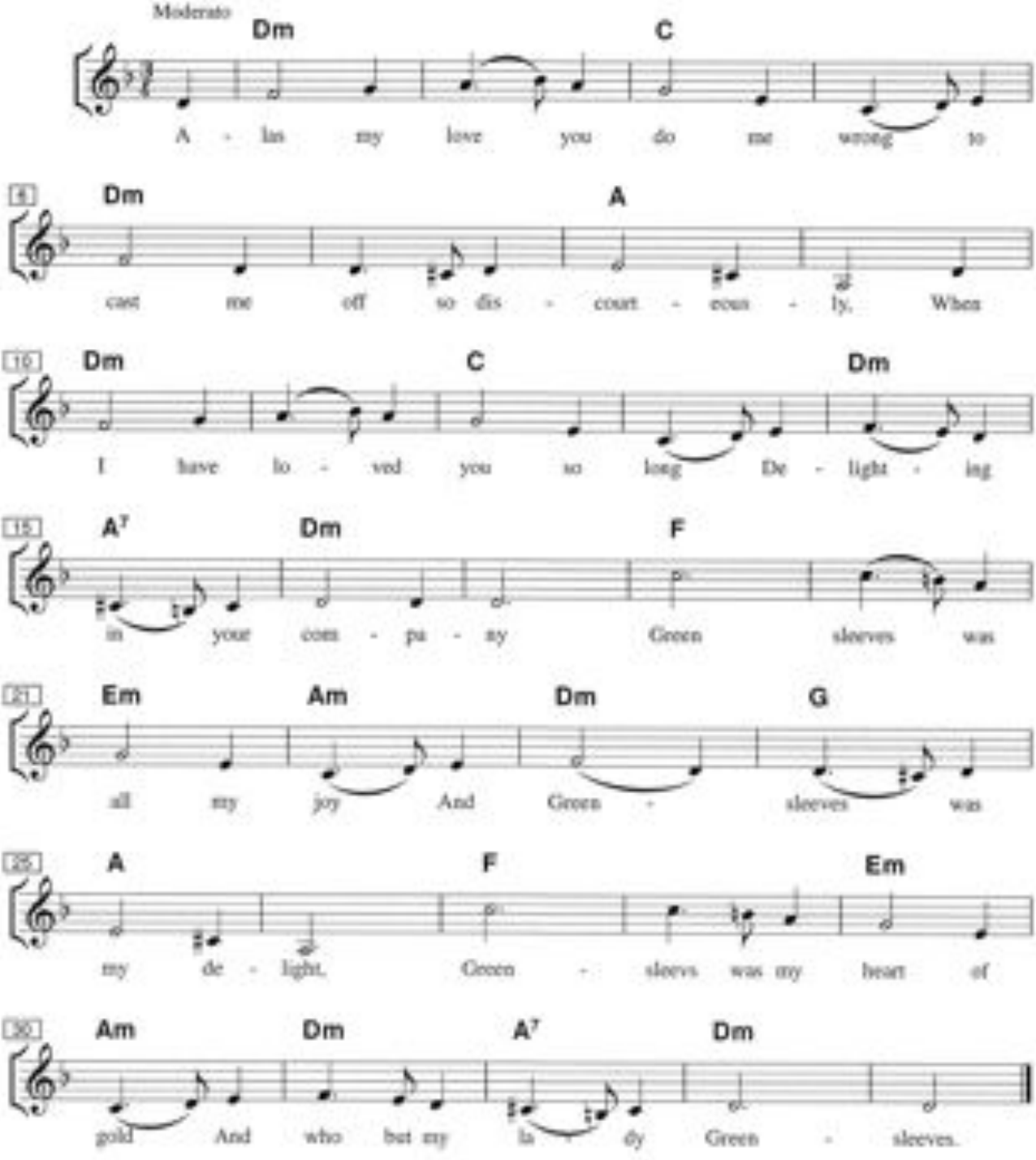
Greensleeves

English folk song

Trad.



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